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# Morgan County Today

Psalm 100:3  
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Volume 09 Number 12  
Tuesday, March 21, 2023

Your Community. Your News.

75¢

**Inside:**  
Sunbright Track  
Weather  
History

**The cold before  
the Spring**



**Morgan County Today**  
Your Community. Your News.

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**WEEKLY WEATHER**



Tue 21	59°/42°	
Wed 22	59°/50°	
Thu 23	75°/59°	
Fri 24	69°/53°	
Sat 25	63°/42°	
Sun 26	69°/51°	
Mon 27	62°/41°	



# COMMUNITY CALENDAR

**DLARMC CHANGE IN MEETING**

The Deer Lodge Abner Ross Center has changed its meeting date. We will now meet on the 3rd TUESDAY of the month at 6 PM. All are invited to attend.

Coalfield Genealogical and Historical Society Meets the second Tuesday of every month Senior Citizens Building at 6:00pm

Morgan County Republican Party meets the last Thursday of every month at 7pm at the American Legion in Wartburg

BINGO for adults is held on the 3rd Wednesday of each month from 10:30 – 11:30.

Our current hours are Monday 10:30-3:00, Tuesday 3:00-7:30, and Wednesday 9:00-12:00.

Oakdale Public Library welcomes patrons. The current library hours are:

- Monday 1:00 – 3:00
- Tuesday 4:30 – 7:00
- Wednesday 9:00 – 12:30
- Thursday 9:00 -1:00.

Scheduled activities include Afterschool Activities on Tuesdays

5:30 – 6:30, Craft time on the 1st Wednesday of the month at 10:30, BINGO for adults on the 3rd Wednesday of the month at 10:30, Preschool Story Time on the 1st and 3rd Thursday 10:00 – 11:00 and Family Story Time on the 2nd and 4th Thursday 10:00 – 11:00.

**NOTE THE DATE CHANGE:** Together Morgan County will hold their monthly meeting on THURSDAY, March 23 at 9:00 a.m. est at Morgan County Schools Central Office located at 136 Flat Fork Road, Wartburg, TN.

March 28

There will be a GREATS meeting Tuesday, March 28 at Oakdale School at 5:30 p.m. est. GREATS (Guardians Raising Exceptional and Talented Students) is a free program for families raising non-biological children. GREATS meets in different areas in Morgan County in an effort to reach more families. There will be a free meal and more fun activities. Please RSVP to Sandra Helton @ heltons@mcscd.net by Wednesday, March 22 with the number of family members attending so we will be prepared with plenty of food and activities.

The City of Sunbright is now accepting sealed bids for a new (2022 or 2023) model 932 front mount Grasshopper zero turn mower, with 61" deck, 24" x 12" x 12" bar tread high flotation 4ply tires, electric height adjustment. For more information call 423-539-5828. Send bids to City of Sunbright P.O. Box 188 Sunbright TN 37872. Bid opening will be on March 20, 2023 at 10am

**MCTA to host the 8th Annual Tennessee Mountain Laurel Festival May 19-20, 2023.**

Wartburg, Tennessee – Spring has sprung on the Cumberland Plateau and planning is underway for the 8th Anniversary of the region's highly anticipated Tennessee Mountain Laurel Festival to be held May 19-20 on the Courthouse Square in Wartburg, Tennessee. Sponsored by the Morgan County Tourism Alliance, the Festival has events and activities for people of all ages and interests.

Hike MoCo is organizing the Tennessee Mountain Laurel Festival Hiking Marathon in the weeks leading up to the festival weekend, beginning March 19. Participants have until May 20 to complete the miles needed to qualify for the level of participation they select (half marathon, full marathon, or ultra-marathon). An award will be given to the hiker who completes the most miles and all hikers who sign up by April 15 will receive a T-shirt. There will also be a separate photography contest.

The weekend festivities begin with a Street Fest on Friday May 19 at 5 PM EST near the Courthouse Square concluding with fireworks display by The Brushy Mountain Group at 9 PM.

Saturday's activities kick off with the 2nd Annual Tennessee Mountain Laurel Festival 5K Ridge Run at 8 a.m. The run begins and ends at the Morgan County Visitor Center, 3804 Morgan County Highway in Wartburg. Sign up can be done on [runsignup.com](http://runsignup.com) up to the day before the race and registration at the race site the day of the race.

On Saturday, the Courthouse Square and surrounding streets will be packed with vendors, food trucks, games, and other activities. A Silent Auction will have a wide variety of items to bid on for purchase. Live musical performances will be held throughout the day. Historic Rugby, Inc will be bringing their antique printing press and you can print your very own 2023 Tennessee Mountain Laurel Souvenir T-shirt onsite. The Historic Tanners Cafe will also be serving ice cream on Friday night and will have a full menu on Saturday.

The Tennessee Mountain Laurel Car Show will be held on the square from 10 AM to 2 PM. Register your car or come view those on display.

We invite you to come and experience this year's Tennessee Mountain Laurel Festival. Find us on Facebook - @tennesseemountainlaurelfestival, Instagram - @tnmtlaurelfest or go to our website - [tnmlf.com](http://tnmlf.com) for more information and we are looking forward to seeing you here!

**Public Notice**  
**Morgan County has been petitioned to remove a section of Arnold Potter Rd. from the Highway Maintenance List. Any interested party wanting to speak for or against the removal may do so at the Public Hearing at the Counties next scheduled County Commission Meeting. The public Hearing will be held at 6:45 immediately before the Commission Meeting held at the Courthouse. Purposed removal is approximately 390 ft. at the very end of the road.**

**'EASTER HAM DINNER'**  
Deer Lodge Abner Ross Community Center

SATURDAY, April 8, NOON-Sold Out

**HAM DINNER**  
With Sweet Potato Casserole, Mashed Potatoes, Green Beans, Hawaiian Roll, Dessert, Drinks - Sweet Tea or Unsweet Tea, & Coffee (dine in only)  
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## In Loving Memory

### James Frederick "Fred" Leopper, 80

James Frederick "Fred" Leopper, age 80 of Wartburg, TN, passed away after a short illness on Friday, March 10, 2023. He was a lifetime member of St. Paul Lutheran Church.



He was preceded in death by his parents, Albert and Maggie Heidel Leopper; brother, John Leopper; and nephew, John Edward Leopper.

He is survived by his wife of 55 years, Sandra Long Leopper; children: Dana (John) Isham, Eric (Angela Petrocelli) Leopper, and Daniel Leopper; brother, Louis (Maretia) Leopper; grandchildren: Erin Isham, Allison Leopper, Joshua Leopper, and Avalynn Leopper; nephew, Anthony Leopper; niece, Pamela Patrick; and cousin, Anna Mae Marlow.

Fred began his career in the early 1960's when he and his father, Albert, established a Massey Ferguson tractor dealership in the Joyner community in Morgan County. Fred then moved on to work as a master mechanic with several heavy construction companies, culminating in his retirement from Waters Equipment Company of Maryville, TN in 2012. Fred was very intuitive

in the mechanics field and could troubleshoot equipment and vehicle problems to a solution. He was sought out by many, many people for his advice on equipment problems. He also fabricated tools for the job, if none were available at the time.

Fred was an avid gardener throughout his life. He worked in the community on projects with St. Paul Lutheran Church, Morgan County Archives and Museum, and many other projects. He kept in the background but added his talent and expertise in many areas.

The family would like to send a special thank you to Mariann with Covenant Hospice.

The family will receive friends Thursday March 16, 2023 from 10:00 – 11:30 a.m. at St. Paul Lutheran Church in Wartburg, TN. The funeral will follow at 11:30 with Rev. David Graves officiating. The graveside service will immediately follow in the Morgan Memorial Gardens, Wartburg, TN.

Schubert Funeral Home is honored to serve the family of Fred Leopper.

### William Riley Brock, II, 65

Bill's family will gather at his graveside on his birthday Saturday, March 25, at 1 p.m. Please join us in remembrance as we celebrate his life.



William Riley Brock, III, died January 19, 2023, after a lengthy hospital stay. He was born March 25, 1957, in Oak Ridge, Tennessee, to the late Edward G. and Lois Roling Brock Cassell. A longtime resident of Farragut, Bill grew up in Oak Ridge where he was a newspaper boy and a boy scout. Inspired by Herb Alpert, he played trumpet in his high school band and had just bought tickets to an Alpert performance when he was taken ill. Bill loved muscle cars and was a fan of UT football and wrestling.

Early in his career, Bill owned a Domino's franchise. He continued to work in food services and had been a manager in several Knoxville-area restaurants, most

recently at Ruby Tuesday at the Knoxville airport. He was skilled at troubleshooting and worked at different locations to improve and fine-tune their processes. He was always considerate and fair with his employees and they liked and respected him.

Bill is survived by his son, William Riley Brock, IV, of Knoxville; a sister, Pat Holman, of Birmingham, Alabama; two brothers: Jasper-Jim Brock (Carol), of Coral Gables, Florida, and Bob Brock (Glenna), of Knoxville; five nephews: Eric and Philip Brock and Charles "Chip," Scott and Matthew Holman; an aunt, Ginny Brock, and many cousins; and special friend Priscilla McCrackin. Burial was in Morgan Memorial Gardens in Wartburg. Schubert Funeral Home is honored to serve the family of William Riley Brock, III.

### Ray Collins, 84

Mr. Ray Collins, 84, of Oakdale, TN went home to be with Jesus on March 16th, 2023. He was preceded in death by his wife of 54 years, Shirley Helton Collins; mother and father, Alta and Guy Collins; brothers, Leroy and Gary Collins and sister, Judy Ledford.



He is survived by daughters, Ginger (Darrell) Mitchell of Knoxville, Vicki (Mark) McCullough of Harriman and son, Scott (Christine) Collins of Shalimar, Florida; brothers Guy (Judy) Collins Jr. and Jerry Collins. Ray is Paw Paw to 8 grandchildren; Audrey (Brian) Bibb, Thomas Mitchell, Jonathan Mitchell, Reid (Laci) Cannon, Brady Cannon, Courtney (Ray) Cordero, Emily (David) Towery, Wesley (Jade) Collins and 6 great grandchildren with two more on the way.

Ray enjoyed gardening and woodworking. He had a long

work and service history that included Roane Electric, Akzo/Fortafil Fibers, Justice of the Peace, Deacon and County Commissioner. He was a lifetime member of Rankin Chapel Baptist Church where he taught adult Sunday School for more than 60 years. There are many words to describe Ray;

humble, kind, steadfast, loyal and hardworking are just a few. He had the heart of a servant; faith and family were a priority. He is now praising his Savior in heaven.

The family will receive friends on Saturday, March 18, 2023 from 11am to 12pm Rankin Chapel Baptist Church, Oakdale. Funeral services will follow at 12pm with Bro. Mark McCullough officiating. Internment will follow in the church cemetery.

Schubert Funeral Home is honored to serve the family of Mr. Ray Collins.

### Dennis Jennings, 57

Dennis Jennings, age 57 of Sunbright passed away March 15, 2023 at his home. He was born June 21, 1964.



He is preceded in death by his mother Maude Jennings and several aunts and uncles.

Wright and a host of nieces, nephews and friends.

The family will receive friends Saturday, March 18, 2023 at Schubert Funeral Home in Wartburg from 4:00-5:00 p.m.

Schubert Funeral Home is honored to serve the family of Dennis Jennings.

He is survived by one brother Billy Jennings; one sister Irene

### Edward Henry, 80

Mr. Edward Henry, age 80 of Wartburg, passed away Saturday, March 11, 2023, at Roane Medical Center in Harriman. He enjoyed listening to gospel music and working with his hands, repairing everything from clocks to lawnmowers and was a very good cabinet maker. For several years, he hosted a shooting match at his home where he enjoyed visiting with all who came by. Edward loved people and never met a stranger.



He was preceded in death by his wife: Lila Faye McKinney Henry. His parents: Hubert and Eunice Scott Henry.

And one brother: Tom Henry.

He is survived by his son: Michael Henry.

Two daughters and sons-in-law: Angie and Roy Sexton, and Anita and Kent Warren.

Two grandchildren: Josh Garrett and his wife Crystal, and Whitney Garrett Redmon and her husband Chris.

Three great grandchildren:

Colton, Emery, and Kara.

Three brothers and sisters-in-law: Sam and Deloris Henry, Fred and Susan Henry, and Ronnie and Valerie Henry. Six sisters and three brothers-in-law: Wilda Young, Donna Sue Brown, Manetta Hoff-

man, Barbara and Bobby Tompkins, Peggy and Junior Muse, and Linda and Anthony Bates.

Along with a host of nieces, nephews, and other family, friends and loved ones.

The family will receive friends Wednesday March 15, 2023, from 11:00 AM to 1:00 PM at Davis Funeral Home in Wartburg. Funeral services will be held at 1:00 PM with Bro. Jim Disney officiating. Interment will follow in Roane Memorial Gardens in Rockwood.

Davis Funeral Home, Wartburg, is honored to serve the family of Mr. Edward Henry

Condolences may be sent to the family at [www.davisfuneralhomes.com](http://www.davisfuneralhomes.com).

## In Loving Memory

### Pamela Jo Hamby, 53

Pamela Jo Hamby, 53 of Cookeville, Tennessee passed away on Saturday, March 11, 2023, at Cookeville Regional Medical Center.



isa Staten; 2 Grandsons, Alex, and Garrett Stanford; Mother, Wanda Daugherty; Sister, Rhonda Hamby;

Pam was preceded in death by her father.

Pam was born Monday, July 14, 1969, in Oak Ridge, Tennessee, and she was the daughter of the late Thomas Steven Hamby and Wanda (Galloway) Daugherty.

Pam chose cremation, the family followed her wishes, and a celebration of her life may be held at a later date.

Pam was a loving daughter, sister, mother, and friend.

To sign the online guestbook and send the family a message please visit [www.crestlawnmemorial.com](http://www.crestlawnmemorial.com)

Pam is survived by, 3 Daughters, Amanda Stanford and her husband, Greg, Alison, and Al-

Arrangements entrusted to Crest Lawn Funeral Home - Cremation Center.

### Jeffery Allen Cross, 34

Jeffery Allen Cross, Jr. age 34, went to be with his Heavenly Father on March 9, 2023 surrounded by his family.



Roberts, Bobby & Linda Hester and Debbie & Jesse Haney and a host of cousins and extended family.

Jeffery loved to just to ride around, but he always had to be in the front seat. He also loved going to the beach but most of all he loved his family, his nephews, aunts and uncles.

Special Thank You to the nurses Tonya Freytag, Heather Hawthorne, Linda Taylor and employees of Patriot Homecare.

He is preceded in death by his grandmother Syble Louise Roberts and grandparents Violet & Charles Perkey and several aunts and uncles.

The family will receive friends Saturday, March 11, 2023 at Schubert Funeral Home in Wartburg from 5:00-7:00 p.m. Funeral services will be Sunday at Wartburg Church of the Nazarene at 2:00 p.m. with Rev. John Hawnes and Rev. Darryl Taylor officiating. Interment will follow in the Piney Grove Cemetery in Harriman.

He is survived by his parents Junior & Syble Hester; sister Megan Mullins & Caleb; nephews Mason & Avery Mullins; aunts Kathy & Tai Deblonk, Della & Ernest Murray and Barbara Dayton and Wanda Dagnan; uncles Donnie

Schubert Funeral Home is honored to serve the family of Jeffery Allen Cross, Jr.



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**Minimum Qualifications:**

- Graduate of an accredited nursing school with active license in Tennessee as a Registered Nurse (RN); minimum of an Associate Degree in Nursing required; Bachelor's degree Preferred
- Must have a minimum of three (3) years' nursing experience in a hospital and/or long-term nursing facility
- Teaching and/or supervisory experience is preferred
- Demonstrated proficiency in oral and written communication, as well as computer skills
- Evidence of ability to plan, organize, and manage multiple tasks with attention to detail and accuracy
- Ability to evaluate and monitor student progress
- Must be physically able to lift up to 50 pounds, stoop, stand and walk, with or without accommodation, to demonstrate and perform all work-based projects
- Job will be on campus, in person, and at clinical locations, in person, for clinical instruction
- Must be available for after-hours work and/or overnight travel as needed

**General Duties:**

- Prepare syllabi of courses of study with detailed lesson plans and follow the established curriculum of the Practical Nursing program.
- Teach and instruct students through lectures, demonstrations, and/or audio-visual aids.
- Administer tests to evaluate student progress.
- Provide individual evaluation of each student's progress with counseling and appropriate recommendations when required
- Maintain all confidential student academic records related to the program (i.e., grades, attendance, discipline, etc.).
- Supervise students' clinical experiences as scheduled
- Assist in recruitment and placement of students.
- Maintain good public relations with clinical partners
- Maintain ongoing competencies required for RN licensure by participating in continuing education opportunities to remain current in the field
- Accurately prepare and submit all required documentation/reports by set deadlines.
- Attend workshops and/or other training programs to remain current in the industry.
- Maintain a clean and safe environment for student learning.
- Source and request needed instructional supplies and equipment necessary for proper student instruction.
- Inspect equipment and supplies to ensure operational safety.

**Salary:** Commensurate with Tennessee Colleges of Applied Technology salary guidelines

A criminal background check will be required for the selected applicant.

Applications and Resumes should be submitted online at:  
<https://careers.tbr.edu/jobs/practical-nursing-associate-instructor-jamestown-tennessee-united-states>

The Tennessee College of Applied Technology-Oneida/Huntsville does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Amy West, Assistant Director, 355 Scott High Drive, Huntsville, TN 37756, (423) 663-4900, [awest@tcatoneida.edu](mailto:awest@tcatoneida.edu).

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# Norfolk Southern Under Safety Scrutiny



**Michael Nance**  
*Columnist*

With the recent train derailment and the toxic chemical release in East Palestine, Ohio,

followed up by two more derailments in Springfield Ohio, and White Plains, Alabama, Norfolk Southern Railway is firmly under the national safety spotlight. Are these events just terrible coincidences? Or are these events the product of defective manufacturing, or the result of policy changes in the company? Those are the questions this article explores.

On February 3rd a Norfolk Southern train derailed in East Palestine, Ohio. The derailment was accompanied by hazardous materials which were being transported on the train cars catching fire. This chemical release required about half of the town to be evacuated. That event was followed up by another derailment on March 4th in Springfield, Ohio, involving about 28 train cars. Based on the national attention of the East Palestine event, Norfolk Southern CEO Alan Shaw was preparing to testify on March 9th when, yet another Norfolk Southern train derailed in White Plains, Alabama.

So, what is causing this plethora of derailments, well there is plenty of opinions and statements concerning the issue. Officially Norfolk Southern released the following statement relating to the derailment in Springfield, which hints at a systemic manufacturing issue:

“During Norfolk Southern’s cleanup of the derailment in Springfield, Ohio on March 5, the company determined that a specific model and series of railcars had loose wheels, which could cause a derailment. The investigative team identified these wheels as coming from a series of recently acquired cars from a specific manufacturer. Although the investigation into the cause of the accident is still underway, we immediately notified the National Transportation Safety Board and the Federal Railroad Administration and began inspecting other cars from this series on our network.

Upon identifying additional cases of unusual wheel movement, we acted swiftly. We is-



Photo Courtesy of Jake Leonard

sued orders to remove these cars from service until their wheelsets could be replaced, and we have taken steps to remove this specific model and series from service until they can be fully inspected. We also notified the manufacturer and worked urgently to inform the rest of the railroad industry, as Norfolk Southern is not the only user of these cars. As a result, the Association of American Railroads issued an advisory to halt the use of these cars. Norfolk Southern will continue to investigate this matter and take appropriate action.”

Based on the reports concerning train car safety, according to Jessica Kahanek, spokeswoman for the Association of American Railroads, 675 train cars nationwide have been identified that have been removed

from the railroad pending an inspection.

Norfolk Southern CEO Alan Shaw testified before the United States Senate Committee on Environment and Public Works on March 9, and was empathic in his opening statement,

“I want to begin today by expressing how deeply sorry I am for the impact this derailment has had on the residents of East Palestine and the surrounding communities, I am determined to make this right.”

A few Senators including Bernie Sanders (I-VT) and Sherrod Brown (D-

OH), grilled Shaw and highlighted Norfolk Southern’s use of Precision Scheduled Railroading (PSR), which is a model of operations that reduces costs through fixed schedules, smaller staff, and longer trains.

Longer trains seem to be one of the more contentious issues. Train lengths is one of the items that labor unions and Norfolk management have clashed about during past negotiations. The adoption of PSR by Norfolk has led to longer trains, some as long as three miles. These in-

creased train lengths allow the railroad to use fewer people and move more train cars with fewer locomotives which equals higher profits. Other news outlets have also reported that Norfolk Southern employees have blamed the East Palestine accident on the derailed trains length and weight, which was purportedly 1.8 miles long and 18,000 tons.

The lawsuits are also piling up on Norfolk Southern as a result of the East Palestine derailment. At least six lawsuits have been filed, one alleges that, “Norfolk Southern discharged more cancer-causing Vinyl Chloride into the environment in the course of a week than all industrial emitters combined did in the course of a year.”

One thing is for certain, Norfolk Southern faces political, legal and public perception challenges for the immediate future.

So, based on the available evidence right now there seems to be three potential suspects in the train derailments. 1.) train car wheels from recently acquired cars from a specific manufacturer, or, 2.) The Precision Scheduled Railroad model which could be placing greater stress on cars and equipment, or 3.) a combination of the previous two suspects.

Based on all the due attention this matter is receiving, hopefully this issue is soon flushed out and we can all regain confidence in our rail lines once again.

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# BIBLE TRIVIA

by Wilson Casey

1. Is the book of Colossians (KJV) in the Old or New Testament or neither?
2. Who hid 100 prophets in a cave when Jezebel was trying to kill them? *Obadiah, Achan, Rachel, Joseph*
3. In Revelation 21:1's vision, what will not exist in the world to come? *Sky, Mountain, Sea, Darkness*
4. What's the only animal/creature in the Bible that tells a lie? *Serpent, Camel, Donkey, Dove*
5. In which book is the phrase "The nations are as a drop of a bucket"?
6. Which city was famous for its fallen walls? *Derbe, Jericho, Corinth, Capernaum*

ANSWERS: 1) New, 2) Obadiah, 3) Sea, 4) Serpent, 5) Isaiah 40:15, 6) Jericho

Sharpen your understanding of scripture with Wilson's Casey's latest book, "Test Your Bible Knowledge," available in bookstores and online.

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## How to Stop Dogs From Roughhousing

**DEAR PAW'S CORNER:** My girlfriend and I moved in together recently, and we each brought a dog with us. I've got a German Shepherd named Mac, and her Golden Retriever is Diz. Both are about 2 years old, and they get along fine. However, in the evenings they roughhouse in the living room. We want them to just settle down so we can watch TV. Is this possible? — Laura N., Augusta, Georgia

**DEAR LAURA:** It's very possible, even with younger dogs. And the sooner you establish behavior norms around a schedule, the better.

Diz's playful personality probably balances out Mac's serious working dog persona, so take advantage of this.

Wear them out: Both of these breeds are energetic. It'll be much easier to keep them calm if you take them out for a walk or a romp at a dog park for about an hour before dinner and TV time.

Set the behavior: When it's TV time, bring them into the room and give the "sit" or "lie down" and "stay" commands to each dog. Give them a treat only when they obey the commands.

Correct and redirect: When the dogs begin to wrestle or steal each other's toys, tell them to stop. Call both dogs over and work on the basic commands again, then have them sit or lie down in the original spots.

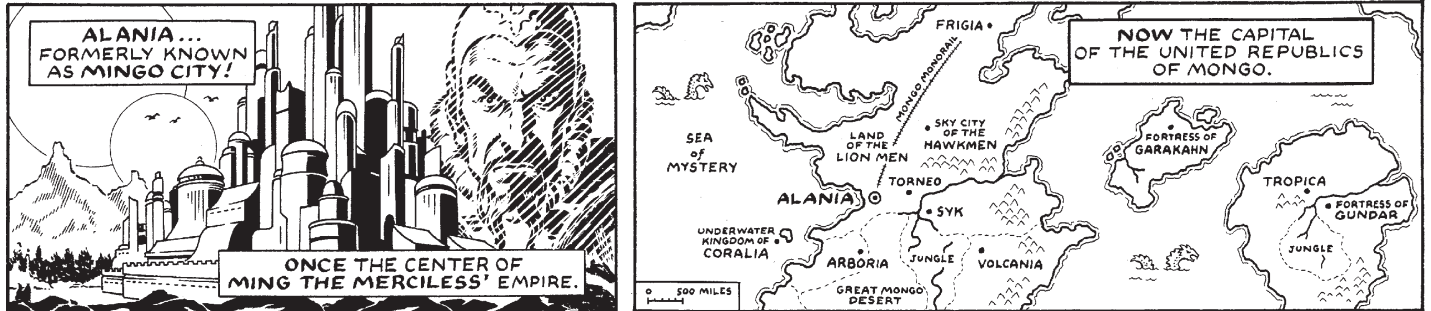
Separate them: If they begin roughhousing again and no longer respond to commands, take Diz into one room and Mac into another.

This will take time and repetition. The goal is to get them to follow your commands for longer and longer periods until you no longer have to separate them. Be prepared to pause the TV and focus on their training for days or weeks. The long-term reward is worth it.

Send your tips, comments or questions to ask@pawscorner.com.

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WE WERE RIGHT ABOUT HUNTER'S LAPTOP!  
 WE WERE RIGHT ABOUT FALSE CLAIMS OF RUSSIAN COLLUSION!  
 WE WERE RIGHT ABOUT THE ORIGINS OF COVID!  
 SO WHEN ARE YOU GOING TO STOP CALLING US 'CONSPIRACY THEORISTS'?  
 THAT'S EXACTLY WHAT AN EXTREMIST WHITE SUPREMACIST TRUMP SUPPORTER WOULD SAY!



## Just Like Cats & Dogs

by Dave T. Phipps



"Congratulations! You made America's most un-wanted."

# NOW HERE'S A TIP

By JoAnn Derson

\* The way some items are packaged these days, you need to be Houdini to get into them. When you're dealing with blister packs -- items sealed inside a hard plastic wrapper that looks to be heat crimped on the outsides -- try your can opener. You can run it around the edge of stubborn plastic packages, enough to get the item out. It's more secure than a carpet knife or razor.

\* Want to be able to tell at a glance which key belongs to the front door, the shed, your grandma's house, etc.? Raid your (or your wife's or daughter's) stash of nail polish to paint the tops of keys to color code them.

\* "Styrofoam trays that come with meat or in the produce area are very handy helpers for lots of little jobs. If yours are clean and unmarred, wash with hot, soapy water, rinse and dry for later. They are perfect for sending a

friend home with leftovers, as you can cover the meal with plastic wrap. There is then no need to return a plate." -- D. in Indiana

\* For a deck of playing cards that has gotten sticky, put it in a bag (paper or plastic) and add a bit of baby powder. Shake vigorously. Take the cards out and shuffle to get off the extra powder. They are likely good as new.

\* "Tidy loosely folded electric cords by storing them in cardboard tubes. The tubes can be cut to fit from a paper towel roll, or you can use a smaller, toilet-paper roll. Even long cords can be stored together in a gift-wrap core. Do not overfill a tube, nor wind any electrical cord too tightly." -- O.R. in Nevada

\* If you have a juice spill on clothing, try club soda to remove it when the stain is fresh. Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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## STRANGE BUT TRUE

By Lucie Winborne

\* Did you dislike Brussels sprouts in your youth? Turns out they don't taste the same nowadays, thanks to Dutch scientist Hans van Doorn, who figured out which compounds in the sprouts made them bitter, then helped begin the work of selecting seeds that would produce more palatable results.

\* The first gun was made in 1,000 AD in China.

\* While ostriches can't fly, no bird on Earth can match their speed on land, since they can not only sprint at up to 43 mph, but cover more than 10 feet in a single stride.

\* A 50 by 50 foot area of healthy lawn generates enough oxygen to supply a family of four.

\* Every year, 1.2 million students drop out of school. That's 7,000 dropouts every day, or one every 26 seconds.

\* Notorious gangster and bank robber Charles "Pretty Boy" Floyd endeared himself to the American public by destroying mortgage papers at the banks he held up, freeing a lot of folks from their debts.

\* The First Gulf War in 1991 technically never ended. There was just a cease-fire. The U.K. used that legal loophole to justify entering the Second Gulf War in 2003.

\* In 2000, Sony invented a movie critic named David Manning and used his fictional quotes to promote the company's movies. The ruse backfired when Sony ended up paying over \$1.5 million to mov-

iegers in a class action lawsuit and over \$300,000 to the state of Connecticut, where "David Manning" supposedly worked at a small weekly paper.

\* The throne of Denmark is made of narwhal tusks, which were claimed to be unicorn horns, and is flanked by three life-size silver lions, inspired by the legend of King Solomon's throne.

\*\*\*  
Thought for the Day: "Go out on a limb -- that's where the fruit is." -- Will Rogers

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### Weekly SUDOKU

by Linda Thistle

9				7		2	
		8		3		6	
	2		6			1	5
2			4				6
		3		2		4	
	4				5		9
1				8		2	
	3		9				4
		7			1		3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦♦**

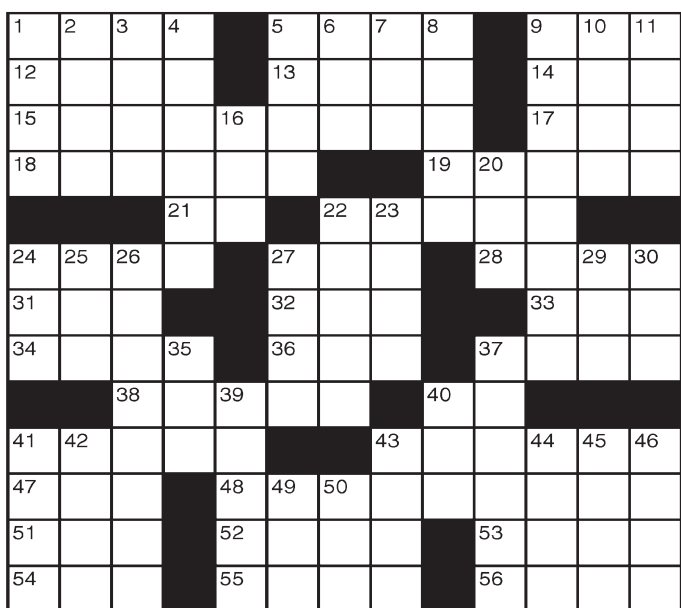
♦ Moderate   ♦♦ Challenging  
♦♦♦ HOO BOY!

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## King Crossword

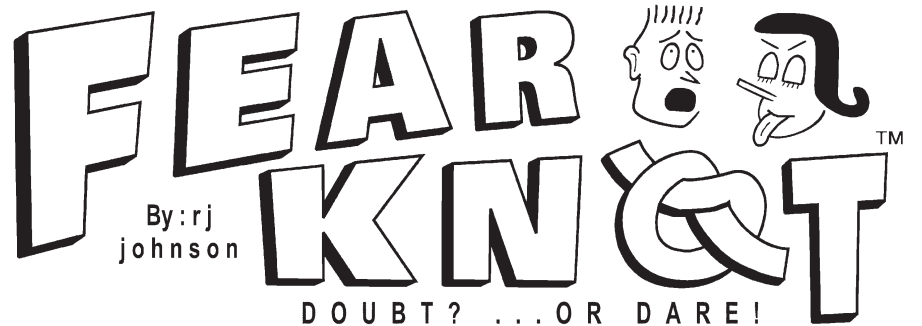
### ACROSS

- 1 Blunder
- 5 Sir's partner
- 9 Witty one
- 12 Massage target
- 13 Lamb alias
- 14 "Evil Woman" gp.
- 15 Dairy aisle purchase
- 17 Zodiac feline
- 18 Indiana city
- 19 TV's DeGeneres
- 21 Rejection
- 22 — buddy
- 24 Bears' hands
- 27 Candy-heart word
- 28 Ashen
- 31 "— Believer"
- 32 Epoch
- 33 Actress Ruby
- 34 Attire
- 36 The whole enchilada
- 37 Barking mammal
- 38 Dark and gloomy
- 40 "I see"
- 41 "Shrek" princess
- 43 Scents
- 47 Adj. modifier
- 48 Canning jar feature
- 51 King, in Cannes

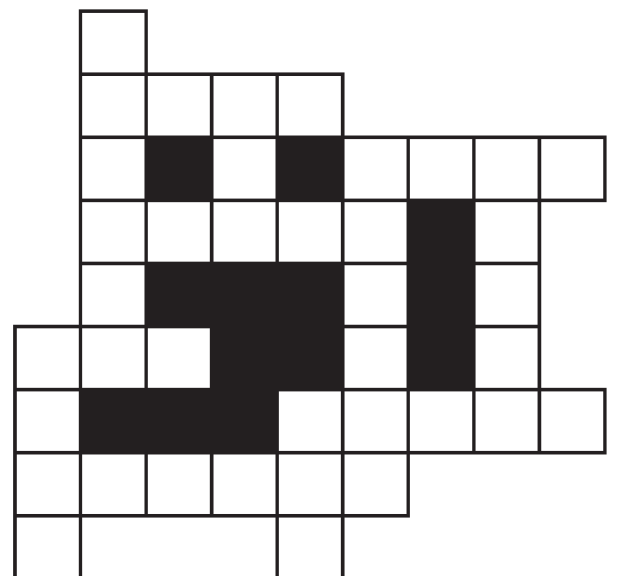


- 52 Tale teller
- 53 "Woe —!"
- 54 World Cup cheer
- 55 China (Pref.)
- 56 Legendary loch
- 8 "This — no sense!"
- 9 Built to last
- 10 Downwind
- 11 Thug
- 16 Punk-rock subgenre
- 20 Prune
- 22 Strapping
- 23 Track shape
- 24 Pot-bellied pet
- 25 Docs' bloc
- 26 "Dunkirk" or "Platoon," e.g.
- 27 Faucet problem
- 29 Meadow
- 30 Snaky fish
- 35 Chignon
- 37 Sure winner
- 39 "Lady Love" singer Lou
- 40 Branch
- 41 Gambling game
- 42 Pedestal occupant
- 43 Sleek, in car lingo
- 44 Inspiration
- 45 \$ dispensers
- 46 Females
- 49 Sundial numeral
- 50 Author Brown

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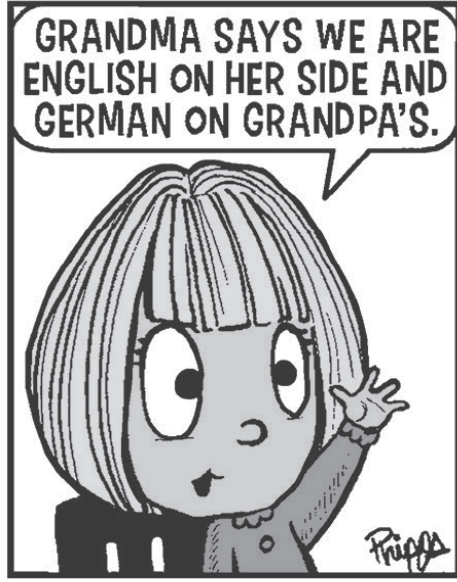
- ISK
- ♥ MACESH
- ♥ TESBA
- ESTU
- COBNEK
- ATH
- HACS
- ♥ TECID
- OBX
- ♥ EMSANT
- ♥ ARETX
- OOHB



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

# Amber Waves

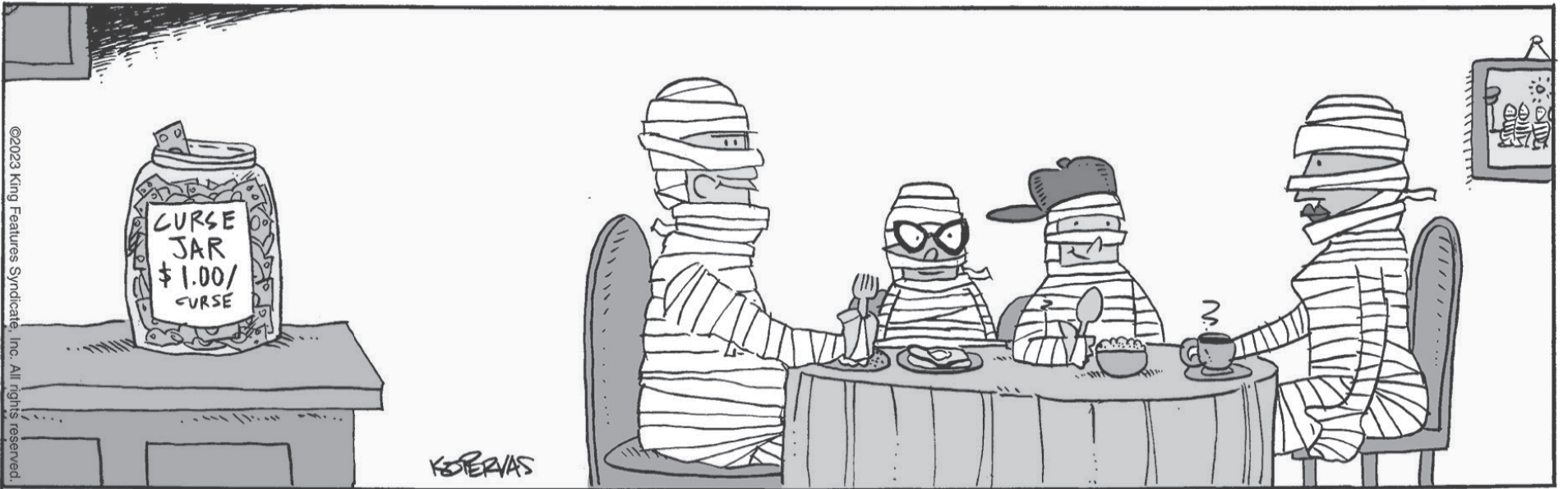
by Dave T. Phipps



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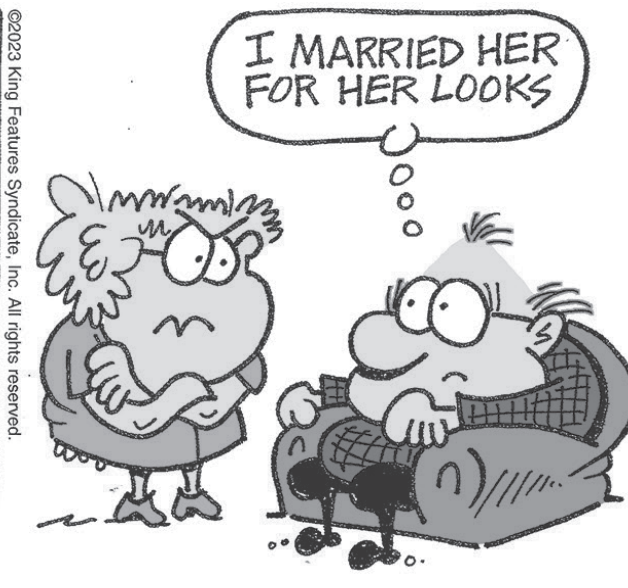
# Out on a Limb

by Gary Kopervas



# The Spats

by Jeff Pickering



# POPEYE

BY RANDY MILHOLLAND



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popeye.com



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# THE RICH LOWRY COLUMN

By Rich Lowry

### In defense of Reagan

Presumably, Donald Trump will never produce the dark secrets promised about Ron DeSantis' past. But his team thinks it already has one -- the Florida governor once was a Reagan Republican.

"There's a pre-Trump Ron and there's a post-Trump Ron," someone in the Trump camp told Axios. "He used to be a Reagan Republican. That's where he comes from. He's now awkwardly trying to square his views up with the populist nationalist feeling of that party."

In his CPAC speech doubling down on "MAGA," Trump said, "We are never going back to the party of Paul Ryan, Karl Rove and Jeb Bush." He didn't mention Reagan, but the inclusion of the Gipper in the hall of shame was heavily implied.

This way of thinking in a Republican primary is something new. Once, pretty much every Republican wanted to be a Reagan Republican. If the Trump camp gets its way, Reaganism will have gone from passé in 2016 to an affirmative vulnerability in 2024.

There are layers to this intra-Republican debate. It is certainly true that conservatives became overly obsessed with identifying themselves with Ronald Reagan and when something becomes an -ism, it is likely to be simplified and ossified.

Then, there's the sheer passage of time. Reagan left office 34 years ago. As of 2020, more than half of Americans were under age 40, meaning they have no real memory of Reagan.

Neither the pro- nor anti-Reagan side tends to do justice to the real, historical political figure.

Reagan was a free marketeer but wasn't doctrinaire. He accepted the fact of the New Deal.

He was a free trader, yet acted to protect American automakers and Harley-Davidson from Japanese imports.

If he was hawkish on foreign policy, he was always prudent. He was cautious about deploying U.S. troops overseas and contemplated eliminating nuclear weapons at a summit with Mikhail Gorbachev in Reykjavik.

Although Reagan eventually came to define conventional Republicanism, he took on his party's liberal establishment and brought a populist voice to issues like the Panama Canal and crime.

At the end of the day, Reagan's achievements are momentous and should be acknowledged as such by all Republican factions. He set the predicate for winning the Cold War. He slayed inflation. He ended the energy crisis. He forced a turn to the center by the Democratic Party under Bill Clinton. He changed the mood of the country.

The thoughtless version of Reaganism doesn't take sufficient account of how circumstances in the country have changed in the last 30 years. Take taxes. The burden of federal income taxes isn't nearly as heavy on middle-class families as it was in the 1970s and 1980s, when inflation pushed them into ever-higher tax brackets. And Republicans have cut taxes so many times, any positive economic effect of further reductions is limited.

TITLE: Nonetheless, for the longest time, the standard Republican approach to domestic policy, with some differences in emphasis, was to cut taxes and reduce the debt, with everything else fading to the background. As it happens, Trump also ran on these two priorities in 2016, but also plowed new ground -- as other Republicans should -- on a host of issues.

The example of Reagan, like that of all accomplished statesmen, offers broad lessons that can be continually drawn on -- about how to balance prudence and principle, how to affect a large-scale political vision, how to deplore what ails the country without giving in to despair, and how to build coalitions.

The last may be most useful to DeSantis once he enters the nomination battle. To win, he is going to need to get a segment of Trump populists at the same time he locks down Republican voters who like Reagan more than Trump.

The Trump forces are going to try to make DeSantis' roots in the party of Reagan disqualifying. Instead, played correctly, it can be a strength.

Rich Lowry is editor of the National Review.

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# The Bulldog Banner



## Magnificent $\pi$ !



**Cole Burchell  
(CatFish Cole)**

By: CatFish Cole

This last Tuesday Mar. 14, 2023, 144 years ago off the bank of the Danube in the city of Ulm, Germany a woman named Pauline is giving birth to her first of two children. She and her husband Hermann are of Jewish descent and live a happy and humble life in Württemberg, though it wouldn't be long after this that their baby boy would grow up to be known to the world, as the greatest physician in history, and his name was Albert Einstein.



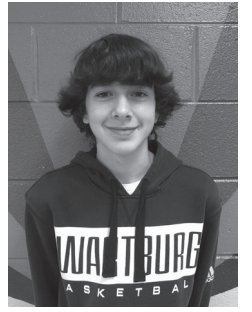
Yes, It is true Albert Einstein was born on Mar. 14 or 3/14/ which is best known today as Pi Day, being that it shares the first three digits with the mathematical term  $\pi$  or 3.14. Which makes it the perfect day to celebrate and enjoy the wonders of mathematics and science in honor of this great man and his achievements. Though you may be wondering to yourself why we praise Einstein so much and what did he contribute to the world and what we know today, and why the crazy hair? Well, I am going to answer all these questions for you today in as simple terms as I can, as you and I know most of you reading this didn't win the 1921 Nobel Peace Prize for Physics and neither did I.

Einstein was known for many extraordinary breakthroughs in his time changing the way physics and reality was viewed by everyone. Even after his death in 1955 his research of general relativity led to the discovery of gravitational waves in 2016. Though if you really want to understand what that is you'll have to look that one up yourself. I'm afraid my 14 year old mind couldn't do them justice. That's alright though because his most famous discovery or his mathematical formula  $E=MC^2$  is probably the first thing that came to mind. It is no doubt the most iconic formula in mathematical history, even earning itself a place as a cultural icon amongst many things. To explain what it really means here is the definition from www.pbs.org "On the most basic level, the equation says that energy and mass (matter) are interchangeable; they are different forms of the same thing. Under the right conditions, energy can become mass, and vice versa." It makes you wonder what was constantly going through his head and how basic and simple we are sometimes never thinking outside the box, and that's why Einstein is so important and an amazing role model for all of us. Oh no, I forgot the most important answer, Einstein was simply too busy in his research to worry about appearance. He actually was a very unkempt man and if it weren't for his second wife Elsa he'd forget to bathe on most days. Like everyone he had flaws but at least he had a good sense of humor.

We've talked about Einstein and his importance in modern mathematics and science and why we celebrate him on Mar. 14, but we haven't given any acknowledgement to the namesake of Pi Day,  $\pi$ . Anyone who passed 8th grade should know and understand what  $\pi$  is but for those who forgot here's a quick summary from www.britannica.com "the ratio of the circumference of a circle to its diameter." It is a fundamental step in finding the area, volume, and perimeter for circles and any other circle-like 3-Dimensional objects like cylinders, cones, and spheres. You probably remember me saying that  $\pi$  and Mar. 14 share the first three digits 314, but there is another reason  $\pi$  is so famous. It's because  $\pi$



has an infinite number of numbers or digits,  $\pi$  never ends and that's why here at WCMS and all over the world there is digits of  $\pi$  contests. In these contest participants compete to see who can accurately list the most digits of  $\pi$  in order without making a mistake. The current world record is held by Akira Haraguchi a retired Japanese engineer who recited over 100,000 digits in 2006. You probably believe that this is an impossible feat, but there are many strategies used to remember all these numbers. One of the most popular methods is listening to "The Pi Song" which uses a catchy tune to get the first 100 digits stuck in your head. You can find it on YouTube so go give it a try, of course after you're done reading this though.



**Daniel Bunch  
(Big Man Dan) $\pi$**

Like I said here at WCMS we also hold the digits of contest and we had a great turnout this year. You've probably seen the ad under our article each week advertising Pi Day which was orchestrated by Mrs. Connie Simpson, our School Dean who we appreciate for the great experience. Each year we also throw on an additional cash prize for the top 3 winners which includes \$10 for third place, \$25 for second place, and last but not least, literally \$45 for first place. Our participants this year included Melody Morgan in third place who recited 51 digits, Tru Scarborough in second place with 52 digits, and finally Steven Knox in first with 109 digits. It was a wonderful event as I was able to help tally the final scores and hope to see it continue after I leave for WCHS. Another amazing part of our Pi Day was all the wonderful themed shirts and posters around the school. You might be a little confused but it's pretty simple anyone who wore a  $\pi$  shirt or made a  $\pi$  poster received extra credit in math. My shirt contained a Pi-rhana, get it.

I'm pretty sure I've said plenty enough about  $\pi$  and Einstein for anyone to be overloaded so I'll end it here, but before that I just want to thank everyone at WCMS and in my life who has helped me to pursue and further my education. As a wise man once said "I have no special talent. I am only passionately curious." - Albert Einstein

**Fun Local Fact** (From www.knoxnews.com)

"80 (84 Now) years ago Albert Einstein sent a letter to the president urging him to start a nuclear program. Roosevelt listened and started the Manhattan Project in Oak Ridge. Today, Oak Ridge's Y-12 still uses uranium to innovate technologies of tomorrow."

Weekly WCMS Poll (2nd Edition)

WCMS students please answer the question below by MARKING your answer and RETURNING your submission to Mrs. Megan Liles. The results will be in next week's paper.

**Which Is More Important?: A) Science OR B) Math**

Last Weeks Results: 1 Submission

100% Choose they would rather have many breaks throughout the year with no summer break, 0% Choose one really long summer break

## March Madness

By Big Man Dan



As most of you basketball fans know, the NCAA Basketball Tournament has started. A couple of the games in the tournament have already been played. Our hometown team, University of Tennessee (4 seed) has already played against University of Louisiana (13 seed) and won 58-55. Not the blowout that it looked like it would be but a win is a win. Tennessee is moving on to play in the second round and by the time of you reading this the second round will be over. From the time of typing this, they will have played Duke (5 seed), so we'll see how that goes. Hopefully, they will have won the Duke game, if not I'm gonna be sad. By the time this comes out there will have been 52 games played. There has already been at least one upset that might've made or broken your brackets if you made one. Princeton (15 seed) beat Arizona (2 seed), this is one of, I'm sure, many upsets to come during the NCAA. March Madness is another name used since the tournament is predominantly in March and that it can take over the basketball fan's life. As in all tournaments, games are played at all times of the day and night. What is the fan at work or at school to do?! According to Bleacher Report's website, "about 2.5 million people spend an hour and a half of each workday following the NCAA Tournament," and that "86 percent of people surveyed say that they will follow the games online or check scores while at work." This is what makes March Madness so fun and exciting to watch.



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**"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." – Mark Twain**



David Zubler  
Columnist

## IRS creating new ID system

The IRS is preparing to implement a new verification system for taxpayers. You will be able to use the single sign-on tool to access your IRS documents and make payments using IRS.gov as soon as next week.

The IRS had previously announced that it would require you to set up facial recognition as the identification method. However, there was a major outcry over the IRS requirement for everyone to use facial recognition since it would have been challenging for many people.

Late in 2022, the IRS agreed to work with the General Services Administration (GSA), which operates Login.gov.

When the system is fully integrated, you can log in to IRS.gov by using your Login.gov credentials. The credentials are also used at other federal websites such as the Department of Veterans Affairs and the Social Security Administration.

“There will be a one-time big hit—a tsunami of identity proofing that will happen at the front—that’s going to be the big test,” said Dominic Sale. Sale previously served as assistant commissioner of GSA Solutions, which is the group that is responsible for managing Login.gov.

“Once those accounts are proofed, though, the beauty is they won’t have to re-proof them every time they log in” to other government websites, Sale told FCW and Nextgov. “Will someone like IRS have to absorb some of that upfront? Possibly. I just hope to hell they’re prepared to do it.”

“The Login I left would not” be able to handle the increase in users, Sale said. “I can only hope that they would not assert that they could handle it and then not be able to handle it.”

GSA created a pilot which provides identity proof in certain U.S. Postal Service

locations. Currently, only a small number of post office locations provide this service. The GSA is assessing expanding the option in 2023.

The IRS does not run Login.gov and couldn’t provide technical help to users. The Login.gov team knows its system. However, the unit is not staffed to handle this event.

“We need [a] definitive answer to how the IRS approaches customer support. This is a major risk to GSA and the public in terms of the weight and volume we may incur. Please advise,” said one of the TTS staffers. “I’ve asked in person, over email and in the weekly meetings. The only answer I got in person was, ‘We don’t do customer support at IRS.’”

The new IRS taxpayer verification system should be easier for everyone to set up than the facial recognition system. However, the IRS may not be prepared to assist everyone who needs help setting it up.

*David Zubler is a tax accountant and Enrolled Agent in East Tennessee, providing tax strategies and representing clients before the IRS, and has over 25 years of tax experience. He is the author of six tax books and has shared tax advice on national TV. He is the founder and president of Your Tax Care. The company provides business and tax education, including David’s one-minute tax tip radio recordings at YourTaxCare.com. David can be reached at (865) 363-3019 or contacted by email at david@yourtaxcare.com.*

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# SENIOR NEWS LINE

By Matilda Charles

## Scam Messages on Cell-phones

Somehow my cellphone number ended up on somebody’s list. Now I’m receiving daily text messages saying that my Amazon Prime account is about to be canceled for nonpayment -- unless I immediately click the link and give them my credit card number. Some of the messages say the account has already been canceled but I can get it back by -- you guessed it -- giving them my credit card number within an hour.

I don’t think so.

I’m on a phone list for Netflix as well. I called Netflix and no, my account is not about to be suspended. Said the representative: “You’re on automatic pay. If somehow a payment isn’t made, it’s our fault for not processing it.”

I have a few accounts on auto pay, and I think I’ll change

some others. Another reason to switch to the auto pay is the horrid mail service lately. The Post Office can’t keep people, and the ones they have are spread so thin that we’re lucky to get mail delivery three times per week. Which means that bills are late to arrive and mail waiting in the box is late getting picked up, which also means that sometimes a late fee is tacked on to the next month’s payment.

If you’re getting those “you’re late” messages on your cellphone, beware. Don’t accidentally touch the link in the message. It will take you to a website that looks real but is not, and just connecting to it can download a virus on your phone. Back out carefully and delete the text message. Take your time.

Don’t try to contact the scammers to ask to be taken off their list. It only verifies that yours is a good number and it will be sold to others.

If you want to report these scams, go to reportfraud.ftc.gov.

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# FLASHBACK

By Mick Harper

1. Who released the English translation of “Seemann (Deine Heimat ist das Meer)” in 1960?
2. Who topped the charts with “The Way You Make Me Feel”?
3. Which artist wrote and released “Lean on Me”?
4. Roger Daltrey is the lead singer of which band?
5. Name the song that contains these lyrics: “I’ll go it alone, that’s how it must be, I can’t be right for somebody else if I’m not right for me.”

## Answers

1. Anne Shelton, who had a Top Ten version with “Sailor (Your Home is the Sea).” Then Anne Murray released a chart topper with her own version.
2. Michael Jackson, in 1987. The song first appeared on his album “Bad.”
3. Bill Withers, in 1972. It came in at No. 208 on The 500 Greatest Songs of All Time list in 2010. The list has been updated periodically, most recently in 2021.
4. The Who. Daltrey made his first guitar when he was 13 years old and modeled it after a red Stratocaster.
5. “I’ve Gotta Be Me,” by Sammy Davis Jr., in 1968. The song was used in the musical “Golden Rainbow.” In more recent years the song has been used in soda and vehicle commercials.

# Sunbright Track & Field Off to a Great Start to the Season



It was a great day to be at the track on Wednesday at Oak Ridge High School's new facility. The Sunbright Track & Field Team had a great meet against athletes from Oak Ridge, Kingston, Stone Memorial, Knox Ambassadors, and Paideia Academy!

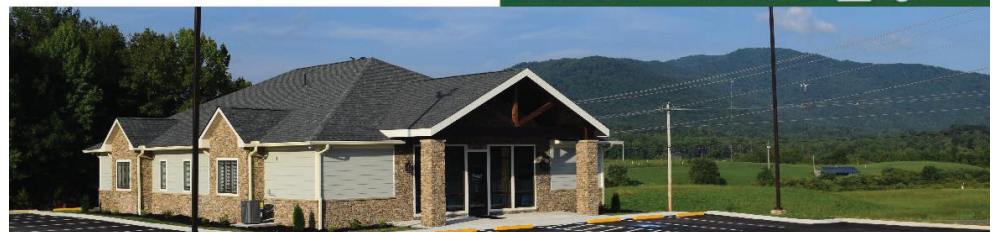
Highlights from the evening were:

- Nathan Ward won the boys' Discus, throwing a school record throw of 104 feet 3 inches.
- Haylee Morgan (WCHS 10th grader) placed 2nd in the girls' Discus, throwing another school record throw of 90 feet 11 inches.
- Nicholas Claunch (WCHS 9th grader) placed 3rd in the 400-meter dash.
- Josh Nestle (Homeschooler) placed 3rd in the 300-meter hurdles.
- Boys' 100-meter relay team of Isaac Jones, Nathan Ward, Kent England, and Josh Nestle placed 3rd.
- Some big personal recorders were created last night by the following athletes:

- +Isaac Jones in the Shot Put
  - +Kent England in the Discus and the 800-meter race.
- Haylee Morgan also threw a school record Shot Put. She replaces Somer Stephens a 2013 graduate. Haylee threw 26 feet 10.5 inches.



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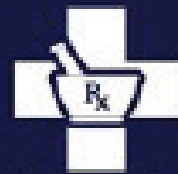
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# Hebrews Chapter 10

(Hebrews 10:1-4) The weakness of the law of Moses: The Mosaic law was filled with shadows, copies, images, figures, types, etc. (various words for the same idea), that pictorially represented important New Testament truths. Though the law was valuable in that respect, it had not the power to permanently remedy the sin problem. This is evident by the fact that the sacrifices had to be offered year after year. The Old Testament law could never make perfect the lives of the people. If animal offerings could have permanently cleansed the worshippers, their consciousness of sin would not have remained (v.2). Each year, at the time of the atonement, their consciences were stabbed by the reality that their sins were only passed over, but never removed (v.3). It was utterly impossible that the blood of an animal could atone for sin.

Heb. 10:5-18 the wonderful sacrifice of Christ: citing Psalm 40:6, the writer declared that Jehovah would not accept animal sacrifice for sin. However, a prophecy was provided that foretold of one who eventually was coming to do the will of God perfectly; he would enable the goal of true forgiveness to be accessed (v5-8). In the process, that law (designated as the first) which embodied the offering of those sacrifices, would be taken away, that the second (law) might replace it (v.9). By means of the second will (v.10), sanctification can be achieved as a result of the offering of the body of Jesus, and that once and for all, implying that Christ would never have to die again.

The Jewish priest offered sacrifices every day, but none of these could take away sins permanently; they only provided temporary relief from the guilt thereof (v. 11). But Christ offered one sacrifice (not many), and it was forever (not temporal); he then sat down, to be active in such a role no more. There was no chair near the altar of offerings because the priest' work was never finished! The Lord now awaits the conquest of his enemies (v. 12-13). It took only one offering to bring the saints to a statue of completion; they have been sanctified (set apart as holy) (v.4). The sacred writer will again appeal to Jeremiah's prophecy for support of his argument (8:8). He attributes the oracle to the Holy Spirit, and comes to this conclusion: since full remission of sins is now available, there is no need for another sin-offering. Jesus' sacrifice was entirely sufficient. The implication is: Why are you flirting with the inclination to revert from the Living Lamb of God to dead ineffective animals?

(Heb. 10:19-25) exhortations and warnings: under the Old Testament arrangement, only select ones could enter into the holy place (priest) or the holy of holies (the high priest) to engage in worship. That barrier has now been abolished. Because of the blood of Jesus, there is a new and living way which he dedicated (inaugurated) for us. Paving the way for us, in a manner of speaking, by means of the death of his body, he became our great high priest over the house of God (v. 21). We can approach God, therefore, in worship with boldness (v. 19).

In view of this, let us (another of those encouragement phrases) keep on drawing near with sincere hearts and a faith that overflows with confidence (v. 22). This is possible because our hearts have been sprinkled (a figure suggesting the application of Christ's blood (9:13; 1 Jn. 1:7), and our body washed with pure water (v. 22). A great variety of expositors concede that this is a reference to water baptism (Eph. 5:26; Tit. 3:5). Only a bias against the connection between immersion and forgiveness (Acts 2:38; 22:16) prevents this understanding.

We are encouraged, therefore, to keep holding fast (implying we could let go) the confession we made concerning Christ, which ultimately will bring the fruition of our hope. We must never waver, for the Lord has promised our hope will be realized, because he is absolutely trustworthy (v. 23). Christians must continue to consider each other and stimulate each other to reciprocal love, and to pursue good works (v. 24). The following phrase explains one way to achieve this. The Lord's people must stop neglecting church assemblies, which clearly some were doing (and still are). Instead, they must continue exhorting each other and intensify that effort as they see the day approaching (v. 25). Some commentators interpret the day as the Lord's second coming, but this is most unlikely. (a) The time of that event was completely unknown (Mt. 24:36). (b) The first-century saints never experienced it. (c) There were no clues as to when it would occur. (d) There were signs of the impending destruction of Jerusalem (Mt. 24:1-34), which likely is the event to which

this writer alluded.

Hebrews 10:26-31 returning to willful sin: it is clear from what follows that some Christians had fallen under the influence of the Judaizing false teachers. These were teaching that Jesus was not the true Messiah and thus these disciples were to abandon the Christian system. They might return to their former ways of willful sin, awaiting the genuine Messiah, who would remedy their sin problem with actual forgiveness. This was rank heresy. The consequences of such would be dreadful. The potential scenario is as follows.

If a Christian turns away from the Lord and reenters a life of unrestrained, willful sin (the force of the participle), expecting a new sacrifice of sin, he will be miserably disappointed. There is no other (v. 26)! What does await him is a certain and fearful expectation of final judgment. Such will resemble a fierce fire that will devour the Lord's adversaries (v. 27). The following contrast will illustrate the gravity of such.

Under Moses' law, the violator of a capital crime was executed without compassion when legally convicted by witness testimony (v. 28). The gravity of Christian apostasy would be much greater. Under the administration of a new and better covenant, the punishment will be much more severe because the apostate has stomped on the Son of God, has treated the Lord's blood by which he was consecrated as if it were just ordinary blood, and has insulted the Holy Spirit by whom the plan of grace was revealed (v. 29).

Calvinists commonly contend that these descriptives do not refer to a genuine child of God; rather, supposedly they allude to the unbeliever. This is far from the truth. These condemned had received the knowledge of the truth (v. 26) had been sanctified by the Savior's blood (v. 29), and had insulted the Holy Spirit who brought them God's offering of grace (v. 29).

Accordingly, at the appropriate time, divine vengeance would repay defectors for their evil. In other words, the Lord will judge his people (v. 30). Could it be plainer that the text speaks of apostates from the faith? It is a fearful thing to fall into the judging hands of the living God (v. 31).

Hebrews 10:32-39 treasure the better possession: the writer urges these wavering brothers to recall their earlier days in the faith. They had been enlightened by the gospel and were strong, able to endure conflicts with error that brought them sufferings. They had been recipients of insults and violence, at times individually, on other occasions collectively. They were commended for nurturing those in prison, and they rejoiced when persecuted by the confiscation of their possessions, in view of the better and abiding possession in Christ (v. 34).

They were urged not to throw away their confident courage which was destined to pay rich dividends. He honestly admonishes them with the reality that they need more patience, which would serve them in obeying the will of God and, ultimately, receiving the promise of life eternal (v. 35-36). To support his admonition he quotes from the prophet Habakkuk which gives the text a messianic application (v. 37-38). In a little while (relatively speaking, compared to eternity), "he that is coming shall come and (at that time) will not delay." The Holy Spirit's application of the Old Testament text to a New Testament situation is perfectly consistent with his use of his own earlier message. No modern scholar has the right to ask, "What doest thou?" See the author's book, *The Bible on Trial*.

Those who live by faith do not shrink back, will please the Lord; those who do shrink back will be subjected to perdition (eternal punishment). The possibility of apostasy from the faith could not be clearer! Abiding faith will result in the saving of the soul (v. 39).

They were given signs in regard to the day of the temple's destructions. (Hebrews 10:25 "Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.")

(Matthew 24:32-35) The lesson of the fig tree (Mk. 13:28; Lk. 21:29-33): Christ illustrates a spiritual reality by a phenomenon in nature. When the fig tree puts forth leaves, it becomes apparent that summer is near. Even so, when preceding prophetic details are identified, it will be evident that the Lord's coming (in judgment upon the nation) is at hand (v. 32-33). Truly, this generation would not pass away until all these were accomplished, the fall of Jerusalem and the Hebrew nation (v. 34). This is the key to unlocking the meaning of this chapter, and it is proof positive that the preceding passages do not refer to the second coming of Christ.

BIBLETALK.TV Mike Mazzalongo  
FortifyYourFaith.org



MELVIN HOWARD

Melvin Howard's Weekly column is sponsored by

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- Birds may reject a birdhouse placed near food or water, as these attract raccoons and rats that will eat birds and their eggs.
- Claw marks on the house's surface or nesting material pulled from the entrance will show you these predators are around and can easily reach the birdhouse.
- Try mounting the house away from food and on a metal pole, rather than on a tree trunk or hanging it on a branch. Smear the pole with a petroleum jelly/hot pepper mixture and spread sharp gravel around the base to discourage intruders.

- Brenda Weaver

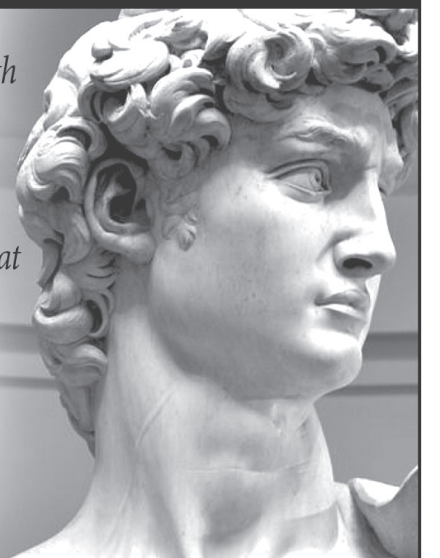
Source: [www.all-birds.com](http://www.all-birds.com)



## THE ILLUSTRATED BIBLE

*How can a young person stay on the path of purity? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you. Praise be to you, Lord; teach me your decrees. With my lips I recount all the laws that come from your mouth.*

PSALM 119: 9-13



# Historically Speaking

## TN Legislators met in Oak Ridge on February 5, 1975, part 2

By Ray Smith - Oak Ridge City Historian

Last week we introduced one of the very few times the Tennessee General Assembly of legislators have met outside of Nashville. To bring some 90 plus of them to East Tennessee, especially Oak Ridge, and have them attend a full day and evening of briefings, tours, meals and interaction with scientists and leaders was a phenomenal idea and well executed.

Now, let's continue with the tours at the Oak Ridge National Laboratory facilities located at Y-12.

Also, at Y-12, in Building 9201-3 (Alpha 3), Gordon Fee showed the legislators some eight test vessels of similar design, though smaller, as reactor vessels. He told them that these vessels withstood water pressures nearly three times as great as they were designed to take in a nuclear reactor. Gordon's presentation in the morning was on nuclear safety. And in the panel discussion he again reinforced the importance of safety comparing the nuclear industry accident potential to that of dams or natural disasters both of which are far greater.

James Cox, Superintendent of ORNL's Operations Division gave the legislators a tour of the High Flux Isotope Reactor where one legislator said, "The basis of fear is ignorance. Now I can go back and say I was there. I looked down at the reactor's radioactivity. And it did not hurt me." The use of HIFR to produce radioactive isotopes for cancer treatment was emphasized.

And at the Oak Ridge Gaseous Diffusion Plant, Ken Sommerfeld, assistant plant manager, inside Building K-33, in 100-degree heat (in February mind you), explained the process whereby gaseous uranium hexafluoride is pumped through thousands of stages of barrier material with small holes to enrich the uranium 235 content. He also showed them on the bus tour the huge containers of uranium worth \$320 million destined for Japan. The Toll Enrichment Program sent uranium reactor fuel to many countries over the world. Japan likely being the largest customer and for which Gene Joyce won a battle to collect state and city sales taxes on the uranium.

The tours accommodated some estimated 150 participants including the legislators, guests, and the press. They were scheduled so tours at each of the four sites would handle one-fourth of the group in rotation. Security requirements were not as strict as they are today, but this is still a significant accomplishment to accomplish in three hours.

Murray Rosenthal, in his presentation said, "...we must be prepared to expand our production and use of coal in the United States, both burning it directly in power plants and converting it into liquid and gaseous fuels. Tennessee has an important stake in this, since we are a major producer and consumer of coal, and institutions in the state are carrying on important programs aimed at making coal more widely usable." He also said, "...the new energy sources - shale oil, solar, geothermal, fusion - will not be helping out much for some time. ...we are going to need to greatly expand our use of coal and nuclear energy. ...we must be careful to conserve and not waste energy."

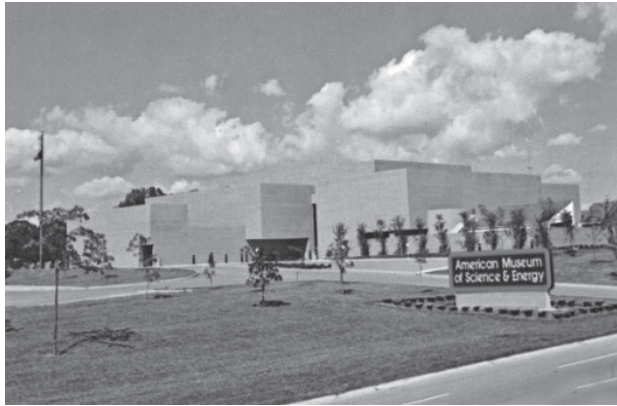
Floyd Culler made the point that "...uranium exploration and production must be expanded rapidly in the near-term, and that development of breeder reactors is urgent." He went on to explain that "A breeder reactor makes more fuel than it consumes. It uses plutonium as a fuel.

"More importantly, it uses uranium 238 that accumulates as the enriching plant tails. By using uranium depleted in uranium 235 as the primary source of plutonium, the estimated uranium resources of the United States can be extended for 1,000 or more years from uranium mined before the breeders were available. The breeder extends by a factor of 60 or 70 the energy than can be obtained from uranium."

Culler noted the Clinch River Breeder Reactor was proposed to be constructed in Oak Ridge. He also

mentioned the fact that it was being questioned as was nuclear energy in general. As you may recall, the Clinch River Breeder Reactor project was terminated on October 26, 1983, when the US Senate voted 56 - 40 to deny any further financing for the project. I am pleased to note the site is now going to be used for the upcoming Tennessee Valley Authority's Advanced Nuclear Reactor Technology Park.

Chester Richmond presented a comparison of coal fired power plants to nuclear fueled power plants. While recognizing that coal would still be needed for the foreseeable future, he emphasized the impact of coal usage on the environment as compared to the much less adverse impact of nuclear energy. He introduced the presentation by quoting Buckminster Full-



*American Museum of Science and Energy as it stood for 43 years*



*American Museum of Science and Energy as it looks now*

er, inventor of the geodesic dome, who felt more, not less, technology is needed to overcome environmental ills, by saying, "It's an ignorance crisis we face, not a pollution crisis, or an energy crisis, but, above all, I think nature is really trying to make a success of man despite his ignorance."

Some of the newspaper articles explored reactions to the day's presentations and tours. House Speaker Ned McWherter said, "This is the most informative and productive day I've ever spent in the General Assembly. We were right to bring the General Assembly to Oak Ridge."

Other legislators were quoted, "I believe they were truthful about the data they had but I also believe somewhere there is a whole other group of statistics which prove other points." And "I heard everything they said, and I still don't believe it." Goes to show you that even in 1975, some people had their minds made up and it did not matter what facts they were shown, nothing would change it.

Leslie Dale, who along with Ben Adams had lead roles in bringing the event about, said he felt the strongest impression left with the legislators was that nuclear power and nuclear reactors must play a part in providing electric power in the future. "The critics of nuclear power have minimized it and proposed solar and other more exotic fuels as alternatives, Dale said "But the legislators realized here that there will need to be dependence on the fullest development of coal and nuclear energy that case was well made."

Ben Adams said, "Legislators were overwhelmingly impressed with the size of the local installations, the size of its payroll and the credentials of the speakers and leaders. The legislators have developed a new sense of trust in Oak Ridge expertise, one they didn't even know about."

Other legislators commented that the critics and environmentalist were not there to present their views and that the presentations were one-sided. Of course, they were correct on both counts. It was by design not to allow other views and also the one side presented was pronuclear as to be expected from Oak Ridgers.

The final event of the day was a semi-formal reception at the then new location of the American Museum of Atomic Energy on Tulane Avenue. The building was a showplace Oak Ridger's were proud of. While the official opening of the new museum was scheduled for February 17, 1975, Gary English, museum director, allowed the function to be held there and even had most of the exhibits operating. Legislators were encouraged to tour the museum and were awed by the elegance of the food served and the entertaining atmosphere.

Proudly, our American Museum of Science and Energy remains something we Oak Ridger's are proud of and it continues to fill the role of a gathering place for parties and receptions as well as being an excellent museum in conjunction with the other six museums we have now. Can you name them? I know, two of them are not accessible by the public but are available via the bus tours from AMSE or online.

Let me list them for you: AMSE, the Children's Museum of Oak Ridge, the Oak Ridge History Museum, the Y-12 History Center, the K-25 History Center, the Graphite Reactor (accessible only via the AMSE Bus Tours) and the Museum of Radiation and Radioactivity (accessible online only, here is the link: <https://www.ornl.gov/health-physics-museum/>).

Now you see what was accomplished by Oak Ridgers pulling together in February 1975 in a phenomenal manner to execute an influential and highly educational briefing on a subject, nuclear energy, that was at best little understood by the Tennessee State legislators. One legislator even brought along a physicist from Vanderbilt to help him assure he understood what was being told him.

A potential lesson learned for modern Oak Ridge is that our expertise is valuable, and we must use the power of factual presentation to influence decision makers who do not have the knowledge or experience to appropriately evaluate some of the important decisions they are called upon to make. We elected them to the office and they are doing their best to fulfill the promises made and expectations of the public. They need help in specialized areas to do their jobs we elected them to do.

It is not always enough to just take a group to Nashville or Washington, DC and speak to our elected officials. Sometimes bringing them to see the actual sites and meet the people doing the hands-on work is far more effective. Folks like Ben Adams, Gene Joyce, Herman Postma, Gordon Fee, Roger Hibbs, Robert "Bob" Hart, Alvin Weinberg, and Al Bissell - they knew and understood.

One last interesting side note to this excellent affair. On December 12, 1974, a bill was introduced in the US House of Representatives to change the name of Oak Ridge National Laboratory to Holifield National Laboratory. It became Public Law 93-616 on January 2, 1975, just one month before the event to bring the legislators to Oak Ridge.

The only place this is mentioned in all the documents I reviewed, and all the newspaper reports I read is at the very end of the Associated Press report distributed statewide by Nashville staff member Bill Rawlins, who was at the event. Rawlins said, "And Herman Postma, director of the Holifield National Laboratory, said nuclear critics 'have resorted to distorting facts.'"

Don't you know this was a major issue at the time. Nothing in any of the presentations even hinted at anything other than Oak Ridge National Laboratory as the name. Of course, the name was changed back, and I understand that two sets of letterheads were kept at ORNL and used judiciously limiting the Holifield one to only required communications with the government.



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## Michael's Spicy and Sweet Competition Chili- (Tex-Mex Style)

11 servings- Total cook time 2 ½-3 hours

### Ingredients

- 1-tablespoon white vinegar
- 1-pound Italian sausage
- 1-pound ground beef
- 2-white onions diced
- 3-tablespoons ground guajillo pepper
- 2-tablespoons virgin olive oil
- 1-tablespoon salt
- 1-tablespoon black pepper
- 3-tablespoons Franks hot sauce
- ¼-Cup Worcestershire sauce
- ½-cup of red dry wine
- 1-tablespoon chili powder
- 2-teaspoons cumin
- 1-fresh jalapeno or 1 tablespoon of dried jalapeno pepper
- 1-six ounce can of tomato paste
- 3-14.5-ounce cans of diced tomatoes
- ½-cup of diced celery
- 1-tablespoon Parsley
- ¼ cup honey
- 2-cans pinto beans
- 1-can kidney beans
- 1-can chili beans

Step One: Heat 2 tablespoons of olive oil in a large pot over medium heat. Sauté onions and celery until they are soft and translucent. Season with salt, black pepper and garlic. Stir in tomato paste and allow to caramelize. Pour in wine to deglaze the pot, scraping up any bits stuck to the bottom.



Step Two: Place sausage and ground beef in a large skillet. Add salt and pepper, cook on medium high heat until evenly brown. Stir in 3 tablespoons of guajillo pepper, 2 teaspoons of cumin, 1 tablespoon of chili powder, 1 tablespoon parsley, 1 tablespoon of dried jalapeno pepper, 3 tablespoons of Franks hot sauce, 1 tablespoon white vinegar and ½ cup of Worcestershire sauce, and ½ cup of honey. Simmer for 20 minutes and then turn on low.

Step Three: cook on medium heat four 16 ounce can of beans, one Kidney, two Pinto and one Chili in a pot. Cook for 25 minutes. (Results are better to place beans in an iron skillet on a smoker for an hour and cook over maple or red oak wood).

Step Four: Stir in bean pot the spiced and cooked meat mixture, and add diced tomatoes, bring chili to a boil, cover and cook on low for another hour.



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**John Burns**  
*Opinion Columnist*

How many of God's rules did king David violate in his lifetime?

The most intemperate man ever written about in human history, was also labeled a man after God's own heart in both testaments of the Bible. He is the greatest sinner in history, who became the greatest repentance seeker in history.

The key of David's success points to his uncanny ability to never make the same mistake twice. David never cared what men think, for he killed a lion and a bear and was anointed by Samuel at age 12, defeated his giants by 21, ran from King Saul for 40 years, committed adultery, committed treason, conspired to commit murder, was a womanizer, a drunkard, a musician, a prophet, and a king.

Yet God used him distinctly for his purposes. He would secure the funding and all raw material to build the tabernacle Moses was given the plans for. He would unite the monarchy, while not purging Israel of the high places where the pagan altars for the worship of the fallen angels existed.

His offspring would fight over the throne and eventually under Solomon's sons, the nation of Israel would become hopelessly divided forever, until Shiloh returns. What was the key to David maintaining his status with God who had claimed him righteous?

David believed in the God who visited him in his dreams as a very young man. King Saul would have David sing and play the harp from a young age and he recognized David had been with the living God.

David believed the prophet of God sent to anoint him to become Israel's king and progenitor of the bloodline of the Messiah descended from the loins of Judah. Jesus Christ will one day receive his inheritance as he claims David's throne in Jerusalem at the end of the tribulation of the last days.

In Acts 15 God says I searched for a man after mine own heart and I found David. What was it about David's heart that made him God's man? Dare I say his cry for mercy he displays every time he breaks covenant relationship with the God who called him?

Is David's relationship one a Christian can glean information from, and is he a great example on returning to belief in God's will even when we have gone astray? I say he is the perfect example for just how many times God is willing to forgive those who believe in Jesus Christ. David believed the Messiah would one day be descended from him, and this qualified him to become God's man.

What attributes did David possess in his heart that did not always manifest in his flesh? I believe psalm 51 is the greatest clue to true prayer offered by a repentant and contrite sinner, content with asking only for God's eternal mercy each time he sinned.

Mercy and grace are what God offers from calvary and I believe David understood the heart of God and governed Israel through eternal mercy and unending grace. Mercy and grace are God our creator's attributes and the key to understanding the heart of our Messiah.

Where does David teach us the heart of a true believer called for God's purpose? Psalm 51 is where we learn the heart of David as it pertained to true belief in God, and true belief in his sovereignty over the lives of those he created for his purpose.

What sin has David committed that would cause him to write the most beautiful prayer of repentance in history? According to the

# Psalm 51

Bible his adultery with Bathsheba, violated God's plan to birth Messiah through a pure Jewish bloodline descended from Judah.

Satan had succeeded in attacking the bloodline. David had committed adultery with a pagan woman who would introduce her sons and Grandsons to the fertility cults emigrating from Babylon to Israel. The man God had called to bring righteousness back to Israel, violated every command given to Adam and Moses.

What did David teach us in Psalm 51? The key is found in the first sentence of the song: Have mercy upon me oh God, according to thy lovingkindness. According unto the multitude of thy tender mercies blot out my transgressions. Wash me thoroughly from my iniquity and cleanse me from my sin. Though my sin be red as crimson, make them whiter than snow. Before thee and thee alone have I done this evil in thy sight that thou might be justified when thou speak, and be clear when thou judges.

David's entire focus is on the mercy God alone possesses and how God alone is able to judge him according to his righteousness which David believes can only be imputed by a just God, never earned by good behavior.

David is wrong, and God alone is right. He lays himself firmly at the feet of God asking for mercy. This is David's greatest attribute. To look in his mirror and judge only himself guilty. He believed God would forgive him not because he deserved it, but because God had made him promises he intended to keep.

Mercy is to understand we are not God the creator. Mercy is to understand all have sinned and fall short of the glory of God. When we accept Jesus Christ's offer of forgiveness, our status changes with God, but our state of being remains the same. We need as much mercy today as we needed when we first cried out to God.

Mercy is what I believe is missing from Christian testimony and I believe it is because we have all listened to men who think God anoints them alone. God has called every human born of a woman to repentance and he needs every person claiming faith in Jesus Christ to offer what he continues to offer from Calvary. Unending mercy and unwavering grace.

He was crucified upon a cross of wood, yet he created the hill upon which it stood.

He is alive forevermore, and he is returning for his virgin bride very soon. John Burns 8-28-2022

*Staff Sergeant John Burns enlisted into the United States Army on September 23, 1987 as an 11C Infantry Mortarman. He graduated from the 7th Infantry Division, Ranger Class 11/89 and served in the invasion of Panama, Desert Storm and the Battle of Mogadishu while assigned to the 75th Rangers.*

*Some of his many decorations, awards and badges include; Bronze Star Medal for Valor, Purple Heart, Meritorious Service Medal, Sniper Badge, Pathfinder Badge, Master Parachutist Badge, Combat Infantry Badge and Expert Infantry Badge. Throughout his prestigious military career, he traveled to forty-five countries on five continents and all but two states while serving in the military.*

*He currently serves as the Chaplain for the Special Operations Warrior Foundation. His devout faith demonstrates to all he comes into contact with that he believes nothing but the blood of Jesus Christ can cleanse us from all unrighteousness. He enjoys writing and teaching God's Word while sharing his faith with a dying world.*

Opinions expressed by readers and columnists do not necessarily reflect those of Morgan County Today



answer

S									
C	A	S	H						
H		K		S	U	E	T		
E	D	I	C	T		X			
M				A		T			
H	A	T		M		R			
O				B	E	T	A	S	
B	E	C	K	O	N				
O			X						

## Weekly SUDOKU

Answer

9	1	6	5	4	7	8	2	3
5	7	8	1	3	2	6	4	9
3	2	4	6	9	8	7	1	5
2	8	9	4	1	3	5	7	6
6	5	3	7	2	9	4	8	1
7	4	1	8	6	5	3	9	2
1	9	5	3	8	4	2	6	7
8	3	2	9	7	6	1	5	4
4	6	7	2	5	1	9	3	8

## King Crossword

Answers

Solution time: 25 mins.

G	O	O	F		M	A	A	M		W	A	G			
A	C	H	E		E	L	I	A		E	L	O			
W	H	O	L	E	M	I	L	K		L	E	O			
K	O	K	O	M	O					E	L	L	E	N	
				N	O		B	O	S	O	M				
P	A	W	S		L	U	V			P	A	L	E		
I	M	A			E	R	A			D	E	E			
G	A	R	B		A	L	L			S	E	A	L		
				M	U	R	K	Y		A	H				
F	I	O	N	A						A	R	O	M	A	S
A	D	V			W	I	D	E	M	O	U	T	H		
R	O	I			L	I	A	R		I	S	M	E		
O	L	E			S	I	N	O		N	E	S	S		

**OHS Drama Club  
2023 Spring Play  
Murder at the Orient  
Express**

By Craig Sodarao

OHS Drama Club presents Murder at the Orient Express by Craig Sodarao and directed by Julie Johnson Crowe. Seymour Twitt, the richest and most ruthless man in town, hires ace private eye Dudley Sharpe to find out who's been sending him threatening notes. Sharpe tells his new client to meet him a week later at the Orient Express, a Chinese restaurant run by two Irish sisters and a German waitress. On that fateful snowy night, the Orient Express is strangely bustling with an odd assortment of customers who appear to be in disguise. Sharpe shares a long list of potential killers with Twitt, but when Twitt gets his fortune cookie, his fortune takes a bad turn for the worse! Someone in the restaurant takes advantage of a blackout to kill Twitt

with a pair of chopsticks through the heart!

With a blizzard cutting off all from escape, Sharpe begins to unravel the identities of the 11 suspects in the room, revealing how each is somehow connected to Twitt. Will Sharpe be fortunate enough to crack the case and serve up justice on a pupu platter?

Enjoy a night of "murder" and "fun" at the Chinese restaurant, The Orient Express, where your "pupu platter" will be overflowing with tasty twists and turns! Showtimes are as follows:

Grades K-5  
Tuesday, March 21,  
2023  
1:00 p.m.  
\$2.00

Grades 6-12  
Wednesday, March 22,  
2023  
1:00 p.m.  
\$2.00

General Admission  
Thursday, March 23,  
2023  
7:00 p.m.

\$6.00  
Dinner Theater  
Friday, March 24,  
2023  
6:00 p.m. Dinner  
7:00 p.m. Show  
\$18.00

Dinner Theater  
Saturday, March 25,  
2023  
6:00 p.m. Dinner  
7:00 p.m. Show  
\$18.00

For Dinner Theater reservations, call Oakdale School at 423-369-3885. No reservations are needed if you are only coming to the show at 7:00 p.m., with cost at \$6.00. The Flying Pig will be catering the meal, which includes:  
Pulled Pork / Bun  
Grilled Chicken Pieces  
Cole Slaw  
Macaroni and Cheese  
Baked Beans  
Banana Pudding  
Sweet / Unsweet Tea  
Water  
Lemonade



**Front Row (L to R):** Ethan Erickson (Seymour Twitt / Barney Barrelfoot), Colton Rife (Dudley Sharpe), Camryn Soberal (Wee Willie Wonkers), Jackson Cox (Lester Peapicker)

**Back Row (L to R):** Rachel Smith (Scarlett Dawn), Ava Spiker (Carlotta Twitt), Amanda Pennycuff (Mary McGregor), Amanda Eble (Hildegard Harris), Chloe Hamby (Millie Fern), Alisha Hoskins (Molly McGregor / Darla Dee), Abbigail McKinney (Frau Beethoven), Emma Wrather (Olivia Crenshaw)



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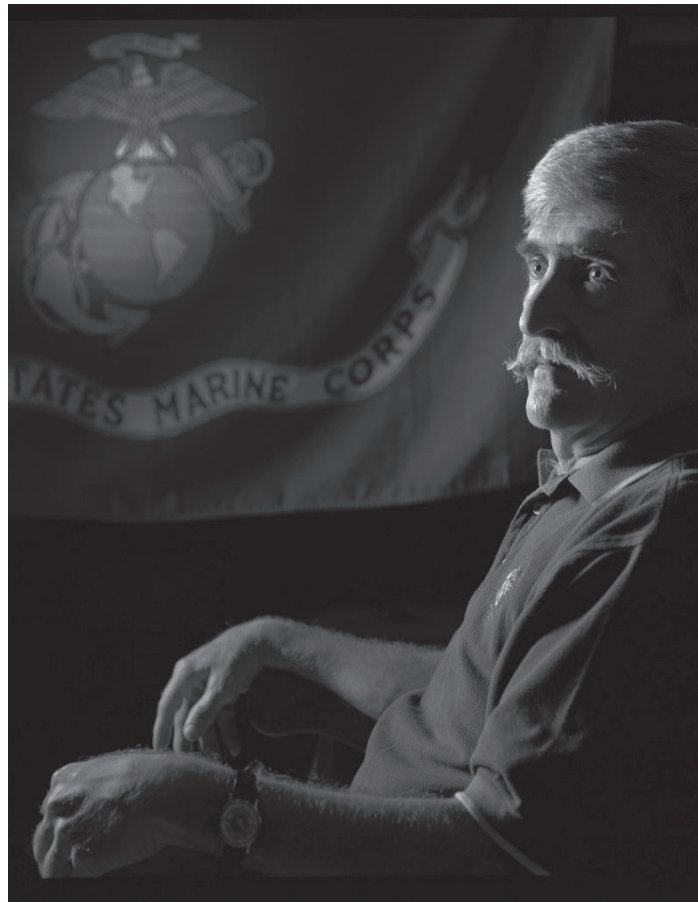
Visit [www.bsfmedical.com/careers](http://www.bsfmedical.com/careers) for more information!

# MoCo Today's Veteran of the Week

United States Marine Corps veteran Sergeant Robert Emmett O'Malley served in the Vietnam War while assigned to Company I, 3D Battalion, 3D Marine Regiment, 3D Marine Division (REIN) FMF.

For heroic action in combat on August 18, 1965, Sergeant O'Malley was awarded the Medal of Honor on December 6, 1966 at the Federal Building in Austin, Texas by President Lyndon B. Johnson.

His Medal of Honor citation reads: For conspicuous gallantry and intrepidity in action against the communist (Viet Cong) forces at the risk of his life above and beyond the call of duty. While leading his squad in the assault against a strongly entrenched enemy force, his unit came under intense small-arms fire. With complete disregard for his personal safety, Sgt. O'Malley raced across an open rice paddy to a trench line where the enemy forces were located. Jumping into the trench, he attacked the Viet Cong with his rifle and grenades, single-handedly killed eight of the enemy. He then led his squad to the assistance of an adjacent marine unit which was suffering heavy



casualties. Continuing to press forward, he reloaded his weapon and fired with telling effect into the enemy emplacement. He personally assisted in the evacuation of several wounded marines, and again regrouping the remnants of his squad, he returned to the point of the heaviest fighting. Ordered to an evacuation point by an officer, Sgt. O'Malley gathered his besieged and badly wounded squad, and boldly led them under fire to a helicopter for withdrawal. Although three times wounded in this encounter, and facing imminent death from a fanatic and determined enemy, he steadfastly refused evacuation and continued to cover his squad's boarding of the helicopters while, from an exposed position, he delivered fire against the enemy until his wounded men were evacuated. Only then, with his last mission accomplished, did he permit himself to be removed

from the battlefield. By his valor, leadership, and courageous efforts in behalf of his comrades, he served as an inspiration to all who observed him, and reflected the highest credit upon the Marine Corps and the U.S. Naval Service.



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## Law Enforcement Officer of the Week

Detective Sergeant Mason Griffith of the Hermann Police Department, Missouri was shot and killed at a convenience store at 9:30 pm on Sunday, March 12, 2023. He was thirty-four-years-old.

Detective Sergeant Griffith and another officer were responding to a disturbance at the convenience store. When the officers arrived, a shootout occurred. Both officers were shot. One officer is in serious but stable condition. Detective Sergeant Griffith succumbed to his injuries at Mercy Hospital in Creve Coeur.

The subject shot both officers and fled the scene. He has a long history of criminal charges, and there is a warrant for his arrest for not showing up to court in 2022. He barricaded himself in a home near



the shooting and was taken into custody the next day at 2:00 pm by the Missouri Highway Patrol SWAT team.

Detective Sergeant Griffith also served as the part-time Chief of Police of the Rosebud Police Department and Reserve Deputy Sheriff of the Gasconade County Sheriff's Office. He is survived by his wife, two sons, mother, and father.

Please keep his family in your thoughts and prayers in the name of Jesus Christ.

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# Scott County Today

## Indians Start With Big Win at Sweetwater

By Richard Spears



Oneida traveled to Sweetwater on Monday, March 13 and returned with a decisive 4-1 road win over the Wildcats in which the Indians had an impressive showing on both offense and defense to begin their season. Oneida Head Coach Derek Keeton said, "We were all to generate several scoring opportunities, but were playing on a very short and narrow field which had an impact on the game." Despite the field challenges, the Indians jumped out to a 2-0 first half lead over the Wildcats on a Mason Keeton goal, assisted by Levi James, then an unassisted score by Luke Barna. Oneida's two scores in the second half were scored by senior Nick Gilbert, both assisted by Levi James. Indian Defense Coach Phil Newport told the Morgan County Today, "We played very well on defense, with Gavin Keeton making seven saves overall. Sweetwater's only score came on a penalty kick late in the second half, and by that time we were playing a lot of younger players. The defense played a very solid game, limiting Sweetwater to very few shot opportunities." Newport added, "It was a good win, and several of our players, including Wes Hurst, Wyatt Yancey and Reice Kennedy played very well defensively."

The only negative takeaway from the contest was an injury to Oneida junior Mason Keeton, who is an offensive dynamo for the Indians. Both Coaches Keeton and Newport have a great amount of optimism toward Mason's returning to the playing field. "He may miss a few of the next games, but he will be back soon," Newport said.

Head Coach Keeton said, "We had a good win over a good Sweetwater team. Defense played exceptionally well, we looked good on offense. It was good to go into the other district which will be playing in our region and get a road victory to start the season."

Oneida is scheduled next to play Clinton at home on Tuesday, March 21, followed by a trip to Gatlinburg for the Smokey Mountain Cup, with the Indians set to play Halls on Friday, March 24 and William Blount on Saturday, March 25.

## Scott Has Two Good Home Contests to Begin Their Season

The Highlanders hosted Campbell County on Friday, March 17, and came away with a thumping of the Cougars, as Scott put a 3-0 win on the visitors. All of the Highlander scoring was in the first half, but one goal ultimately was plenty as the Scott defense shut out Campbell County in what Scott Head Coach Eric Henry said was "A great job defensively. Our goalie,

Adrian Parra played well, all our defense, especially Nolan Cotton, Haiden Blevins, Andy Blevins had a good game against a much improved Campbell team. I was happy to get everybody in to play."

Highlander junior Toby Garrett scored the game's first goal, assisted by Skye Babb. Then, Babb scored assisted by Scott senior Connor Stanley. Minutes before the end of the first half, Highlander junior Peyton Smith took an assist from senior Clayton Carroll and nailed a long shot to give Scott a 3-0 halftime lead.

Highlander goalie Adrian Parra made several key saves in the second frame to preserve the Scott shutout. Coach Henry remarked, "A good total effort by our guys. The offense spread the ball around well. We had some opportunities to score in the second half, but all in all a good win."

In Scott's season opener against Stone at Highlander Field on Tuesday, March 14, the Highlanders battled the Panthers in a frigid, near freezing environment to a 2-2 tie.

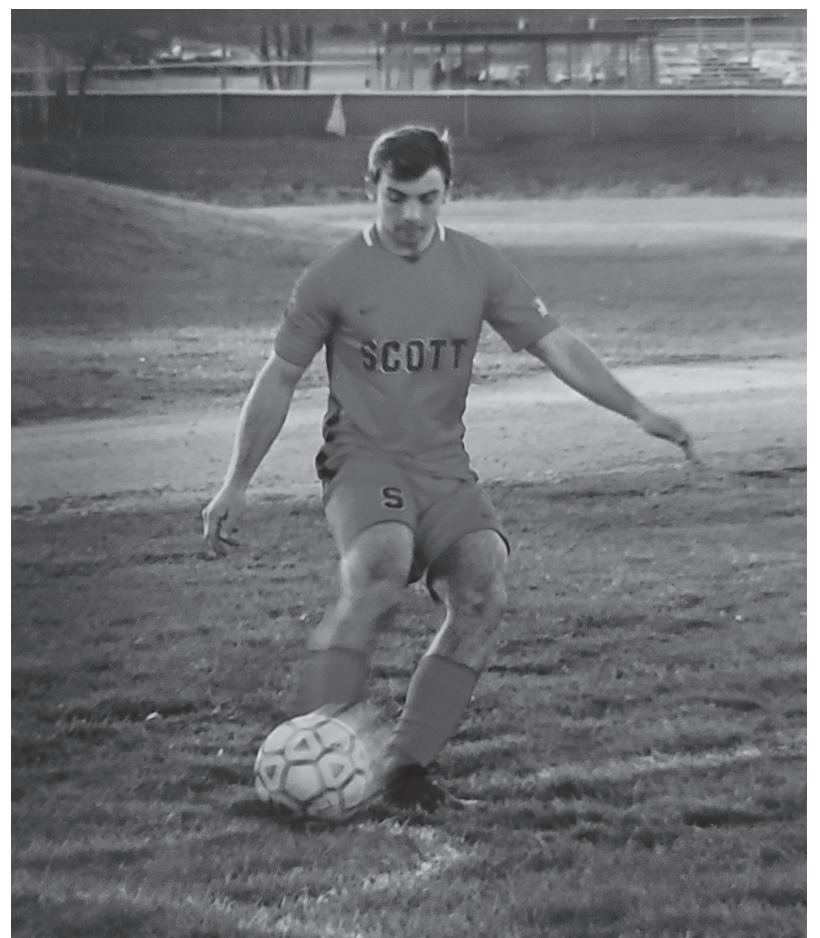
Scott junior Hugo Henry scored in the first 12 minutes of the first half. The Panthers matched that goal 15 minutes later, to knot the score at 1-1, which was the tally at the break.

In the second frame, Highlander senior Connor Stanley scored off an assist by Henry to put Scott up, 2-1. Stone booted in a tying goal with 24 minutes remaining, to give what would become the game's final score at 2-2. Highlander Head coach Eric Henry told the Morgan County Today, "We had our chances, and we should have won this one. But for our first time out in terrible weather against a good region opponent, not a bad showing. Clayton Carroll did well in his first start, and we've got a lot of guys getting minutes in new positions. The guys realized today that they have to make the most of every opportunity."

Scott is scheduled to play four consecutive road contests before returning to Highlander Field, beginning with games at Harriman Monday, March 20; at Carter Thursday, March 23; at Halls on Tuesday, March 27; then, against in-county rival Oneida at Hoffman Field at Oneida on Thursday, March 30. and Club member escort Christian Wisner entering banquet). By December, Kellie posted on social media that she felt like 2022 would be her last Christmas. And though barely a month after Christmas the entire region would mourn the loss of one of the Lord's saints from this world, Kellie went to be with the one for whom the Christmas season is all about.

Dustin Walker, Kellie's husband, in a post shortly after Kellie's passing, wrote, "A huge part of me is missing from this earth, but heaven sure gained one sweet soul! And these two girls are a part of her that I will get to continue to love and cherish here on earth."

May we all get to know Jesus now, and join Kellie Walker in praise and celebration, and be with Jesus forever as members of God's eternal family.



# PLAYERS OF THE WEEK



## NICK GILBERT



## HUGO HENRY

# Morgan County Medical Center is extending our hours in March and April to increase access to COVID-19 vaccines

The complete Vaccine Clinic Schedule is available online at [www.morgancountymedical.com](http://www.morgancountymedical.com)



## “My Family and I are Fully Vaccinated Against COVID-19”

Hi, I’m Tara McCarley, a nurse practitioner at Morgan County Medical Center. My family and I are fully vaccinated against COVID-19. Taking the vaccine and boosters is the best way to protect yourself and others against COVID. If you aren’t vaccinated and have questions, please talk with your primary care provider or visit us during one of our COVID vaccine clinics. We will be happy to answer your questions. The schedule for the vaccine clinics is available online at [morgancountymedical.com](http://morgancountymedical.com).

**COVID-19  
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- \* Mon - Thurs: 8 a.m. to 5 p.m.
- \* Friday: 8 a.m. to 3 p.m.

## COVID-19 Vaccines/Boosters Questions & Answers

### - What kind of COVID-19 Vaccine does MCMC give?

MCMC carries Moderna COVID 19 immunizations, ready to be administered at any time. This is an mRNA vaccine that is designed to help your body learn how to make antibodies to fight against COVID 19. This will help you avoid getting sick if you are exposed to COVID 19, and if you should become sick with COVID 19, these will help your immune system to have a better response to fight off the virus. MCMC carries both the initial primary 2 shot series, as well as the updated Bivalent COVID 19 boosters.

### - What ages can MCMC vaccinate?

MCMC carries Moderna COVID 19 immunizations for ages 6 months and up. Both primary series and Bivalent Boosters are available for all ages.

### - Who can have boosters and when?

You can have a booster when:

- It has been at least 2 months since your 2nd or 3rd dose of an mRNA COVID vaccine
- If you received 4 doses of vaccine already but DID NOT receive a Bivalent Booster yet and it has been 2 months since your last immunization, you would be eligible for a 5th shot as a Bivalent Booster
- If you have had a COVID-19 infection, please wait 3 months before getting your next COVID-19 immunization
- If you have had 4 shots including a Bivalent Booster, you are considered up to date and do not need another immunization at this time.
- You can have a Moderna bivalent booster if you completed your first two shots with Moderna or Pfizer

**Please call MCMC at (423) 346-6221 if you have any questions regarding what kind of shots you have received and what shots you may be due**

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## Savvy Shopping: Why Frozen Spinach Is the Best Bargain for Healthy Eating

What's the best bargain in the frozen foods aisle? Want to guess, or shall I just tell you? OK, I'll tell you. It's frozen spinach in the little 10-ounce box. Tada!

Spinach makes me think of Popeye the Sailor Man. Every time he found himself in a perilous situation, he'd rip the top off a can of spinach, chug it down, and beat up the bad guys with his bulging forearms. The spinach was magical, like it was ... a superfood.

Now, we all know dark leafy greens actually are superfoods, and spinach is one of the most nutrient-dense of all foods. It's a great source of iron and other minerals, cancer-fighting antioxidants and vitamins A and K, which are important to bone health. It's good to note that cooking spinach increases access to nutrients. We should be eating more of this, right?

However, have you ever sauteed a huge mound of fresh spinach only to watch it wilt down to nothing? The major benefit of buying frozen spinach is having someone else do the wilting first, then pass the savings on to you.

Let's do a price comparison between fresh and frozen spinach, shall we?

One pound (16 ounces) of fresh spinach cooks down to 1 1/4 cups drained, which is equal to one (10-ounce) frozen package. At the time of writing (and at various stores in the Pacific Northwest), one (8-ounce) bag of fresh spinach costs between \$3 and \$6, and a 10-ounce box of frozen spinach costs between \$1 and \$2 dollars.

Here's the deal: It'll take two 8-ounce bags of fresh spinach to equal 10 ounces frozen. That's \$6 to \$12 fresh compared to \$1 to \$2 frozen. So it's definitely cheaper to buy frozen, and that's a big bang for your buck.

But frozen spinach isn't just a great bargain, it's also incredibly versatile. You can use it in pretty much any recipe that calls for cooked fresh spinach. Just don't go tossing it in your salad. That's just weird.

Instead, try dumping a box into



www.JasonCoblentz.com

### Frozen spinach is a versatile bargain.

your next soup or stew, add some to smoothies, into casseroles, hide some in meatloaf or burgers, add some to your favorite pasta dish, or use it as a topping for your morning eggs.

And if you're in the mood for a delicious protein-filled dish to sneak some extra greens into your diet, you'll love this recipe for crustless Easy Cheesy Spinach Pie.

### EASY CHEESY SPINACH PIE

Yield: 6 pieces

Total Time: 50 minutes

1 box (10 ounce) frozen chopped spinach, thawed, drained

4 eggs

1 container (16 ounce) cottage cheese

2 cups mozzarella or Italian blend cheese, shredded

1/2 cup Parmesan cheese, grated

1 teaspoon Italian seasoning

1/4 teaspoon ground nutmeg

See optional ingredients below.

Preheat oven to 350 F. Grease a 9-inch pie plate or spray with cooking spray. Defrost spinach and squeeze dry by wringing in a clean kitchen towel, then set aside.

In a mixing bowl, beat the eggs then add all the remaining ingredients, mixing until blended.

Pour the mixture into the prepared pie plate and bake for 40 minutes or until the center is set.

If you want to dirty a skillet, you could saute and add any (or all) of the following optional ingredients: 1/2 cup chopped onion, 1/2 cup chopped red peppers, or 1/2 cup sliced mushrooms.

So next time you're browsing the frozen food aisle, remember: For a superfood that won't break the bank, go for the spinach. It's not just for Popeye anymore!

\*\*\*

*Lifestyle expert Patti Diamond is the penny-pinching, party-planning, recipe developer and content creator of the website Divas On A Dime — Where Frugal, Meets Fabulous! Visit Patti at [www.divasonadime.com](http://www.divasonadime.com) and join the conversation on Facebook at [DivasOnADimeDotCom](https://www.facebook.com/DivasOnADimeDotCom). Email Patti at [divapatti@divasonadime.com](mailto:divapatti@divasonadime.com)*

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## VETERANS POST

by Freddy Groves

### Stand Downs for 2023

Stand Downs for 2023 are gearing up across the country, with more to take place as the weather warms up.

Stand Downs are one-, two- or three-day events for homeless veterans with varying services offered, depending on the length of the event. A location might have services ranging from medical screenings and dental care, benefits counseling (this can be for Department of Veterans Affairs, Social Security and food stamps) and legal advice, to housing assistance, clean clothing and showers, job search help, haircuts, substance abuse referrals/recovery and much more.

A wide variety of government agencies, individual groups and veteran service organizations are on hand at each event to provide help to homeless veterans who attend. Some of those groups and agencies include Department of Labor, community service providers, VA medical centers and more.

To see the schedule for this year, go to [www.va.gov/homeless/events.asp](http://www.va.gov/homeless/events.asp) and either filter by date or state. More will be added as time goes on, so check back if there's nothing in your area right now. You can also check the site for the National Coalition for Homeless Veterans ([nchv.org/current-stand-downs](http://nchv.org/current-stand-downs)) for a list of 2023 Stand Downs.

If you find an event and know you want to participate, contact the people listed for that event. If you'll likely need transportation, be sure to tell them and then keep in touch.

And if you can volunteer, sign up soon so event organizers will know how much help they'll have. Can you cook? Can you drive to pick up participants for the event? Are you a barber? Any of those services and more will be welcome.

If you're part of an organization and want to provide services, contact the nearest VA medical center and ask for the VA Stand Down point of contact. Depending on the services you propose to provide, your group might be eligible for a grant to help with costs.

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