

Morgan County Today

Psalm 100:3

Volume 07 Number 32

Tuesday, August 10, 2021

Your Community. Your News.

75¢



Inside:

The King's Road to Recovery

Hometown Hero : Jimmy Loy

History

Weather



Flight of the Hummingbird



Morgan County Today

Your Community. Your News.

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Michael Nance
Columnist

Embattled Democratic Governors and Midterm Elections

The democratic party is facing an uphill political battle ahead of the 2022 congressional midterm elections. It is agreed by both parties that they are facing serious political headwinds, but a duo of governors is amplifying their problems with the public at large. Between the exploits of New York Governor Andrew Cuomo and California Governor Gavin Newsom, it seems they have some serious housecleaning to attend to in their party ranks.

Embattled Democratic New York Governor Andrew Cuomo was the subject of a 165-page scathing report by the New York Attorney General's Office which included details that should make anyone embarrassed and outlined inappropriate sexist behavior. The report outlined the conduct of the Governor in such a fashion that the New York State Attorney General Letitia James was quoted as saying: "This investigation has revealed conduct that corrodes the very fabric and character of our state government."

The report indicates a troubling form of behavior. It goes on to describe a person intoxicated with power and includes examples of behavior that imply narcissism. The democratic party quickly appraised the damage of the report and a host of high-profile democratic leaders quickly abandoned support of Cuomo. President Biden joined in the political melee by agreeing that the governor should resign. Although President Biden agreed that Cuomo should resign his remarks stopped short of a real rebuke. MSN news quoted Biden as saying: "Look, I'm not going to flyspeck this. I'm sure there were some embraces that were totally innocent, but apparently the attorney general decided there were things that weren't."

The Cuomo administration is also the author of a reckless policy

decision that placed nursing home residents at increased risk of death. In March 2020 at the height of the coronavirus pandemic, Cuomo's State Health Department mandated nursing homes to accept covid-19 positive patients, regardless of their communicability, or probability of infecting other patients. His administration allegedly attempted to camouflage the resulting death toll because of this policy. Former New York mobster "Sammy the Bull" who is now a reformed podcaster was quoted as saying about Cuomo's nursing home policies that he, "killed more people than the mafia did in this country."

Needless to say, Cuomo's political future is on the ropes, and he would be wise to resign and not contest an almost certain impeachment. On the western side of the United States, another democratic governor's political future also appears to be in serious jeopardy.

Democratic Governor of California, Gavin Newsom is facing unpopularity in his home state. A recent poll by Survey USA and the San Diego Union Tribune identified that 51 percent of the respondents were in favor a Newsom recall election. A recall election is now scheduled for September, and the political commentators are salivating anticipating the outcome.

So why are Californians ready to give Newsom the Boot? Well, that question has a plethora of answers! The many Covid-19 lockdowns, massive job losses, and his state is the home of the world's most strict global warming law. What's not to love? If you want a few more reasons, consider a homeless crisis and tax rates that make even the most progressive wince.

Governor Newsom also didn't score any points with his constituency for attending an evening out with lobbyists and friends at an ultra-exclusive San Francisco Bay Area restaurant in November of 2020, while telling his citizens to stay home to protect themselves from

potential coronavirus exposures. In a politically refreshing move, the California Republican Party recently voted not to endorse any candidate in the scheduled recall election that could evict Newsom from the Governor's Mansion. In my opinion, this was a brilliant step by the California Republican Party because if Newsom loses a recall election, the Republicans will not provide him any partisan excuse for his departure from office. As a footnote, Newsom also supports the ouster of Cuomo. According to USA today, Newsom's press secretary was quoted as saying: "Governor Newsom agrees with President Biden and others that Governor Cuomo should be held accountable for his actions and resign." Although it is always a fool's errand to make political predictions, on this topic I will forward one. It will be near impossible for the democrats to keep control of the House in 2022. This will be the result of several known political paradigms, and the widely publicized behaviors of Cuomo and Newsom.

According to Tom Murse, who is an award-winning political journalist and a well-respected authority on politics, midterm elections often go against the sitting president's party. He points out that in the modern era, the presidents party typically experiences an average loss of 30 seats in Congress. This one political paradigm partnered with a host of democratic scandals spells serious political disaster for the democrats. That is one of the many reasons that the democrats are attempting to encourage Governor Cuomo to resign. The longer he remains in the headlines the more votes they stand to sacrifice in the upcoming midterm election.

The lesson for both the democrats and the republicans is that both parties must police their own leaders. When either party allows elected leaders within their ranks to adopt extreme positions or engage in abhorrent behavior the public can and will punish them at the polls.

MORGAN COUNTY WEATHER THIS WEEK

Table with 4 columns: Day, High/Low, and Weather icon. Rows include Tue 10 (86°/69°), Wed 11 (87°/69°), Thu 12 (88°/69°), Fri 13 (88°/68°), Sat 14 (86°/65°), Sun 15 (84°/64°), Mon 16 (84°/65°).

Summer weather means it's time to PLAY!!!



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Boat



RV/Motorhome

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In Loving Memory

Mary Ann Osburn, 70

Mary Ann Osburn, age 70, of Crossville passed away August 2, 2021, at her home. She was a loving wife, mother and grandmother. She worked 43 years at St. Mary's Hospital in Illinois where she loved taking care of others. She loved gardening and loved spending time with her grandchildren. She will be missed by all who knew her.

She is preceded in death by her father, Clint Hall.

She is survived by her husband of 49 years, Robert Osburn; daughter, Heather (Andy) Gerth; mother, Martha Hall; grandchild-

dren, Elliot and Emma Gerth; brothers, Clint, David and Samuel Hall; sisters, Tilda Moore, Sally Rae, Judy Hall and Rachel Hall and a host of nieces, nephews and friends.

The family will receive friends Saturday, August 7, 2021,

at Schubert Funeral Home in Wartburg with a graveside service to follow in the Wartburg City Cemetery in Wartburg.

Schubert Funeral Home is honored to serve the family of Mary Ann Osburn.

April Tobeck, 41

April Tobeck, age 41, of Deer Lodge passed away August 5, 2021 at her home in Deer Lodge. She was born November 25, 1979.

April loved helping others with a warm meal and clothes and loved taking care of her family most of all. She also loved working in her saw mill and being out doors. There was not an animal that crossed her path that she didn't try to take care of.

She is survived by her mother, Angela Goodroe Brown; wife,

Tanya Tobeck; children, Nathaniel Tobeck, Daniel Turk, Makayla Tobeck and Krasha Tobeck; sister, Kris Camden Miller; sister-in-law, Heather Newton and her children, Souvalynn Marie Combs and Destin Lee Combs-Beach and a host of extended family and friends.

Aprils wishes were to be cremated and no services are scheduled at this time.

Schubert Funeral Home is honored to serve the family of April Tobeck.

Vivian Gail Burchfield Clore, 67

Vivian Gail Burchfield Clore, age 67, formerly of Sevier County, Sevierville, TN went home to be with the Lord on July 31, 2021.

She is preceded in death by her father, Gerald (Pappy) Kent Inman; mother, Nina Virginia Burchfield and Gary Lynn Burchfield.

She left behind her brother, Ed Burchfield; sister, Carrolinda Jones; special cousin, Penny Elaine Wilson and aunt, Wilda Lamon; sons, Kent (Dawn) Clore and Joe (Whitney) Clore; grandchildren, Michael (Sumner) Clore, Andrew (Kayla) Sara Nicole Clore; great grandchildren,

Ryker Andrew Clore, Zane Michael Clore, Tate Soloman Clore and Oaklen Drew Clore and a host of nephews, nieces and family members.

She will be laid to rest at Bethel Baptist Church Cemetery in Sevierville, TN.

In lieu of flowers please make donations to Schubert Funeral Home, P.O. Box 326, Wartburg, TN 37887.

Schubert Funeral Home is honored to serve the family of Vivian Gail Burchfield Clore.

Stanley "Big Mo" Bunch, 74

Stanley "Big Mo" Bunch of Devonia, passed away August 3, 2021, at his home. He was born September 23, 1946.

Moe loved to hunt, fish, ginseng, go camping, spending time with family and friends and riding in the mountains. He was baptized at a young age and joined Shiloh Baptist Church in Devonia.

He is preceded in death by his wife, Loreen Bunch; parents, Monroe, and Linnie Bunch; sister, Irene Bunch Low; brothers, Ronnie and Hubert Lee "Sugar Bear" Bunch; nephews, Terry Lowe and Tim Bunch; father and mother-in-law, Shadric and Lillie Mae Bunch; sister and brother-in-laws, Geneva, Rachel, Randall and Elmer.

He is survived by his sisters, Fay and Verldon Bunch, Alene

and Verlin Phillips; brother, Hugh Vaughn and Karen Bunch; nieces and nephews, Tommy Lowe, Matthew, Jason, Nikki, Mark, Travis, Karla, Pam, Leanne, Teresa, Gregg, Pam, Marvin, Roger, Brandon, Lisa and Michael.

The family will receive friends Saturday, August 7, 2021, at Schubert Funeral Home in Wartburg from 12-2:00 p.m. with the funeral to follow at 2:00 p.m. with Bro. Gary Armes officiating. Interment will follow in the Bunch Family Cemetery.

In lieu of flowers the family request that contributions be made to Schubert Funeral Home, P.O. Box 326, Wartburg, TN 37887 in Stanley name.

Schubert Funeral Home is honored to serve the family of Stanley "Big Moe" Bunch.

Michael Bruce Phillips, 63

Michael Bruce Phillips, age 63 of Clinton went home to be with the Lord and Savior, August 3, 2021. Nothing could diminish his love for the Lord, family or playing music. He was a loving son, brother, husband, father, papaw and friend. His soul lifted the spirits of all those who met him. He loved to make people laugh. He was a coal miner, mechanic, electrician, musician, and master cabinet maker. He made beautiful instruments and could play them like no other.

He is preceded in death by his father, Elmer Phillips; brothers, Roger Phillips and Jerry Phillips.

He is survived by his loving wife and soul mate of 33 years, Joyce Phillips; son, Cody Woods and Tessa; grandson, Kanaan Woods; mother, Jewel Phillips;

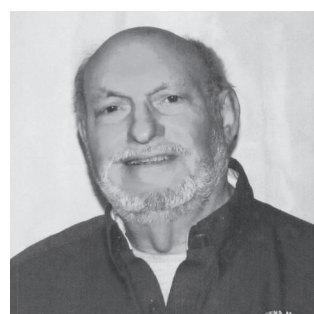
sister, Lisa (Tim) Ward; brother, Jeff (Paulette) Phillips; sister-in-law, Loretta Phillips; nieces, Amy Young and Rebekah Parchman; nephews, Eric Austin, Jacob Phillips, Bradley Phillips, and Kevin Ward; great nephews and nieces, Landon Austin, Owen Phillips and Jordyn Phillips and a host of family and friends.

The family will receive friends Saturday, August 7, 2021 at Schubert Funeral Home in Wartburg from 5-7:00 p.m. with the funeral to follow at 7:00 p.m. with Rev. Kevin Ward and Rev. Eric Austin officiating. Graveside services will be Sunday at 2:00 p.m. at Phillips Cemetery in Briceville.

Schubert Funeral Home is honored to serve the family of Michael Bruce Phillips.

Leslie Byrge, 70

Leslie Byrge, age 70, of Newport News, VA., formerly of Wartburg passed away at 12:46 p.m. on Saturday, July 31, 2021, at Riverside Regional Medical Center. He was a caring and loving father, brother, grandfather, and friend. He was a U S Army Veteran and was an active member in the Moose Lodge and in his community.



Wartburg and Brenda (Gary) Adkisson of Coalfield; daughter, Jennifer Byrge and granddaughter, Shayla Shuping, both of Newport News, VA. And a host of nephews and nieces.

The family will receive friends Wednesday, August 4, 2021, at Schubert Funeral Home in Wartburg from 12-1:00 pm with a graveside service to follow in the Union Cemetery in the Joyner Community.

Schubert Funeral Home is honored to serve the family of Leslie Byrge.

He is survived by his sisters, Kathie (Wesley) Freytag of

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Obituaries must come from a funeral home to be in the newspaper.

Sandra Helton's weekly column
Oakdale Area News
 email: kvhelton@highland.net



Okay folks. The Lord knows we need rain but it is our duty to ask for our needs. I know some in our area have gotten a few showers but some haven't had any.

I will be 60 years old in a couple of weeks and I attended my first ever car race on July 31 at Wartburg Speedway. I was proud to represent Together Morgan County, along with Randy Raccoon, my coworker and fellow collaborative member, Valerie Mathis and Bunt. We gave out racing novelties and backpacks with school supplies. It was such a fun atmosphere and I met a lot of nice people. You are never too old for new adventures.

BLAST will begin at Pine Orchard Baptist Church Wednesday, August 18 from 6:45 – 8:30.

The Pine Orchard Baptist Church Clothes Closet is open today, August 10, from 10:00 – 12:00.

Morgan County students will have their first break September 3rd – 6th. September 3

will be an Inservice Day for teachers and the 6th is the Labor Day Holiday.

Oakdale Public Library will have an online auction August 20 -22. Donations are now being accepted for the auction. All funds raised through the auction will be used for future family events. Thanks to those who have already donated. There will be some attraction tickets, some homemade goodies and other items.

Mt. Vernal Baptist Church will have a Tent Revival September 23rd – 26th. There will be different preachers each service with multiple services on Saturday and Sunday.

Cooper Wiley Bingham, the youngest grandson of Mickey and Jeanie Bingham, played in the Pony League World Series In Laredo, Texas a couple of weekends ago. His team won 3 games straight to get to the championship but then lost 4-9. They were 2nd in the whole United States in that league. Congratulations Cooper!

Justin, Valerie, Cartie and Clay Disney recently vacationed with 2 other families in Destin, Florida. It was their first time there. They stayed in a nice condo and really loved the white sand and clear water in that area. After leaving Destin, they drove 7 hours to St. Petersburg, Florida to see Valerie's Aunt Sonya and her family. They had a nice visit there as well. It was a great 9 day vacation.

Sympathy is extended to the family of Russell Scott who passed away Thursday, August 5. He is survived by his wife, Sue, his daughter Teressa (Ronnie) Wilson, his son Rusty Scott and his son, daughter in law and grandchildren who live in Pine Orchard, Chris, Karie, Morgan, Remington and Ruger Scott along with several other grandchildren and great grandchildren. He is also

survived by his brother Paul and his family who live in Pine Orchard and his sisters Anita Langley, Pauline Stringfield, Rita Jeffers and Wilma Witcher as well as a host of other family and friends. Services were held Sunday, August 8 at Schubert Funeral Home and a graveside service was held Monday, August 9 at Morgan Memorial Gardens.

Please remember to pray for the many needs around us. Pray for the sick and those who are caring for them, the grieving, the lonely, our churches and pastors, our schools and educators, our homes, our missionaries, our government leaders and most of all, pray for the lost.

"Volunteers don't necessarily have the time; they just have the heart." - Elizabeth Andrew

**Morgan County, Tennessee
 Proposed Budget
 For the Fiscal Year Ending June 30, 2022**

	Actual 2019-2020	Estimated 2020-2021	Estimated 2021-2022
General Fund			
Estimated Revenues and Other Sources			
Local Taxes	\$ 6,137,177	\$ 6,124,011	\$ 5,927,337
State of Tennessee	810,732	801,041	772,306
Federal Government	66,465	441,629	53,000
Other Sources	2,326,851	2,716,911	2,571,404
Total Estimated Revenues and Other Sources	\$ 9,341,224	\$ 10,083,592	\$ 9,324,047
Estimated Expenditures and Other Uses			
Salaries	\$ 6,494,541	\$ 6,651,376	\$ 6,817,274
Other Cost	2,454,022	2,889,014	2,506,773
Total Estimated Expenditures and Other Uses	\$ 8,948,563	\$ 9,540,390	\$ 9,324,047
Estimated Beginning Fund Balance - July 1	\$ 1,460,176	\$ 1,852,837	\$ 2,396,039
Estimated Ending Fund Balance - June 30	1,852,837	2,396,039	2,396,039
Employee Positions (full time)	112	108	110
Highway/Public Works Fund			
Estimated Revenues and Other Sources			
Local Taxes	\$ 106,207	\$ 97,478	\$ 118,849
State of Tennessee	3,053,621	3,106,407	2,865,000
Federal Government	41,568	0	0
Other Sources	88,308	73,840	6,000
Total Estimated Revenues and Other Sources	\$ 3,289,706	\$ 3,277,724	\$ 2,989,849
Estimated Expenditures and Other Uses			
Salaries	\$ 770,036	\$ 777,852	\$ 1,048,454
Other Cost	2,631,254	2,030,553	3,161,469
Total Estimated Expenditures and Other Uses	\$ 3,401,290	\$ 2,808,405	\$ 4,209,923
Estimated Beginning Fund Balance - July 1	\$ 3,676,367	\$ 3,564,783	\$ 4,034,102
Estimated Ending Fund Balance - June 30	3,564,783	4,034,102	2,814,028
Employee Positions (full time)	14	14	14
General Purpose School Fund			
Estimated Revenues and Other Sources			
Local Taxes	\$ 2,905,609	\$ 2,943,330	\$ 2,870,806
State of Tennessee	20,488,452	20,091,672	20,238,651
Federal Government	17,721	131,577	0
Other Sources	1,033,891	1,083,475	834,166
Total Estimated Revenues and Other Sources	\$ 24,445,673	\$ 24,250,054	\$ 23,943,623
Estimated Expenditures and Other Uses			
Salaries	\$ 20,049,454	\$ 20,181,317	\$ 20,712,149
Other Cost	4,348,557	4,265,620	3,674,764
Total Estimated Expenditures and Other Uses	\$ 24,398,011	\$ 24,446,938	\$ 24,386,913
Estimated Beginning Fund Balance - July 1	\$ 5,127,074	\$ 5,174,736	\$ 4,977,852
Estimated Ending Fund Balance - June 30	5,174,736	4,977,852	4,534,562
Employee Positions (full time)	423	511	505
Debt Service Fund			
Estimated Revenues and Other Sources			
Local Taxes	\$ 1,265,084	\$ 1,647,262	\$ 1,085,718
State of Tennessee	73,615	71,745	70,000
Federal Government	0	0	0
Other Sources	5,222,855	482,388	477,612
Total Estimated Revenues and Other Sources	\$ 6,561,553	\$ 2,201,395	\$ 1,633,330
Estimated Expenditures and Other Uses			
Salaries	\$ 0	\$ 0	\$ 0
Other Cost	6,851,856	1,684,156	1,688,330
Total Estimated Expenditures and Other Uses	\$ 6,851,856	\$ 1,684,156	\$ 1,688,330
Estimated Beginning Fund Balance - July 1	\$ 2,653,279	\$ 2,362,976	\$ 2,880,216
Estimated Ending Fund Balance - June 30	2,362,976	2,880,216	2,825,216
Employee Positions (full time)	0	0	0

Americanisms



**"If the path before you is clear, you're probably on someone else's."
 — Joseph Campbell**

Notice of Public Hearing

There will be a Public Hearing on Monday, August 16, 2021 at 6:30 P.M. in the main courtroom of the Morgan County Courthouse in Wartburg, Tennessee. The hearing is being conducted to review and discuss the Proposed Budget for Morgan County, Tennessee for Fiscal Year beginning July 1, 2021 and ending June 30, 2022.

Letters to the Editor

Dear Editor,

The Morgan County Community Collaborative, officially named "Together Morgan County," is a local organization established for the purpose of increasing literacy and learning from one generation to the next. The Collaborative is comprised of members representing all areas of Morgan County, including business leaders, educators, public officials, faith based organizations, community organizations and individuals - truly open to anyone who would like to be involved.

Together Morgan County is primarily funded by the Save the Children organization, but relies heavily upon support from local groups and businesses in order to be successful and create lasting partnerships.

The six public libraries in Morgan County have recently undertaken an exciting initiative called the "100 Days of Reading Summer Challenge" which began on June 1st and will end on September 7th. The library directors were invited to submit a wish list for supplies needed for summer programming in support of this initiative, and the Collaborative was happy to purchase many of the needed items in order to fulfill these requests.

We are now in the second half of the challenge and are making plans for its culmination in order to celebrate all of the children who participated in the challenge and in the libraries' summer programming. Together Morgan County would like to offer all Morgan County businesses, organizations, and individuals the opportunity to be involved as the Challenge wraps up next month, either by contributing items which can be given

out as rewards, or by volunteering to facilitate a completion celebration event.

Anyone wishing to participate can donate to each of the six Morgan County Libraries or they can focus on their local library. Suggested items for donation would include products, tickets, gift cards or certificates, and the like - but please remember that donated items should be age appropriate. All partnerships, either via donations or volunteer time, are welcomed on either a one-time or a recurring basis. Together Morgan County recognizes that the continued growth and success of our communities is dependent upon these partnerships and is thankful to all who contribute to the Collaborative in any way.

To learn more or to discuss your contribution, you are welcome to contact any of the librarians directly. Alternately, you may contact me, Sandra Helton, Morgan County Community Engagement Coordinator at heltons@mcsed.net.

Sincerely,
Sandra Helton
Morgan County CEC

Dear Editor,

I am writing this to your readership. Is your church or organization looking for a guest speaker to share their testimony? If so I'd love the opportunity to share mine with your congregation, Sunday school class, or youth group.

My heart's desire is to lead others to Jesus Christ and to give hope and inspiration to anyone who's fighting PTSD, depression, or anxiety by sharing my testimony of how the LORD

helped me after serving in Operation Iraqi Freedom.

Please share this with your pastor, Sunday school teacher, and youth group leader. I would not charge anything to speak and would be very thankful for the opportunity to share what the LORD has done for me.

I can be contacted at 865-387-2414, fredmize77@gmail.com, or write to 1050 Lawnville Rd, Kingston, TN 37763.

Respectfully,
Fred Mize



Send Letters to the Editor
Editor@mocotoday.com

Community Calendar

Together Morgan County will have their monthly Collaborative Meeting Friday, August 13 at 9:00 a.m. at Morgan County Schools Central Office on Flat Fork Road. Everyone is encouraged to attend and work with the Collaborative on projects to benefit Morgan County students and families.

Announcement

Bro. Jacob Melton will be preaching at the Elizabeth Baptist Church, Sunday, August 15, 2021 in the 6:00 p.m. service. Everyone is invited to attend.

Freels 55TH Reunion

Will be held August, 21st at 10:30 a.m. at Frozen Head State Park. There will be shelter, live music, games, and history of the Freels family. Bring a covered dish, please. There will be grilled hamburgers and hot dogs. This will be the 55th family reunion so bring old pictures. Prizes will be given to the youngest and the oldest and the one who traveled the furthest.

The Grove's Bluegrass and BBQ Festival
Saturday, August 14th, 4:00 p.m. to 9:00 p.m.
The Grove Church
2150 Kingston Highway
Kingston, TN 37763

Roy Freels Singers will perform from 6:00 p.m. – 8:00 p.m.

Local Vendors, Live Music, Food Trucks, Games, Inflatables

If you are interested in being a vendor please contact

Kara Clayton at rowintn@bellsouth.net

For information call 865-567-3537



Tom Redmon
Columnist

One Unforgettable Fishing Trip

Some of my happiest days have been spent on the banks of the Obed and Emery River. I can't tell you how many nights we camped out on the Obed River, but it

was an adventure for this youngster who could have lost his life there. This is my story that I have been silent on for many years.

Planning a fishing trip can be fun and for a ten-year-old boy who seldom left home it only came once or twice a year. Sometimes we started planning two weeks ahead of the trip. We needed to catch minnows and dig worms. We had to go to the store to get the few items we usually took to eat while on the river bank. A staple was always pork and beans. We always took crackers and Vienna Sausages and anything from home like fruit and raw vegetables. If we had enough money, we would get a few moon pies and cokes. Anything tastes good on the river bank.

Since we were going in cousin Russell's Buick, and there would be seven of us, we didn't have a lot of room to take a bedroll. We usually took an old quilt that mom would reluctantly allow.

This trip would be in May and the nights were still chilly. We counted on making a big fire to keep us warm.

The night before the trip I slept very little. I could shut my eyes and see that big body of water called Mouth Obed. Exciting times were just ahead.

Russell's car, a 41 Buick was real low on the ground and with seven of us in it there was no way we could get on rough ground. There was a place you could park and walk on down to the river.

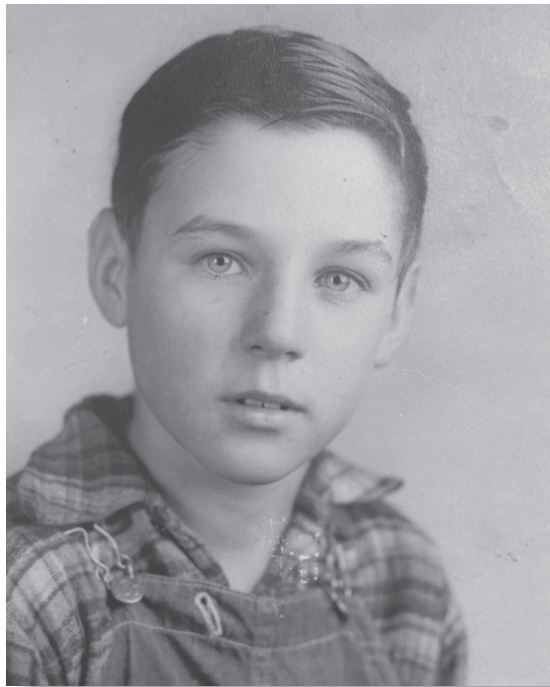
When we got to Emery River, we found that it was up and we would have to wade across. We pulled our shoes off, rolled our britches up and braved the cold water. It seems that those streams did not get warm until the middle of July.

When we got across Emery, we headed up Obed to a bluff that would offer us some shelter. We put our food away and hoped the rats or other animals would stay away. We had never had any trouble before but we knew it could happen. It was hard for them to break into a can of pork and beans.

Allen and I couldn't wait to get down to the river. We cut our poles on our way down to the water. We got on a flat rock and it wasn't long before I caught a redeye and Allen caught a little bass; nothing big but we didn't seem to care. We were happy just to be on the river. I don't remember even leaving Obed with a string of fish. We were in trouble because we had no proof still when we thought about taking a fish-

ing trip and staying overnight it was usually Obed where we ended up.

There are bluffs on either side of the Obed-Emory River and on this day the sun was bright as white fluffy clouds floated across the beautiful blue sky making the gorge a beautiful picture. Being a ten-year-old boy, I always wondered what was on the other side of Whiley Arma Mountain. I had never been away from Morgan County but I



Tom Redmon at the age of 10 (Photo Submitted)

had read about the many scenic sites that our wonderful country had to offer. Geography was my favorite subject in Mrs. Eva Adcock's third grade class and I marveled at the beautiful scenic pictures and the world that God had given us to grow up in. As an adult I would get to see some of those places like Yosemite, Yellowstone and the Rockies but our mountains are still number one for me. We take it for granted, but East Tennessee is hard to beat for beauty.

We fished most of the day then headed to the bluff and helped get wood for our fire. This would be another part of camping that I loved. We got to sit around the fire and listen to Dad and the other adults tell big tales. Ralph had been in WWII and he loved to talk about what he had seen and done. Some always stayed up most of the night but around ten o'clock I had to get my old quilt, place it close to the fire and try to sleep. Little did I know at the time, but the next

day would be one of the most eventful one's in my life.

It came daylight and I could hear the adults talking about their coffee and lack of breakfast food. I still can't remember what I ate or drank but it wasn't much. We could be going home today so I didn't need much.

We put our fire out and headed to the river. I remember it was a beautiful, sunshining day. As we got near the river Dad said he saw a big Jack swimming toward us. He got out on one of the big flat rocks and started casting. Everybody came out on the rock. The three boys who had the 22 rifles were loading up. Allen and I were lagging behind, but we did end up on the rock. One of the boys had found some soft drink cans and he threw them as far up the river as he could. The ideal was to use them as targets as they floated down. All three boys opened up firing at the cans. I thought dad should have stopped them but he didn't. It sounded like a war was going on. Here I stood trying to see if Dad was going to catch the big Jack fish. I had no idea what was going to happen.

One of the boys turned around thinking he had shot all his shells and pulled the trigger. All I can remember after that is laying on the big rock flat on my back. The boy said, "Oh my goodness I have shot Tommy!" Dad threw his rod and reel down and came forward saying "you have killed him."

I don't remember who pulled my leather jacket off but they all stood over me not knowing what to say or do. Dad looked at cousin Russell and said I should throw that gun into the river. The boy was as white as a sheet said,



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“here it is, go ahead.”

They unbuttoned my shirt, pulled up my tee shirt and all that you could see was a little red spot. No blood or anything. They asked me if I could stand up. I was so scared with what Dad said about being killed that I just sat there. Finally, they got me up after putting some tobacco juice on the wound.

I don't know how long we stood there on that big flat rock with many things going through our heads. That is where my life could have ended, except God had a lot more for me to do in life.

It was very difficult getting back to the road where Russell's car was parked. Crossing Emery was a real challenge. I think I threw up twice before we got to the railroad above Obed. I guess someone would have offered to carry me; I wasn't very big or heavy but I walked on my own. I've always been very independent and I've tried to take care of myself. The bullet was in my chest and I would find out that if it had gone another inch, it would have hit a main blood vessel to my heart.

When Russell let us out, we met Mom walking to HWY-62 to catch her ride to Liberty Church. Dad told her about the accident and her reply was

about what I thought she would say, she said, “well if he were here to go to church that wouldn't have happened.” Deep inside my heart I knew she was right but there was no way I could have missed this fishing trip.

Monday morning came and my shoulder was so sore I could hardly move my arm. When Dad got in Mom laid the law down, she said Perry you should have taken Tommy to the hospital yesterday and had his chest x-rayed. We don't know exactly what damage that bullet has done. We need to take him to the Harriman Hospital now and get an x-ray.

We went up to Ralph's house to ask him to take us to the hospital. Ralph had bet Dad that there was no bullet in my chest; more than likely a rock had hit him. He bet \$5.00. I was ten-years-old but I knew that it took more than a rock to knock me flat on my back. We would all know the truth soon. They took three x-rays; different angles. When we looked at it, we were all amazed. The bullet was there alright on x-ray untattered. Even though it had hit a rock before hitting me I still experienced the full velocity of the bullet's force.

Dr. Bowman said this boy is lucky,

if it had gone another inch, he could have bled to death before he got out of the place where he was shot. He told us he didn't believe we needed to take it out. He didn't explain why, but here today at 85 I still carry the bullet. I got a tetanus shot and that was it.

The Navy wouldn't take it out but it concerned them and I was called to sick bay to get more x-rays in which I tried to talk them out of.

I had a lot of clothes on when I was shot. I had a leather jacket, a heavy flannel shirt, another shirt and t-shirt. I had a lot of papers in my shirt pocket that the bullet pierced. How much they slowed the bullet down, I don't know. I really think the Lord was with me and protected me on that day. I have never blamed my cousin for shooting me. It was an accident and could have been any of the boys, even my brother.

It has been around seventy-five-years since this happened. Most of the people I know have not heard this story. I didn't even share it with my classmates. I think all of us learned a valuable lesson on that flat rock at Mouth Obed that day, and this is to never point an empty gun where people are standing. It could be loaded.



MSG Fred Mize

is being attacked by angels. Born-again Christians are in an all-out war against him. We cannot grow weary. We cannot grow faint. We must always be ready to take a stand and fight for we are constantly under a barrage of attacks. Our children and all who are lost depend on our fight.

In Revelation 12 we learn of Satan's betrayal to God in heaven. Satan didn't act alone but persuaded one-third of the angels to follow him in his wrongful pursuit for power and glory. For their betrayal and rebellion, a great war raged in heaven and Satan and his angels were cast out of heaven to earth.

Declared War

By: MSG. Fred Mize

Satan committed an act of war in heaven and declared war on earth. Don't be in denial of the fact that we “everyone on earth”

Satan and his fallen

Now, Satan has brought his wrath against all who inhabit the earth. He now rages war against all who keep the commandments of God and have the testimony of Jesus Christ.

Be battle-ready my brothers and sisters-in-Christ and fear not for Satan has al-

not their lives unto the death.

Be not dismayed my brethren for the LORD will fight alongside us!

Isaiah 41:13, For I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee.

How can any born-again Christian have any fear after gaining the knowledge that the LORD Himself, God of all creation, holds our right hand and tells us to fear not and that He will help us? The war rages on but so does the power, love, mercy, and grace of the LORD, God, Jesus



ready lost his war on earth by the mighty power of the blood of the Lamb and by the word of our testimonies.

Revelation 12:11, And they overcame him by the blood of the Lamb, and by the word of their testimony, and they loved

Christ!

I encourage you to not focus on the war that rages on all around us and within our lives but to focus on holding the hand of the LORD and tell everyone your testimony of what He has done for you...

Drug Court: Road To Recovery

Morgan County Drug Court Leads to Second Chances

Lacey and Dustin King shared their testimony regarding their past drug use and recovery through the help of the Morgan County Drug Court. They both had been using drugs for over twelve years and have been clean before but never could fully get past everything to stay clean. This is their story, their testimony, of how they overcame their drug addictions and regained their lives back.

Lacey King stated that on July 25, 2020 her and her husband Dustin were arrested and placed in jail for violation of probation (VOP). It was Dustin's first offense of VOP but Lacey's second offense.

They were given options to choose from for the punishment of their convictions. They could have chosen 90 days in jail with probation or drug court.

Lacey explained that drug court is a 5-step system closely monitored by; a drug court coordinator, a certified drug counselor, the county judge, a probation officer, and several district attorneys. The 5-steps become less strict as you move up through the program. The drug court program is very structured with; at home drug screens at a moment's notice, curfews, classes, family sessions, intense therapy, and marriage counseling if needed. Medical and community help is also available if needed.

From Lacey's experience she learned firsthand that the drug counselor is available at any time. The whole team wants you to feel like you can count on them no matter where you are in your journey. They want to help. She said, "That's not to say they won't give you a swift kick if you start showing signs of regression."

The King's explained that their experience with the probation system is hard to get out of. It is a nev-

er-ending cycle. Lacey said, "Dustin and I have been on one charge since 2017. The option to take drug court was a life changing one. We are able to work through our past traumas, addiction,

jobs, a home, and working on going back to school.

They've even given back to Morgan County through volunteer work and by courageously sharing their testimony. According to Lacey

pastor at Coalhill Baptist Church (149 Coal Hill Road, Coalfield, TN 37748) asked us to come one Sunday and we've never left. We enjoy the church family and have been welcomed openly no matter our faults.

We, like other past drug addicts, are often judged and never forgiven or so it feels like that but with loving Christians and family members able to see the changes in us we are able to earn trust back and work on providing for the family we've made. We have been married for fourteen years in July and it is extremely rare to find a couple who's gone through addiction then to be in recovery together. Its almost unheard of. We are here to tell you it can happen.

We will both admit it is not easy. It is stressful, it is a lot of give and take and making changes is never fun. However, with hard work, determination, and a willingness to learn and change who you associate with, the places you go, and the things you decide to do, you can also recover from addiction."

The Kings hope that their testimony inspires others who struggle with addiction to gain hope and choose to also get help through the Morgan County Drug Court.



marriage and have support along the way. The goal is to become beneficial members of society once again. A lot of people think they will never get out of addiction. It is a cycle that is so hard to break if you stay in the same environment as before in addiction. With the help of drug court, you can make a better life for yourself and your family."

Due to being incarcerated the Kings decided to give custody of their two children to Lacey's mother in 2019 because they were in jail and did not want DCS to get involved.

Through the success of the drug court program, the Kings have successfully regained custody of their children. They've also gained

"one major life changing decision has been going back to church full time. TJ Aytes





Carol Hall
Author

Disappeared: Chapter 5: Part II

Rick & Chris-Day 2, cont.

As Brutus came closer, Maggie realized he kept glancing up at the sky. She focused her own attention there and noticed that clouds were quickly forming. Big, black storm clouds. Where did they come from? She had been so busy looking for her camera, she hadn't noticed the change in weather. But no rain had been predicted for this weekend. However, by the looks of those clouds, it was going to be a bad storm.

The forest was suddenly rocked with loud booms of thunder. The sky suddenly turned an ominous gray. The wind picked up, bringing with it the sweet earthy smell of the impending rain.

Brutus grunted roughly at Rose who jumped up with amazing agility for something so big. She grabbed an unsuspecting Maggie firmly by the arm and jerked her to her feet.

"What's going on?" she asked Rose, panic settling over her. "What are you doing?"

Rose, still holding onto her arm, began dragging her toward the woods. Sticks and rocks jabbed into Maggie's feet causing her to stumble and cry out in pain. Without her boots, she felt every rock and stick she stepped on. She tried to pull away from Rose, but she had a firm grip on her and no amount of pulling and tugging could get Rose to release her.

"Stop!" she yelled. "You're hurting my arm, Rose!" She tried yanking her arm back, but Rose would not let go. She continued to drag her deeper into the woods despite Maggie's protests.

Maggie started slapping at Rose's hand and trying to pry her fingers loose as she was dragged through thick underbrush and along rocky, tree branch laden terrain.

Her arm was going numb from Rose's vice like grip and pain was shooting up through her feet. Thorns and bushes were snagging her clothes and tearing at her skin.

She was just getting ready to yell at Rose again when Brutus came stomping up behind them.

Rose released her arm just as Maggie was grabbed from behind and suddenly swung through the air and up over Brutus's massive shoulder. She landed with a thud as her stomach connected with his body, knocking the wind out of her for the second time that day.

Rick & Chris-Day 2, cont.

A torrential downpour swept over the area. Thunder crashed overhead and lightning streaked across the darkening sky.

Everyone in the search party was drenched and muddy. Negotiating the trails was difficult due to the mud and poor visibility, but they pressed on up the trail.

Ranger Williams, who was familiar with the trail, led the group. The going was tough, but he knew the searchers were tough too. He had worked with many of them before on previous searches and knew a little rain wouldn't stop them. These people knew the risks and were familiar with hiking in the back country. They were a real asset on these kinds of searches and he was thankful for each and every one of them. He had a feeling they were going to need all the help they could get.

It was going to be a difficult search. The rain would wash away any footprints there might have been, as well as possibly destroying any scent the dogs might have picked up. A light rain wouldn't have done so, but this heavy rain was a game changer.

They wouldn't be able to begin the search until morning and that gave the rain more of a chance to erase any clues. Well, he thought, there was no help for that. It would take them longer to get to the two campsites in this storm and setting up would be much harder as well. The campsites would be nothing but muddy messes.

He had helped on many searches over the years, but this one was already starting off as a hum-dinger. He sure hoped this wasn't a sign of how the whole search would go. But his gut told him they were in for a rough time.

Nick and Chris followed closely behind Ranger Williams. Nick wanted to be in the front of the pack so if anything came over the walkie talkie Ranger Williams was carrying, he would be one of the first ones to hear what it was.

As they lumbered along the trail through the storm, Nick noticed that the group had slowed down quite a bit. The heavy rain was making the trek difficult, causing the path to be slippery and muddy. Visibility was limited to just a few feet in front of them.

Although mud caked his boots and water ran down his back, soaking him, Nick didn't slow down. He had to get up there to help Maggie. He didn't care how wet or muddy he got. He just had to get up there as quickly as possible.

At least it wasn't cold though. The rain and mud were bad enough, but being cold on top of it would have made things even worse.

He couldn't help but worry about Maggie. Did she find shelter somewhere? Was she traipsing through the forest in all this rain? His concern for her grew as the day progressed.

He scanned the woods all along the trail hoping that maybe she would magically appear and come out and apologize, telling him that she had accidentally wandered off the trail and got lost, but she found her way back, everything was ok and could they just go home now. He knew it was just wishful thinking, but still he kept watching the woods.

The muddy, soaked and exhausted group of searchers plodded their way along the trail for several more hours. Darkness had settled over the mountains as they fought their way through the sludge, heavy rain and fog, until they finally reached the campsite that was to be used as base camp. The site was a mess. Rivulets of water ran throughout the site creating little ditches and water puddles everywhere.

The group immediately got to work setting up their tents and hanging food stuffs up in the trees to keep the bears away from it. It was to be two people per tent. The dogs would bunk with their handlers. Within an hour, there were about twenty tents set up around the site. It was a bit cramped, but no one cared. Everyone was just glad to be able to crawl into their tents and out of the rain for the night.

After setting up base camp, Group "A", which was about half the searchers, stayed at the site, while Group "B" moved on to the campsite further up the trail.

Base camp simply wasn't big enough to hold all the searchers, so Ranger Williams stayed with Group "A" at base camp, while another Senior Ranger, Ranger Abbott, went with Group "B".

Nick and Chris stayed at base camp. Since this was the camp they had stayed at the night before, it only made sense they would stay here now. It was the starting point of the search in the morning and Nick wanted to be the first one out of the gate, so to speak.

Once Nick and Chris got their shared tent set up, they removed as much of their wet and muddy clothing as possible, then collapsed on top of their sleeping bags.

"I am so exhausted, I could sleep for a month," Chris groaned. He was laying on his back looking up at the roof of the tent. "Do you think the rain will let up by morning?"

Nick just lay there silently for a moment listening to the rain falling. He was wondering the same thing. "I don't know. I hope so. All this rain is going to make the search difficult."

"Well, we have the dogs. That will help a lot."

"Maybe."

"Maybe? I thought you said Mr. Peterson said they were the best dogs in the state." Chris said, rolling over to look at Nick.

"He did, but I don't know how they will pick up a scent with all this rain. It's an outright mess out there. Any footprints will be gone for sure, let alone any scents."

"Well, with all these people, we're sure to find something to lead us in the right direction, don't you think?"

"I sure hope so, Chris." Nick said.

He really just wished Chris would stop talking and go to sleep. He appreciated the fact that he was there, but right now he was worried about Maggie and tired from the long day. He didn't want to have to keep up a conversation. He knew he wouldn't be getting any sleep tonight either, so he just wanted to lay in the dark and pray. Pray that the rain would stop. Pray that they found Maggie. Pray that they found her safe and alive. Yeah, he definitely wouldn't be getting any sleep tonight.

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Carol Hall was born and raised in Chester, West Virginia, but she currently lives in Lansing, TN with her husband and three cats. Her writing career began with her first book, Disappeared in November 2019. Since then she has written several more books including The Journey North, The Inheritance, Full Moon Rising, The Witch of Broenwyck and Saving Grace. Her love of writing began at an early age when her father would tell her and her sisters fun, adventurous stories he created out of his own imagination. These stories sparked an interest in Carol to tell her own stories.

Carol's love of writing has spread across several different genres including, action/adventure, mysteries, horror, and drama.

NOW HERE'S A TIP

By JoAnn Derson

* Stuck zippers can be loosened with graphite powder, or simply by tracing a pencil lead over the zipper.

* "The best way to get a bloodstain out of clothing is by dousing the stain with hydrogen peroxide and washing as usual. For clay stains, you absolutely must have a Fels-Naptha bar. It looks like a bar of soap, and you wet the material and rub in the soap. It's magical. This, coming from a softball mom whose daughter loves to slide." -- A.A. in Florida

* Clear bins make it easy to group like items in your pantry. You can remove the bin, get what you need and replace it, rather than digging through cans and boxes on a shelf and having to straighten it back up when you're done.

* A better use for soda: Use it to scrub your pots and pans. If you have grime and slime, try letting the acids in soda pop work it out for you. Pour enough soda to cover the bottom of the pots or pans and let soak for 5-10 minutes. Then scrub away.

* "If you have a retractable cord on your vacuum, try this trick. Clip a clothespin at the optimum length, and the cord will not retract past that point. So, no more snapping right out of the outlet, which used to happen to me." -- P.L. in Tennessee

* Use rubbing alcohol to clean window frames. It evaporates quickly with no residue left behind.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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STRANGE BUT TRUE

By Lucie Winborne

* In a practice called sexual death feigning, female dragonflies play dead to avoid sex. Why? A scientist at the University of Zurich observed that, when faced with aggressive males, female moorland hawk dragonflies will freeze in mid-air, fall to the ground and lie motionless in an attempt to avoid injury and sometimes even death that can result from being coerced into mating. Four other species, including the spider and praying mantis, are known to do this as well.

* When Victor Hugo was facing a tight publication schedule for "The Hunchback of Notre Dame," he asked his valet to confiscate his clothes so he

wouldn't be able to leave the house.

* For several decades, Vincennes University in Indiana offered a degree in Bowling Management that allowed students to gain entry-level jobs in the bowling industry by offering classes on sales, pinsetter mechanics and pro shop operations.

* President John F. Kennedy was buried without his brain. The original reason given was that it had been "lost" during his autopsy, but in 2018, newly released U.S. government documents revealed that his brother, Robert Kennedy, ordered the brain secretly destroyed to ensure that it would never be displayed in a museum.

* Eating Kentucky Fried Chick-

en on Dec. 25 is such a popular tradition in Japan that the chain asks customers to place their orders at least two months in advance. The custom started in 1974 when it was introduced to Japan for visitors who were looking for a dinner that resembled a traditional holiday meal.

* Aside from being the first commercially successful 3D game, Battlezone also was used by the U.S. Army to train tank gunners.

Thought for the Day: "Take a walk outside -- it will serve you far more than pacing around in your mind." -- Rasheed Ogunlaru

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
 ♦♦♦ HOO BOY!
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King Crossword

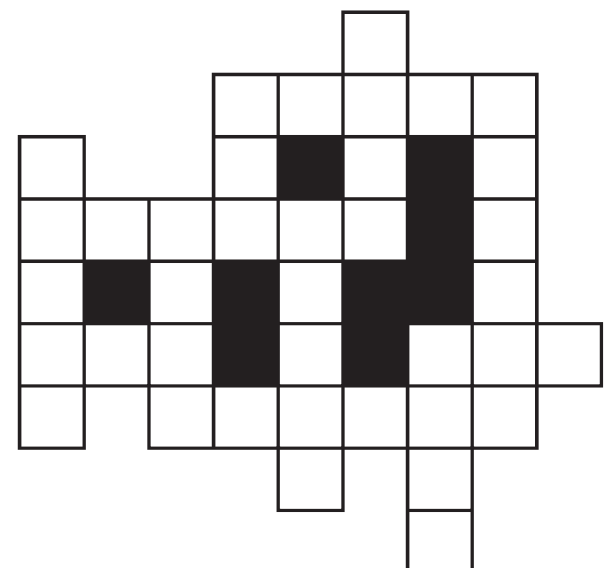
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|--|---|---|--|
| <p>ACROSS</p> <p>1 Scepter</p> <p>4 Israeli airline</p> <p>8 Staffer</p> <p>12 Brit. record label</p> <p>13 The Big Easy acronym</p> <p>14 Not worth debating</p> <p>15 Picnic crasher</p> <p>16 Bird with yellow plumage</p> <p>18 Popular take-out entree</p> <p>20 Use a shovel</p> <p>21 Golden Fleece ship</p> <p>24 Atkinson of "Mr. Bean"</p> <p>28 Wood pigeon</p> <p>32 Long tale</p> <p>33 Mil. morale booster</p> <p>34 Gladden</p> <p>36 Decay</p> <p>37 Lost traction</p> <p>39 Pink wading bird</p> <p>41 King of Judea</p> <p>43 Faux pas</p> <p>44 Belly</p> <p>46 Tribal emblem</p> <p>50 Coastal diving bird</p> <p>55 Chopper</p> <p>56 — mater</p> <p>57 Bassoon's kin</p> <p>58 Director</p> | <p>Burton</p> <p>59 Longings</p> <p>60 See to</p> <p>61 Packed away</p> <p>DOWN</p> <p>1 Harvest</p> <p>2 Hotel chain</p> <p>3 Bubblehead</p> <p>4 Fencer's cry</p> <p>5 Brit's restroom</p> <p>6 100 percent</p> <p>7 "Shane" star</p> <p>8 Juan's pals</p> <p>9 Charged bit</p> <p>10 Medico</p> | <p>11 Ordinal suffix</p> <p>17 Fragrant tree</p> <p>19 Abrupt turn</p> <p>22 Michelle Wie's game</p> <p>23 Cameo shapes</p> <p>25 Tip off</p> <p>26 Awestruck</p> <p>27 Peacekeeping org.</p> <p>28 Hurry</p> <p>29 Capri, for one</p> <p>30 Pinot —</p> <p>31 And others (Lat.)</p> <p>35 Sent forth</p> | <p>38 Doctrines</p> <p>40 Wall St. debut</p> <p>42 Pair</p> <p>45 Jog</p> <p>47 "Toodle-oo!"</p> <p>48 Way out</p> <p>49 Viral web phenomenon</p> <p>50 Low isle</p> <p>51 Flamenco cheer</p> <p>52 LBJ's successor</p> <p>53 Copper head?</p> <p>54 "Smoking or —?"</p> |
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- UND
- PLUREM
- ♥ ELTAS
- HMTA
- FLAMUR
- PFO
- PHEO
- MARAD
- ♥ OMT
- ♥ LESHTO
- ROFAL
- ♥ EFDA



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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BIBLE TRIVIA

by Wilson Casey

1. Is the book of Sadducee in the Old Testament, New Testament or neither?
 2. In Matthew 12:9-14, what does Jesus tell the Pharisees it is lawful to do on the Sabbath? *Tend to sick, Pray out loud, Feast together, Do good (well)*
 3. What did Saul use a couple of times in attempts to kill David? *Poison, Spear, Mallet, Sling*
 4. From Judges 8, which city refused to give food to Gideon's army? *Succoth, Thessalonica, Tarsus, Gaza*
 5. Why did David meet Goliath without armor? *Faith in God, Not used to wearing, Too poor to buy, Size not handy*
 6. Who was the mother of Gad and Asher? *Jezebel, Anna, Rachel, Zilpah*
- ANSWERS: 1) Neither; 2) Do good (well); 3) Spear; 4) Succoth; 5) Not used to; 6) Zilpah

"Test Your Bible Knowledge," a book with 1,206 multiple-choice questions by columnist Wilson Casey, is available in stores and online.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

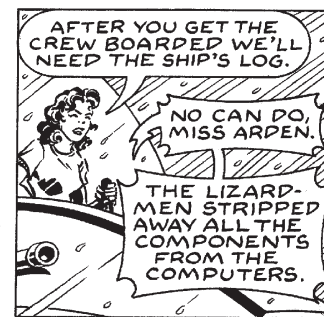
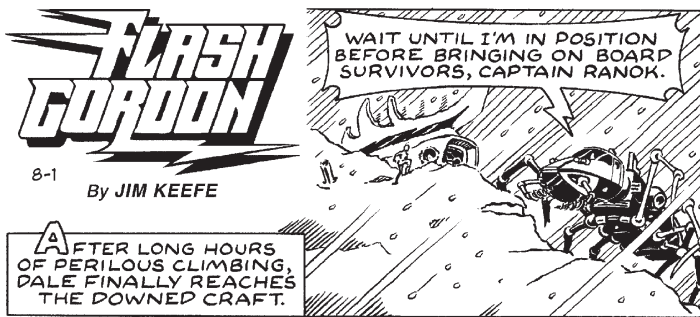
Banana-Raspberry Custard Treats

Did you know that the botanical name for bananas is *Musa sapientum*, which means fruit of the wise men? If you're a wise person, you'll stir up this tasty, healthy and easy recipe featuring bananas, which are loaded with potassium and vitamin C.

- 1 cup (one medium) diced banana
- 1 1/2 cups fresh red raspberries
- 1 (4-serving) package sugar-free vanilla cook-and-serve pudding mix
- 2/3 cup nonfat dry milk powder
- 1 1/2 cups water
- 1 teaspoon coconut extract
- 1/4 cup reduced-calorie whipped topping
- 4 teaspoons flaked coconut

1. In a medium bowl, combine diced banana and raspberries. Evenly spoon fruit into 4 parfait or dessert dishes.
 2. In a medium saucepan, combine dry pudding mix, dry milk powder and water. Cook over medium heat until mixture thickens and starts to boil, stirring constantly. Remove from heat. Stir in coconut extract. Spoon hot pudding mix evenly over fruit.
 3. Refrigerate for at least one hour. Top each serving with 1 tablespoon whipped topping and garnish with 1 teaspoon coconut flakes. Serves 4.
- Each serving equals: 137 calories, 1g fat, 5g protein, 27g carb., 181mg sodium, 3g fiber; Diabetic Exchanges: 1 Fruit, 1/2 Skim Milk, 1/2 Starch.

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Just Like Cats & Dogs

by Dave T. Phipps



"HA-HA-HA-HA-HA! ... Man, I hate to

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12 PERSON OVER THE TOP BATTLE ROYAL
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COALFIELDS' OWN THE STEV CREW vs BRIAN RIVERS vs EXCELLENCE OF ANTIQUARIY vs NOAH
JERRY SAMPSON vs HOSNHAN

SEMI MAIN EVENT
JCP SOUTHEASTERN HEAVYWEIGHT TITLE MATCH "THE LEGACY" AJ CAZANA VS. RT 3 (CHAMPION)
THE BLAIR SISTERS vs ARIE ALEXANDER & ELLE ENVY vs JOE BRIGGS

RINGSIDE \$15 GEN. ADMISSION \$10
STUDENTS K-12 \$5 KIDS 4 AND UNDER FREE
BELL TIME AT 7:00 PM DOORS OPEN AT 5:30PM
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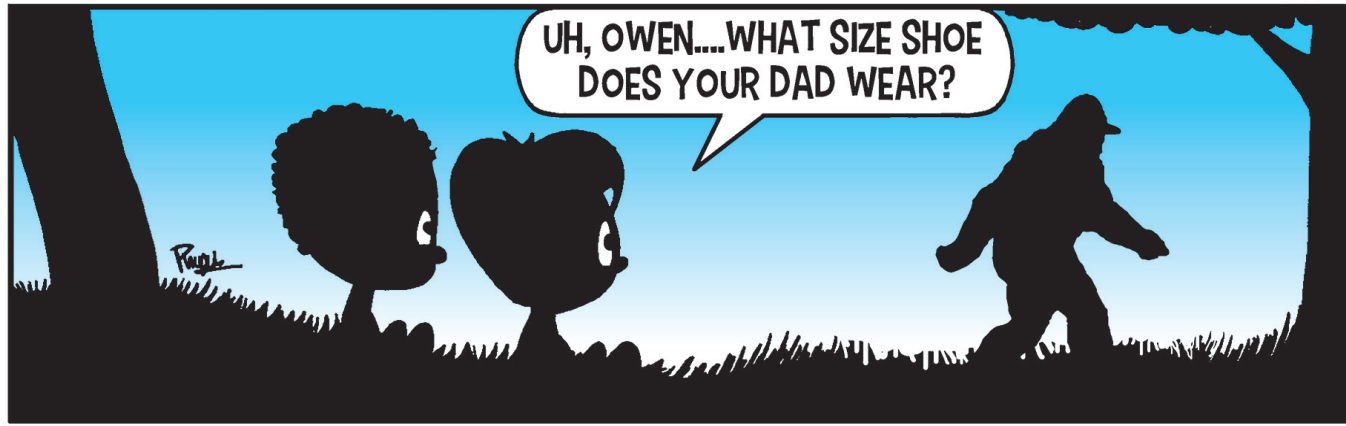
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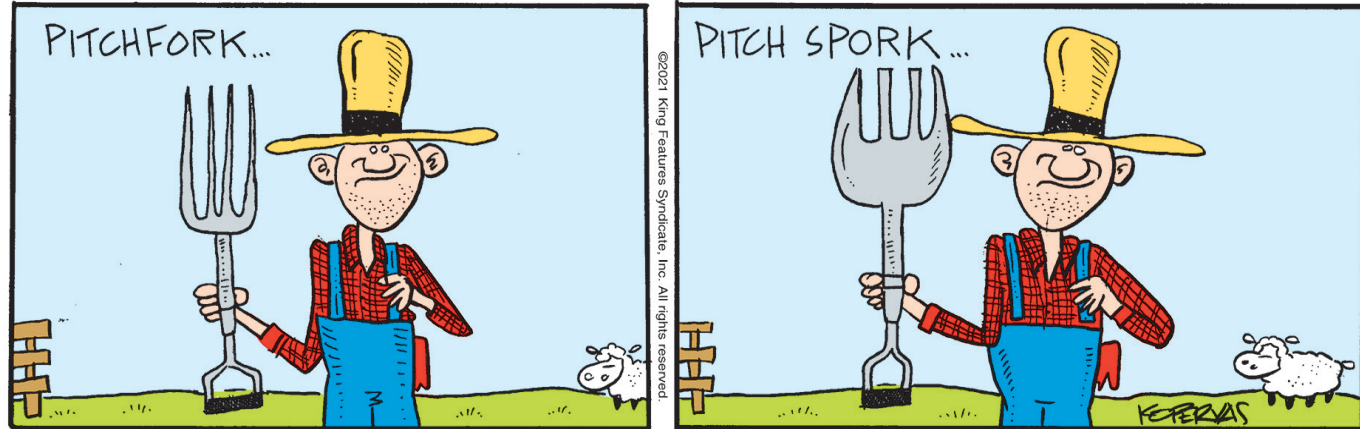
Amber Waves

by Dave T. Phipps



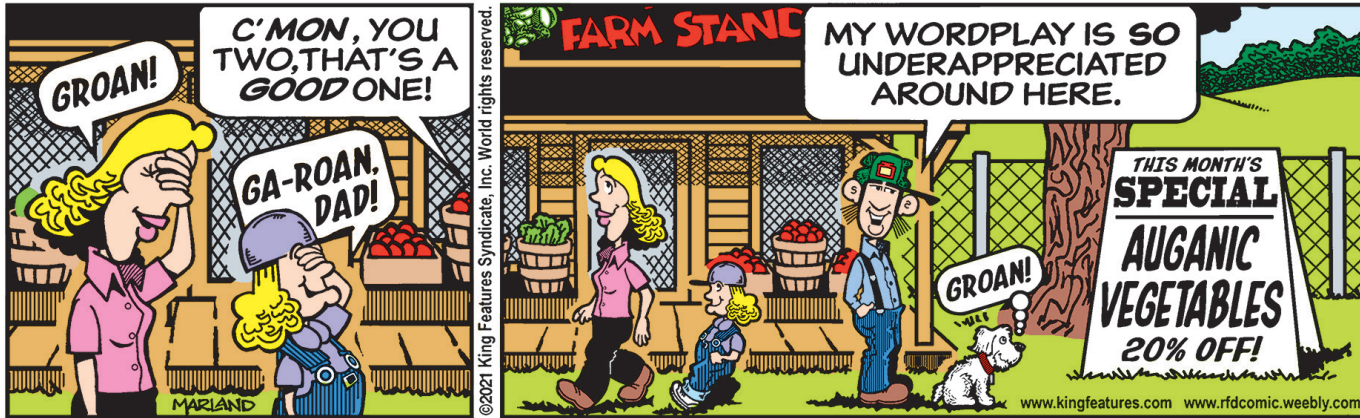
Out on a Limb

by Gary Kopervas



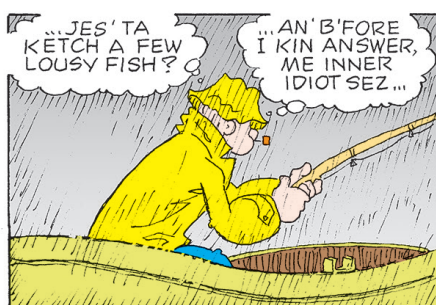
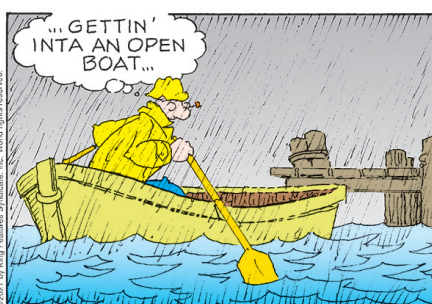
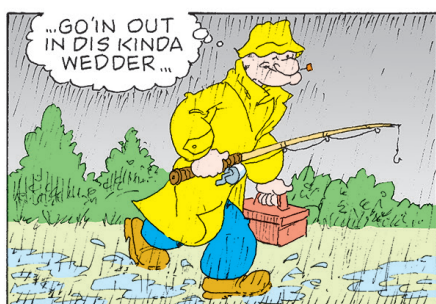
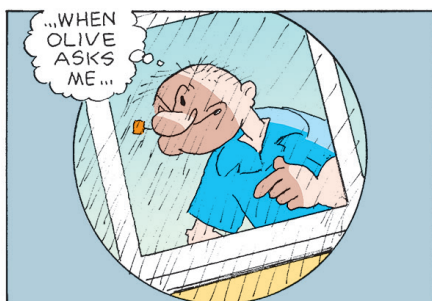
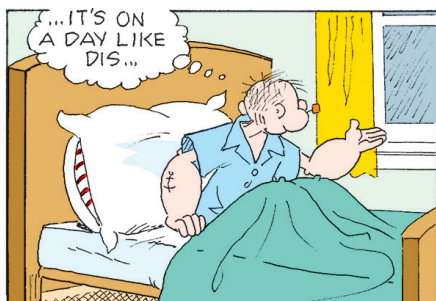
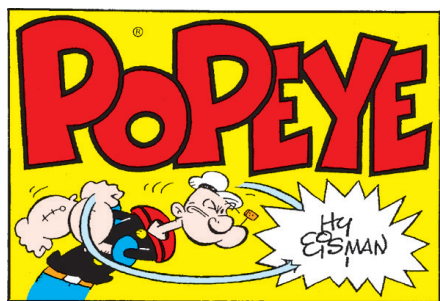
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



MOMENTS IN TIME

The History Channel

 * On Aug. 24, 1875, Capt. Matthew Webb of Great Britain becomes the first person to successfully swim the English Channel without assistance. Webb reached shore in 21 hours and 45 minutes. In 1883, Webb attempted to swim the Niagara River and drowned in 10 minutes.

* On Aug. 23, 1902, pioneering cookbook author Fannie Farmer, who changed the way Americans prepare food, opens Miss Farmer's School of Cookery in Boston. Farmer later educated medical professionals about the importance of proper nutrition for the sick.

* On Aug. 27, 1938, George E. T. Eyston breaks his own automobile land speed record with a 345.49 mph run at the Bonneville Salt Flats. His Thunderbolt had two 2,000-horsepower Rolls Royce motors geared together.

* On Aug. 29, 1942, the Red Cross reveals that Japan refused free passage of ships carrying food, medicine and other necessities for American POWs held by Japan. Japan allowed just 10% of what POWs elsewhere received.

* On Aug. 25, 1950, in anticipation of a strike by railroad workers, President Harry Truman issues an executive order putting America's railroads under the control of the U.S. Army, saying it was necessary for the protection of American citizens as well as "essential to the national defense and security of the Nation." He used the same justification for seizing control of steel plants.

* On Aug. 26, 1974, Charles Lindbergh, the first man to accomplish a solo nonstop flight across the Atlantic Ocean, dies in Hawaii at age 72. To reduce weight during his famous 1927 flight, everything not essential was left out: radio, gas gauge, night-flying lights, navigation equipment and parachute.

* On Aug. 28, 1988, an airshow at Ramstein Air Base in Germany turns tragic when three military fighter jets collide in mid-air and fall into the crowd. Seventy of some 100,000 spectators died and hundreds more were injured.

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THE RICH LOWRY COLUMN

By Rich Lowry

The President Who Wasn't There

Teddy Roosevelt fervently believed that the president of the United States should be at the center of the political universe, constantly attracting attention to himself. But he'd never met Joe Biden.

Biden is the most powerful man in the world and yet makes almost no impression.

No one, besides political and media professionals, wonders what Biden is going to say about something or considers him a figure of fascination. In fact, he barely rates.

His recent CNN town hall was a fizzle, averaging only 1.5 million viewers. Fox News easily beat it with its regular programming, and MSNBC had more viewers as well, dumping the president of the United States into third place in the cable-ratings race. He's underperformed in more formal settings, too. Biden drew 27 million for his first address to a joint session of Congress, whereas Donald Trump drew 48 million.

The contrast with Trump's constant, impossible-to-ignore cocktail of provocation and political melodrama, naturally makes Biden's approach even more stark.

He's the Olympic badminton competition after a WWE match; he's elevator music after a heavy metal concert; he's the sparkler after a fireworks display.

Biden's presidency is, in this sense, practically premodern, almost hearkening back to the pre-mass-media days when presidents were neither seen nor heard.

Of course, this is in part a deliberate choice by the White House, playing on the contrast with Trump and limiting Biden's exposure to avoid distractions (and gaffes). Being a notably low-voltage political figure worked for Biden in his comeback primary campaign and in the 2020 general election, so why not as president?

As a result, Biden strangely doesn't feel like the main event of the Biden years.

Assuming it arrives, the midterm backlash in 2022 won't be directly about Biden; instead, it will be driven by the Biden-adjacent issues of the border, crime, critical race theory and -- if they reemerge in force -- mask mandates and school closures.

Biden is the prime driver of only one of these issues, the crisis at the border that easily could have been avoided by keeping in place the policies the Trump administration had implemented to get control of the flow of migrants.

In other words, the culture war itself is likely to be the overwhelming issue in 2022, rather than the president.

This would be a marked departure from the midterm shellackings that Bill Clinton and Barack Obama got in 1994 and 2010, which were deeply personal rejections of both men (Clinton was viewed as a draft dodger unworthy of the office and Obama as a crypto-socialist hostile to American exceptionalism).

If no one on the right is enamored of Biden, very little energy is invested in opposing him as such.

Indeed, the idea that tends to generate the most interest and passion isn't that the president is assiduously working to destroy the American way of life so much as Biden -- whose verbal meanderings can be truly bizarre -- isn't in charge at all.

Given the alternatives, this probably works in Biden's favor. He is pushing a truly radical spending agenda that would, if championed by a more in-your-face progressive president rather than someone who feels like a caretaker, surely be met with much fiercer resistance.

But there are risks to Biden, too. If his spending agenda founders, it's not clear what comes next. Even if the White House decides to try to "unleash" Biden, he is not well-suited to rallying the country or driving an agenda.

His low-intensity presidency may, as his advisers hope, help create a sense of a return to normality in Washington, but it easily could be consistent with a disturbing sense of drift. Usually, the dynamic of the presidency is if you don't seem to be in control of events, they are in control of you.

The test for Biden will be if, eventually, he has to be the dominant public figure in his own presidency.

Rich Lowry is editor of the National Review.

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Donna's Day

Creative family fun

by Donna Erickson

"Scrubbing Day, Is a Holiday"

"Squirt ... and slide, squirt ... and slide," chant 7-year-olds Cy and his friend Jane, as they clean and polish hardwood floors to the beat of Beatles tunes. Simply put, they're dancing away the grime!

Reminiscent of the Pippi Longstocking caper where the unconventional Pippi and her best friends Tommy and Annika fastened scrub brushes to the bottom of their feet and breezed through mounting soap suds on the kitchen floor, singing "Scrubbing day, is a holiday!" Cy and his friends have discovered that cleaning floors can be playful in their homes, too.

Inexpensive hand towels are wrapped under and over their feet and fastened together at the ankles with a thick rubber band. When the music blasts through the speakers in the family room, on cue they grab decorated plastic water bottles filled with a vinegar/water cleaning solution (1 part white vinegar to 3 parts water) and begin their "squirt ... and slide" routine to clean and shine the hardwood floors.

"Keeping a home clean and organized can be lighthearted and fun," says Cy's dad, Tim Gleason, father of three and owner of a neighborhood car-repair shop. Even friends like to join in from time to time. When kids perform their version of adult tasks, responsibility triumphs.

He coined a term -- "Team Gleason"

VETERANS POST

by Freddy Groves

All Hands On Deck

The older veterans were arrayed along the back parking lot, watching the construction of two tiny homes for Veterans Village. My mission, which I accepted, was to sidle up to one of them, the very elderly Frank, and see how I thought he was doing. I reported back to Sarge: "Well, for starters, I couldn't tell you the last time he washed his clothes or took a shower. Looks sad." Sarge nodded and stabbed numbers into his phone. I overheard his end of the conversation with his granddaughter.

"Baby girl, this is Granddad. You up for a spy mission?" He gave her the particulars, and when she called back 15 minutes later he put her on speaker phone.

"His wife has been in rehab for over a week, chest congestion, not COVID, getting better. Your guy Frank hasn't answered his phone this whole time. She's frantic and nobody at rehab will

— to encourage his young children to work together as a family team when getting everyday jobs done. "Done" might not be the same standard I might set for myself, but who cares if there are a few streaks here or leftover spots there," he concedes. "When doing summer chores, it's really about being together, learning something new and connecting on common ground."



Cy Gleason and Jane Crabtree dance away the grime to get hardwood floors clean.

To motivate your kids to get into chores, give them a fun tool, and they'll be set. Here are some right tools for the right kid job:

— 99-cent plastic spray bottle. Anytime school-age kids can use a spray bottle, they can have fun. Fill with a safe natural cleaning solution for cleaning floors, kitchen counters, bikes and toys. Use in a well-ventilated area. Or, fill with plain water to spritz on plants.

— Squeegee. School-age kids can wash easy-to-reach windows while an adult follows with a clean cloth.

— New, soft paintbrush. Lightly brush off dust from pleated lampshades.

Find more family fun at www.donnaerickson.com. Write to Donna at Info@donnaerickson.com

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help."

"Can you jump in?" he asked. Sarge's lovely granddaughter volunteered at the senior center and knew everybody. Even more valuable, she knew how to wheedle info out of people. Within 24 hours she called back with the sitrep: She'd paid a visit to Frank, and it was all now under control. Frank had been told he couldn't visit his wife due to COVID restrictions. His wife had their only phone charger cord. The water heater had quit, and the repair guy was on vacation. And on and on. Poor Frank.

Sarge's granddaughter took him home for dinner (her mom knew to never be surprised), made a grocery run, put Frank on the phone to his wife in rehab, gave him a spare phone charger and called another plumber.

Today she had a snarling conversation with the director of the rehab place, after which Frank's wife was wheeled out to the sunlit inner courtyard, where she was allowed a socially distant half-hour with Frank. He was heard laughing. Sarge's granddaughter is 17 years old.

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Historically Speaking Oak Ridge's professional baseball teams – The Oak Ridge Bombers

By Ray Smith - Oak Ridge City Historian

This story comes to us courtesy of Jack Bailey. He brought the research to me and has a baseball museum in his home. He knows things about baseball that would amaze anyone. He has certainly amassed an amazing collection of information on baseball in Oak Ridge. Jack shared that information as the basis for this series on professional baseball in Oak Ridge.

Did you know that Oak Ridge has, on at least two occasions had professional baseball teams that were located here? Did you know that Carl Yearwood Park was first known as Oakwood Park? Are you aware that bringing a professional class “D” baseball team to Oak Ridge was met with some resistance from the amateur “plant” leagues? I wonder about that, but I am sure it made sense to them at the time.

As early as February 12, 1948, The Oak Ridge Journal carried an article stating, “A professional minor league baseball team for Oak Ridge this season is a possibility if present negotiations between the owners of a franchise in Knoxville and the Roane-Anderson Concessions Department come to a successful agreement, City Manager L. E. Dolan said today.”

The article went on to state, “Bob Broome, Bill Luttrell and Ed Friar of Knoxville own a franchise for a team in the proposed Mountain States League, and are very anxious to bring a winning ball team to Oak Ridge, they told a group of city and industrial leaders of Oak Ridge last Friday.” On February 16, 1948, at a special town meeting, Oak Ridge citizens voted two to one to bring a professional baseball team to Oak Ridge.

These negotiations were ultimately successful, and the Oak Ridge Bombers franchise came to Oak Ridge on March 11, 1948. During the time between when discussions began regarding the possibility of a professional presence in Oak Ridge and the final decision, it seems some of the people who ran the amateur league began to question if there was enough fan support for both their league and a professional team.

Jack Bailey gives some insight into the situation with baseball during the 1940's. He says, “In the months following Japan's attack on Pearl Harbor on December 7, 1941, which led directly to America's involvement in World War II, questions began to arise whether major and minor league baseball should be suspended for the duration of the war. President Franklin D. Roosevelt decided that it would be in the best interest of our citizens from a morale standpoint to continue to play baseball. After all, baseball had been considered America's 'national pastime' since the 1870's.”

Jack continues, “Baseball endured throughout World War II, even though the quality of play was greatly diminished because so many major leaguers were in uniform serving their country. After the war ended, baseball enjoyed a tremen-

dous rise in popularity and attendance at major and minor league parks rose to record levels. With that rise in popularity, professional baseball came to Oak Ridge in 1948, in the form of the Oak Ridge Bombers.”

It is interesting to note that the amateur league got bigger headlines in the May 6, 1948, Oak Ridge Journal than did the professional team. It even seems like the reporters were poking fun at the professionals.

Here is the write up on the opening game of the



An Ed Westcott image in The Oak Ridge Journal records the decision to bring professional baseball to Oak Ridge. The original caption read: “HERE'S HOME PLATE – Knee-deep in discussions of Oak Ridge's prospective entry in the Mountain states Baseball League are, left to right, standing, Temple R. Jarrell, Director of Recreation for AEC; Bill Luttrell, secretary-treasurer of the company that owns the franchise for the Oak Ridge team; Bob Broome, president of the company; and Clyde Brown, representative of the Roane-Anderson concessions department. Seated is William H. Britton, chief of the AEC's Department of Education, Health, and welfare. Talks such as this have led to a scheduled signing of the contract which will assure Oak Ridge of having the team. (Photo Submitted)”

season between the Oak Ridge Bombers and the Harlan, Kentucky Smokies: “To say Oak Ridge's first pro baseball season started with a bang is putting it mildly... 33 runs, 30 hits, and 13 errors, all in one ball game. Sounds more like an AEC softball game, but the fans can't say the Oak Ridge Bombers and the Harlan Smokies didn't give 'em their money's worth.”

The reporter went on to compare how President Truman only threw out one ball to start the big leagues, but “things are not so simple with us here in Oak Ridge. Do you think Bill “Glass Arm” Bonnet, deputy city manager, would settle for just one common old pitch? Oh, no, not Bonnet. He had to throw the ball no less than ten times. Subbing for City Manager Len Dolan, Bonnet was supposed to inaugurate things by tossing to Bill Britton, AEC's chief of Education, health and Welfare, who wielded the big stick.”

He went on to describe the warmup pitches, strikes, pop foul and dodged pitch and finally a single before the crowd began to show a “sincere lack of appreciation for the detailed ceremonies.”

Another unique aspect to this opening game was the delay the visiting team had to endure when trying to get into Oak Ridge. Remember, in 1948, Oak Ridge was still a closed city. It took one hour and twenty minutes for the team to get past the guards and the coach was said to be “fit to be tied” as his team did not even have time for batting practice before game time. Also, a visiting sportswriter came to Elza Gate only to learn that his pass was set up for the Solway entrance. So, he too had to cool his heels while necessary arrangements were made to transfer his eligibility for entrance from Solway to Elza.

It is obvious from the newspaper coverage that the amateur league was given higher priority coverage than the fledgling professional team. On May 6, 1948, the large headline of the Oak Ridge Journal on Page 9, read, “11 Leagues Underway as 112 Team Plan To Play,” while a smaller headline read, “Bombers Open Season With Win.”

The article on the Bombers' begins, “Oak Ridge's Bombers, new professional team, opened their season in the Mountain State League last Saturday with a victory over Harlan, Kentucky, at Harlan 13-11. Their home opener wasn't as successful as Harlan came to Oakwood Park Sunday and won 17-16 in a befuzzled ball game, but the locals broke into the win column again Monday as they took an impotent Jenkins team, 11-6. Tuesday's game with Jenkins was rained out.”

Ted Yakimchick, in his column, SPEAKING OF SPORTS, made the following observation regarding both the perception of a certain Knoxville sportswriter and also the debate regarding amateur versus professional baseball teams, “Those who made the mistake of reading, From The Rear, by Mr. Plural Athlete, alleged sports writer for a Knoxville publication, last Sunday were no doubt surprised to learn that our last week's column was referred to as a ‘verbal shellacking.’ The alleged sportswriter said this author gave professional baseball in the Atomic City a fierce blasting... that he liked nothing about the Mountain States opener between Oak Ridge and Harlan.”

“Yak” continues, “We were amused over the dubious honor we received by being mentioned in Mr. Athlete's column. Despite the alleged sports writer's critical review of our opening day write-up, he did say ‘The whole fulmination was excellent reading’... for which we say ‘Thank you, Buster. Come on out to Oak Ridge and we'll mix you up a contaminated (with radiation, of course) cocktail.’”

See the turmoil? Even at the start of the season, the Bombers were controversial subjects for sportswriters. We will continue “Yak's” article in the next Historically Speaking column and will see his admonition to the public regarding the Bombers.

Oak Ridge was created as a part of the Manhattan Project in 1942 to help stop World War II. The atomic bomb, Little Boy, fueled by uranium 235 separated at Oak Ridge helped to do just that.

Oak Ridge began in war, has continued to support our nation's efforts through the Cold War, and even now in the age of terrorism. Oak Ridge has also produced nuclear medicine, nuclear power and fuel for the US Navy nuclear submarines and ships.

This “Secret City” nestled in Appalachia near Morgan County and where many from Morgan County go each day to work, continues today to produce scientific discoveries used worldwide and still routinely makes history. These Historically Speaking stories will provide insight into the people of Oak Ridge and the work they do to help humankind. Historically Speaking is written by D. Ray Smith, Oak Ridge City Historian, retired Y-12 National Security Complex Historian and Vietnam Veteran.

Around The World and Back Again

with Zack Ballinger



Zack Ballinger

Zack graduated from Wartburg Central High School in 2001 and from the University of Tennessee, Knoxville in 2004. Since graduation he has become a TedX Motivational Speaker, Author, and Career Consultant. He travels the world giving back and hosting seminars teaching people on various topics. Zack has established an ongoing annual scholarship at his Alma Mater, Wartburg, which has inspired others to give back as well. Visit www.zackballinger.com for more of Zack's travels and events.

Northeastern USA

gion still dot the series of islands along the harbor's coastline, including Fort Gorges,

famous Vermont cheese.

Fort Preble, and Fort Scammel.

It was a perfect day to visit the park. I finished the day off with a local Lobster roll packed full of flavor and freshness.

New Hampshire is a small state to drive through, but you definitely see a rich part of American his-



I recently took a short trip to the northeastern part of the United States. I was able to see and drive through the state of Maine, Vermont, New Hampshire. Before this trip, the furthest I visited was the state of Massachusetts and that was mainly the Boston area. I really enjoyed this trip because of the history, the scenery, and the uniqueness of the area. I highly recommend if you take this trip, take a flight into Bar Harbor, ME and of course rent a vehicle. The airport is only 8.8 miles from the famous national park, Acadia. Due to the short duration of my trip, I wasn't able to visit the park, but it's definitely on my list to see next time.

Why Acadia National Park? Many people don't realize Acadia National Park is one of the top 10 most visited national parks in the USA. Acadia is home to a rich natural and human history of over 10,000 years. It displays a large array of habitats, unique terrain, and beautiful coastal and island landscape. Visit maine.com describes Acadia National Park as, "From primal forests and majestic mountains to glacial lakes and the coastline that launched a thousand paintings, Maine's natural world is unlike any other. Which makes each of our state parks and our national park, Acadia, a one-of-a-kind experience."

If you enjoy the beauty of a lighthouse, look no further than Portland, ME. I visited Fort Williams Park near Portland, ME. The 90-acre park has a lot of unique history and charm. The light house is called the Portland Head Light. It began construction in 1787 and served as a military installation through both World War I and World War II. During the battles of the American Revolution and World War II, preservation of Portland Harbor was critical. A system of forts that once served to fortify the re-

tory. The state proudly displays many American flags all throughout the state. Numerous businesses and homes proudly displayed the American flag outside their doors.

It's a really neat state filled with rich American history.

I concluded my trip in the artsy city of Burlington, VT. Burlington is a unique city located on the eastern shore of Vermont. During the summer, many people visit Vermont to explore and hike the natural beauty of the state. You will see many campers all through scenic parts. Downtown Burlington, VT has some unique restaurants, shops, art, and historic buildings. It's not a big city, but the biggest VT has to offer. Natural beauty surrounds the city. I would recommend you take a bike ride through the area, visit the locals shops, and try the



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Lessons from a Hummingbird



Terry Futrell
Author

I never get tired of watching hummingbirds in my yard and spend hours watching their peculiar behaviors. I have one hummingbird feeder and two feeders for the other birds positioned just a few feet from my front porch where I am often perched in my rocker. Though the smallest of all the birds that I

see at my bird feeders, the hummingbirds

are also the most interesting.

The hummingbirds that we see in East Tennessee are the ruby-throated variety. These birds winter in Central America. Unbelievably, many fly non-stop across the Gulf of Mexico. The male hummingbirds that I have seen are generally smaller than the females. A few interesting facts about hummingbirds:

- The ruby-throated hummingbird flaps its wings about 53 times per second.
- Hummingbird flight speed has been recorded at 34 miles per hour.
- Male hummingbirds can dive at 51 miles per hour.

Unlike the other birds that typically share my seed feeders, one small territorial male has taken possession of my hummingbird feeder and refuses to let other hummingbirds feed. Even though there are six feeding stations on my hummingbird feeder and it holds enough sweetened water to feed a huge number of birds, this one possessive male aggressively makes sure that five of the stations are never used. He spends much of the day perched in a dogwood tree guarding the feeder. Often, a much larger female tries to drink from my feeder. The reaction of the male is extremely violent as it attacks and chases the female away.

A few years ago, I tried to thwart the possessive behavior of a male hummingbird by placing two feeders in my yard about 50 feet apart. The one male almost drove himself crazy trying to control both feeders. Finally, two female hummingbirds teamed up and attacked the male, driving him away from both feeders. As I watch this behavior, I find it hard to understand why the tiny hummingbird is so different from most of the songbirds

that feed at my house. Why is its behavior so mean and selfish?

Then, I realize that, more than any other bird, the hummingbird has taken on human characteristics – selfishness, greed, violence, and disregard for family.

Like the human who hoards things such as toilet paper in times of shortage, the male hummingbird considers the entire food supply to be his own. Like the human who puts self above his or her mate and moves on to pursue personal satisfaction elsewhere, the male hummingbird stays with his mate for only a short period of time while

mating and then moves on for greener pastures. This behavior is so different from most birds that mate for a season or

for life. One can almost imagine the hummingbird continuously shouting “me!” or “mine!” much like a spoiled human toddler.

I suppose there are many lessons to be learned from watching hummingbirds. More than anything, it should cause us to pause and reflect on our own behaviors. Jesus summarized half of the ten commandments with these words “Love your neighbor as yourself.” From my observations, the hummingbird does just the opposite – so do many humans. If we learn any lessons from the hummingbird, the most significant has to be “do not be like the hummingbird,” which is the epitome of a creature living solely for itself.



Watching the ruby-throated hummingbird's behaviors provides an excellent opportunity for self-reflection. [Photo: Terry Futrell]

Law Enforcement Officer of the Week

Presented by Marla Hines, Circuit Court Clerk

Today we honor Capitol Police Officer George Gonzalez who was fatally stabbed in an unprovoked attack at the Pentagon's Transit Center in Arlington, Virginia on Tuesday, August 3, 2021.

Officer Gonzalez was conducting a routine foot patrol of the Transit Center when the subject exited the Metro bus, approached Officer Gonzalez, and stabbed him in the neck. Other officers on the scene fatally shot the subject.

Officer Gonzalez was flown to The George Washington University Hospital where he was pronounced dead.

Officer Gonzalez was also a United States Army veteran.

His family issued a statement, which said: “We are heartbroken over the death of our son and brother, but we are so very, very proud of the life he lived. George devoted his life to serving his country; first in the military, and then as a law enforcement officer.”

Gonzalez “had lived through what should have been the hardest part of life in general, which is combat,” said Sean Casey, a retired New York City police detective who served as Gonzalez’s platoon leader in Iraq. “It doesn’t get more difficult than that, and to be cut down in the prime of his life afterward in the capital of the nation that he was continuing to serve is just terrible to think about.”

As a member of an artillery unit, Gonzalez was trained primarily to fire howitzer cannons capable of launching hulking 155mm rounds several miles. But when his artillery battery arrived on the outskirts



of the city of Ramadi, the soldiers in the unit were assigned to infantry duty. They conducted mounted patrols in Humvees and also patrolled on foot, said Casey, Gonzalez’s platoon leader.

Casey said his soldiers watched over a notoriously dangerous supply route known as Michigan. It ran from Baghdad west to Fallujah and Ramadi, and then on to the Syrian border.

“He was one of the younger soldiers that I had under me, but he had a great maturity about him,” Casey said. “He was always willing to step into whatever role was

needed, and he was never one of the guys we needed to be concerned about as things kind of took darker turns.”

Defense Secretary Lloyd Austin ordered that flags at the Pentagon be flown at half-staff.

“This fallen officer died in the line of duty, helping protect the tens of thousands of people who work in — and who visit — the Pentagon on a daily basis,” Austin said in a statement. “He and his fellow officers are members of the Pentagon family, and known to us all as professional, skilled and brave.”

Just before noon Friday, an SUV carrying Gonzalez’s body stopped at the building that he had died protecting. The vehicle was flanked by a motorcade of police cruisers and surrounded by saluting officers. A man dressed in black added a bouquet to a mound of flowers atop a Pentagon police car that had become a memorial.



Davis Funeral Home's Veteran of the Week

By Michael Nance, Morgan County Historian



U.S.S. Frontier, (Photo courtesy the National Archives) (Photo Submitted)

Greetings to our readers, I have an especially great topic in today's article, which is one of our local veterans. In the past, I have written several articles concerning our local veterans, but none so far have involved a Veteran of the United States Navy, most especially with service in Vietnam. Jimmy Loy, a local construction contractor is the veteran whose story I have the privilege of sharing in today's article. I always jump at the opportunity to honor our Vietnam Veterans as they served during a time of social challenges in our country. Many of these veterans never got to enjoy a welcome home parade, and as a country I hope we have learned from that mistake. I want to thank every single Vietnam Veteran for their service to our nation. I hope everyone enjoys reading about Jimmy's service.

Jimmy volunteered for service in the Navy in July of 1967 under what was known as the 120-day delayed entry program. Initially, Jimmy signed up at the recruiting station in Harriman, Tennessee. On October 10, 1967, his mother's birthday, he shipped out for basic training. He departed on a bus from Harriman and spent the night in Nashville, Tennessee. The next morning he was flown to the Great Lakes Training Center where he underwent an eight-week military indoctrination infamously known as boot camp. He had signed up in what was known as the "buddy program" at the time. Earl Melton from Oliver Springs was the local friend that underwent boot camp with Jimmy. He never saw Earl again during his service after boot-camp but keeps in touch with him today.

Reflecting on his days in bootcamp Jimmy recalled: "I believe we had the worst marching company of the entire base; we got a lot of happy hours of physical training." Happy hour was the sarcastic moniker the drill instructors used for punitive physical training.

After completing basic training, he was transferred directly into On-the-Job Training (OJT) for pipe fitter / hull technician. In January of 1968, he was transferred to the Klondike-class destroyer tender the "USS Frontier" which was moored at Fort Island Hawaii. As Jimmy boarded the Frontier, he could see the remains of the U.S.S. Arizona where many sailors met their fate during the attack on Pearl Harbor in World War II.

During his service aboard the Frontier, he underwent several life changes. He recalled: "I had to learn to live in a tight space and becoming familiar with your way around the ship took some time."

The first three months aboard the Frontier he never left Hawaii and his days were spent in the repair shop repairing items for other ships that were supporting the Vietnam War effort. In March of 1968, the ship and crew made the sea voyage to San Diego, California where the ship moored once again. After arriving at port in California Jimmy and the crew began to put the ship into "mothball" status. The Frontier was an older ship which had been built near the end of World War II. The term mothballing a ship refers to the deactivation, storing, and preservation of the ship for later use or sale. Mothballing a ship is an activity that requires endless hours of cleaning and organizing. The



3rd Class Petty Officer Jimmy L. Loy, Danang, Vietnam, 1970 (Photo Submitted)

Frontier was officially decommissioned on June 28, 1968.

In July of 1968, he was transferred the U.S.S. Harry E. Hubbard (DD-748). The Hubbard was an Allen M. Sumner-class destroyer. The ship was moored at Long Beach, California. From July until October, he participated in various maneuvers that the Hubbard conducted preparing the ship and crew to operate off of the shores of Vietnam in the Gulf of Tonkin.

In October, the ship and crew left for Vietnam and Jimmy remembers the trip taking about two weeks at sea. The Hubbard docked at Subic Bay Philippines to gather supplies and then began operations off the coast of Vietnam.

The Hubbard conducted fire support missions to support U.S. ground forces in Vietnam. The ship had the capability to support the soldiers on the ground with it compliment of six, five-inch guns.

Once off the shores of Vietnam, the first mission that Jimmy remembers was a night shoot where the five-inch artillery was being used to shell a North Vietnamese supply route. That evening Jimmy was assigned duty as the security watch, which required him to inspect various compartments of the ship and report to the bridge for an officer to sign off that his task had been completed. As he entered the bridge and the officer signed off, Jimmy was curious to witness first-hand one of the five-inch guns fire, so he loitered in the bridge for a moment hoping to see the guns fire.



U.S.S. Harry E. Hubbard 1952, (Photo courtesy of Official U.S. Navy Photograph, from the collections of the Naval History and Heritage Command.) (Photo Submitted)

Suddenly, he heard a beeping sound in the bridge, and everyone placed their hands over their ears. Before he could do the same, the guns fired, and Jimmy recalled “the sound was deafening and a flame of what seemed like 100 feet exited the tube of the guns.” Jimmy had never seen artillery fire and he was awestruck just how powerful the guns aboard that ship was.

When Jimmy was not tasked on the firing line, he did get the opportunity to visit several places which were exotic if you were from the rural community of Morgan County, Tennessee. Some of the places he visited were, Sasebo, Okinawa, and Tokyo Japan, British Hong Kong, and Subic Bay Philippines. He still recalls how densely populated and vast the city of Tokyo was. He stated: “the city went so far it seemed to meet the skyline.”

Jimmy’s tour ended February of 1969 and the ship and crew made course for Australia. They arrived at the port in Sydney for rest and relaxation. After leaving Australia the ship and crew traveled to New Zealand and then made course for the United States. They stopped by Pago Pago Island to refuel.

The Hubbard and crew arrived at the port in Long Beach California in late March of 1969. In May 1969 Jimmy was transferred to the U.S.S. Picking (DD-685), which was a Fletcher-class destroyer.

At the time the Picking was moored at Long Beach as well.

Jimmy again, participated in maneuvers aboard the ship preparing for another deployment to Vietnam. In what seemed an unplanned event, Jimmy and the crew were suddenly notified that the Picking would be put into mothball status and the crew was selected to assist in the mothball activities for two other ships, the USS Stoddard and the USS Porterfield.

For the next nine months Jimmy and the crew cleaned up the ships and sealed compartments.

In May of 1970, Jimmy received orders for Vietnam in country. Meaning that he would be working onshore inside Vietnam. After a month training in California, he was transported by airplane from San Francisco and he landed in Danang Vietnam, on August 17, 1970.

Now, 3rd Class Petty Officer Loy was assigned to repairing smaller boats such as landing crafts and boats that patrolled the rivers out of Danang.

Jimmy left Vietnam August 2, 1971 and was discharged four days later in Long Beach California. He returned to Morgan County where he is a well-known plumber and excavator, and he has maintained those professions for the last 50 years.



Alabama’s Secret to Great Barbecue

Tis the season for outdoor cooking. But if you’ve lost the thrill for your grill, it’s time to add the OMG back to your BBQ. You’ve got to make this delectable down-home barbeque sauce. We’re leaving the sweet, red, molasses-based sauces behind. We’re making Alabama White BBQ Sauce.

Did you make the “what the heck?” squishy face when you saw “white” BBQ sauce? Trust me. If you haven’t tried grilled chicken with white barbeque sauce, prepare to have your world rocked. Big Bob Gibson Bar-B-Q in Decatur, Alabama, is credited with introducing this mayonnaise-based sauce to the barbecue fanatics of world. While there are lots of Alabama white-sauce recipes floating around, this is my own take on the celebrated sauce.

Don’t let the lack of color fool you, this sauce is anything but plain. The flavor is complex. It’s creamy and cooling but also tangy with a just a hint of heat. It’s one of those addictive flavor combinations that keeps you coming back for more.

This magical concoction is meant to be used as both a baste and dipping sauce. When you prepare chicken using this sauce as a baste, the chicken takes on a deep mahogany glazed crust. Then when you dip the cooked

chicken in the sauce, it’s perfection.

If you’re cooking for more than a couple of people, I suggest making a double batch, so you’ll have plenty. If you’re lucky enough to have left-over sauce, you’ll want to schmear it on everything — because it’s good on everything. It’s perfect on pulled pork, fabulous with fries, banging on burgers, wakes your baked potatoes, perks up pasta, transforms ‘tater salad and elevates your veggies.

ALABAMA WHITE BBQ SAUCE ALA DIVA

Yield: 1¼ cups **Time:** 5 minutes



www.JasonCoblentz.com

Grilled chicken slathered with Alabama White Sauce

What You’ll Need:

- 1/4 cup mayo
- 1/4 cup sour cream
- 2 tablespoons cider vinegar
- 2½ tablespoons apple cider
- 1 tablespoon sugar
- 1 teaspoon prepared horseradish
- 1/2 teaspoon lemon juice
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- Pinch of cayenne

To make the sauce:

Whisk all the ingredients in a bowl or mason jar and refrigerate at least 30 minutes before serving. Refrigerate any unused sauce for up to 5 days.

To make Alabama White BBQ Chicken:

1. Set aside half the sauce for serving later.
2. Season four chicken breasts or eight chicken thighs with bone and skin lightly with salt and pepper. Keep it simple so the sauce can shine.
3. Let the chicken come to room temperature while you preheat the grill to medium-high (approximately 400 F). Prepare the grill for indirect heat by either turning off burners on one side or moving coals to one side.
4. Place chicken on the grill, skin side down, over the indirect heat area. Baste the underside with the white sauce. Cook for 7 to 10 minutes, then turn the chicken and baste the skin side. Continue turning and basting until the chicken registers 160 F using your meat thermometer. The temperature will continue to rise as it rests.

5. Tent chicken for 10 minutes before serving. Any sauce that has been contaminated by raw meat should be discarded. Serve extra sauce on the side.

There’s nothing more satisfying than having people rave about your barbeque and being able to tell them you made the sauce from scratch. Sharing good food with the people you love is precious. As the late chef and author Anthony Bourdain said, “Barbeque may not be the road to world peace, but it’s a start.”

Let’s walk this road together with extra napkins. Bon appetit, friends.

Lifestyle expert Patti Diamond is the penny-pinching, party-planning, recipe developer and content creator of the website “Divas On A Dime — Where Frugal, Meets Fabulous!” Visit Patti at www.divasonadime.com and join the conversation on Facebook at [DivasOnADimeDotCom](https://www.facebook.com/DivasOnADimeDotCom). Email Patti at divapatti@divasonadime.com

The Two-Edged Sword



John Burns

Opinion Columnist

Revelation 2 provides insight into how Jesus Christ viewed God's word. It is he who said I have the sharp sword with two edges. It was Paul in Ephesians who reminds us to take with us the sword of the spirit which is the word of God. Has Jesus's opinion ever changed as to the written revealed word?

What happened to the scripture that Paul gleaned his Gospel from in 1 Corinthians 15 Vs. 1-5? I believe Christian men became devoutly antisemitic to escape persecution. I believe they began to combine Greek Gnosticism with the Roman fertility pantheon first begun in Babylon under Nimrod. The rebellion by Romanized Christian preachers was a reaction begun in Pergamos when men married Christianity to the eugenic Greek mind in western Turkey. Their goal was to secure a hierarchy of elite preachers who held a monopoly on what God thinks. They were racist then, and they are racist now. How you treat one Jewish king and his brethren in the flesh, determines whether you are saved, sanctified, and eventually glorified in the coming kingdom of Yeshua ha Messiah.

Paul was raised in Tarsus, a Roman province in an extremely pagan Greek world. The Greeks were the original purveyors of the need for socio-political elite priests who controlled the flow of information about their gods, to the common Greek citizens. To the Lord and to Christians, these men were the Nicaolaitans that Jesus Christ says he hates. They do what is right in their own eyes, and they lead people down the wide road that will lead to their eventual destruction.

The Nicaolaitans are a sect of confessing Christians who combined the Greek pantheon of gods with a little bit of New Testament Jesus. At Pergamos they allowed the worship of Ishtar to replace God's calendar established in the Old Testament. They replaced the 14th of Nisan as the date of the crucifixion, with a Roman calendar date of a Friday crucifixion. No way to get to Jesus Christ's prophecy of being in the grave three days and three nights with a Friday crucifixion.

They replaced the resurrection, with the celebration of the bunny rabbit fertility goddess Ishtar. They gave it a Roman name: Easter. The golden egg of Ashtarte had migrated into church and God is angry.

The resurrection occurred on the 17th of Nisan. Yet Christians blindly do what the men Jesus Christ hates continue to do. Make God a liar. They do not read the Bible themselves and they rely on Greek educated pastors to wrongly divide the word of truth. To divide something, you need two things which God gave all of us. The Old and New Testaments. Yet, antisemitic men and women continue to lean only on New Testament grace, without going through Old Testament mercy. Blasphemy.

The word Nicaolaitans can be understood by its English transliteration. It is gleaned from two Greek words. Nicao; To rule over and laity; The people. Jesus Christ hates any kind of church hierarchy. Period. He is the only mediator between God and men. He is the author and finisher of our faith. The anointing we receive from him is real not counterfeit, you do not need any man to teach you. The Holy Spirit was given at Christ's ascension for the purpose of finding Christ a willing bride taken from men. One person and one confession of faith at a time. The church has become a socialist mechanism for keeping government from persecuting people. 1 John 5:4 and a move away from church attendance toward home groups for worshipping is the goal of Jesus Christ. That is where Paul, Peter, Jude, John, Matthew, Mark, Luke, Titus, and James just met with Christians. God does not dwell in houses made with human hands. He is the God of time while occupying all space.

Modern Christian preachers shame people into a false sense of salvation. This has been the pattern since Constantine first Romanized Christianity in 323 AD. Modern denominational Christians deny the Gospel to most of our sinful society. They kidnap God for set periods of time, judge others while never looking into the mirror to admit they have played a role

in America's abandonment wrath of God. They prostitute grace and never practice mercy. They believe God saved them to be societies judge of all things dealing with outward piety. They have no power and Jesus Christ is no-where near their three-dimensional Pagan temples. Jesus Christ is standing at the door of their Churches and knocking, which means he is outside. Fear is the opposite of faith. Modern preachers keep their congregations in a constant state of fear because they are being paid to enlighten men to the marriage of church and state. They have no idea who Jesus Christ is according to the Old Testament. If they read the Old Testament, revival would never be needed for they would understand God would never build a house on any other foundation then those found in the Old Testament.

Modern preachers in America deny the irrevocable covenants found in our Old Testament. Genesis 12 promises how a believer can be blessed in God's eternal kingdom. Genesis 22 is the akedah and the means by which God said he would be the Lamb slain on Calvary. 2 Samuel 7:14 brings a believer behind the veil of eternity to explain that one day Jesus Christ would become the root and the offspring of King David. It is a future kingdom of Jew and Gentile to be established after the final 7 years of Gentile government on Earth. Jeremiah 31:31 is the eternal covenant that explains how God always intended to pay the sin debt of humanity by Jesus Christ. Without the knowledge of these covenants the New Testament is alone and it leads to wielding only one edge of the sword of the spirit, denying Christ's true identity and leading to Christian confusion and a lack of power in their testimony.

Mercy is the story of the Old Testament in the lives of our Jewish ancestors. Grace is the revelation of Messiah with the continuation of monotheistic history in the gospel narrative. The Old Testament is the New Testament revealed, and the New Testament is in the Old Testament concealed. You cannot go through Grace's door without having Mercy's keys!

At the heart of this doctrine of replacement theology is antisemitism, the oldest form of racism on Earth.

Revival is needed in America but it will never come until preachers repent and return to Hebrew hermeneutics as taught by every writer of our New Testament. Every word of the New Testament can be uncovered in the Old Testament, and true Christian doctrines can be understood only with proper Old Testament instruction. It was Christ's model for warning the Hebrews and it is my model for warning modern Christians that they are being led like sheep to a slaughter. Repent and return to the two-edged sword of the word of God and your Christian testimony will become one where sick people are healed, dead people are raised incorruptible, and poor people receive riches unfathomable.

He was crucified upon a cross of wood, yet he created the hill upon which it stood.

Even so come Lord Jesus Christ. 7-28-2021

Staff Sergeant John Burns enlisted into the United States Army on September 23, 1987 as an 11C Infantry Mortarman. He graduated from the 7th Infantry Division, Ranger Class 11/89 and served in the invasion of Panama, Desert Storm and the Battle of Mogadishu while assigned to the 75th Rangers.

Some of his many decorations, awards and badges include; Bronze Star Medal for Valor, Purple Heart, Meritorious Service Medal, Sniper Badge, Pathfinder Badge, Master Parachutist Badge, Combat Infantry Badge and Expert Infantry Badge. Throughout his prestigious military career, he traveled to forty-five countries on five continents and all but two states while serving in the military.

He currently serves as the Chaplain for the Special Operations Warrior Foundation. His devout faith demonstrates to all he comes into contact with that he believes nothing but the blood of Jesus Christ can cleanse us from all unrighteousness. He enjoys writing and teaching God's Word while sharing his faith with a dying world.

Opinions expressed by readers and columnists do not necessarily reflect those of Morgan County Today



answer

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Weekly SUDOKU

Answer

4	3	9	6	5	1	8	7	2
1	6	5	8	2	7	3	4	9
2	7	8	4	3	9	5	6	1
5	2	4	1	8	6	7	9	3
3	8	7	9	4	5	2	1	6
9	1	6	2	7	3	4	8	5
6	5	3	7	1	4	9	2	8
8	4	1	5	9	2	6	3	7
7	9	2	3	6	8	1	5	4

King Crossword

Answers

Solution time: 24 mins.

R	O	D		E	L	A	L		A	I	D	E
E	M	I		N	O	L	A		M	O	O	T
A	N	T		G	O	L	D		F	I	N	C
P	I	Z	Z	A					D	I	G	
				A	R	G	O		R	O	W	A
R	I	N	G	D	O	V	E		S	A	G	A
U	S	O		E	L	A	T	E		R	O	T
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C	O	R	M	O	R	A	N	T		A	X	E
A	L	M	A		O	B	O	E		T	I	M
Y	E	N	S		T	E	N	D		A	T	E

Romans 14

(Romans 14:1-12) helping those in the faith: this chapter is a complex segment of Scripture that frequently has been both misunderstood and abused. It confronts a variety of issues. The text arises out of a transitional era in religious history when many converts to Christ were passing from one divine system (the Mosaic regime) to another (the Christian age). Because of the diverse backgrounds, religious and cultural, of both Jews and Gentiles, many problems arose that threatened the unity of the body of the church. A number of principles, therefore, are set forth that, if pursued conscientiously, would help ameliorate this potentially explosive situation.

This segment deals with relationships between the “weak” (v. 1) and the “strong” (15:1). The weak are those who have a lesser level of spiritual knowledge; the stronger are those more mature in the faith. The weak have not yet discerned the difference between expediencies and doctrine, and may be inclined to be argumentative. Patience is to be exercised with the weak as they learn, but they must not be allowed to take control to the disruption of Christian unity.

For example, weak brothers are of a Hebrew background may have entertained certain dietary scruples that compelled them to abstain from certain foods (v. 2; Lev. 11; 1 Cor. 8). Some doubtless had not learned that all meats were permissible under the new covenant (Mk. 7:9; Acts 10:9-16; 1 Tim. 4:3). The brothers were encouraged to not be harsh with this immaturity, but help these saints grow in knowledge; do not force them to go against their convictions in optional matters. Those who conscientiously abstain from certain foods are admonished not to censure those who do not. Each will give account to the Lord (v. 3-4). One must guard the sensitivity of his conscience and be “assured” in his own mind of what he does (v. 5). Both the weak and strong are trying to please God (v. 6). No person can live recklessly, just as he wants, without taking others into consideration; ultimately, we must strive to please the Lord foremost. Since all Christians belong to him, we must keep that in mind as we deal with each other (v. 7-8). The fact that Christ is said to be “Lord” of the dead as well as the living reveals” (a) the dead are not nonexistent; (b) they are conscious.

Christ’s authority over us is grounded in the fact that he died and was raised (v.9). It is shameful thing indeed that

brothers would reject one another over inconsequential matters. Do we not realize that all of us will stand before God in judgment (v. 10)? As Isaiah wrote, at the judgment seat of God all will bow before him, confess him, and give account of his own earthly conduct (v.11-12). The type of issues that should not divide are not fundamental doctrinal matters---immorality (1 Cor. 5:1), heresy (Tit. 3:10), or corruption of worship (Col. 2:23)---but permissible options.

(Romans 14:13-23) the value of the conscience: harsh judging must stop, for it may be the cause of someone falling away from the faith. Paul knew that no meat was unclean intrinsically, but it could become “unclean” if one violated his conscience by eating what he believed was sinful (v. 13-14). If the stronger flagrantly offends the weaker, he is not acting in love. He could destroy him for whom Christ died (v. 15). Two important points here: (a) A child of God can be “destroyed” (Mt. 10:28; 2 Thes. 1:9). (b) Christ died, not just for the masses, but for the solitary brother as well. O the value of a soul! The strong must try to act in a prudent manner so as not to invoke the criticism of the weak (v. 16).

Issues regarding eating and drinking pale into insignificance when one considers more exalted concepts, righteousness (3:21), peace (5:1) and joy in the Holy Spirit (5:5; Gal. 5:22-23). Those who focus on these matters will win the approval of both God and man. Let us then persistently pursue these exalted themes, for they will produce peace among brothers and the building-up of faith (v. 18-19).

If one flaunts his eating of meat and “overthrows” (v:15) the faith of his brother, he has overthrown “the work of God.” How terrible! All meats are clean, but to indulge in an environment where the weak are present, knowing it could bring offense, is evil (v. 20). One should be careful in whatever he does, eating meat or drinking wine (see note at 1 Tim. 5:23), so as not to cause the weak to stumble. The person is happy (blessed) who does not condemn himself by the improper use of his liberty (v. 22). The person who deliberately violates his own conscience is sinning and will be condemned. The conscience (equivalent to the soul) is one’s most valuable treasure; it must be carefully guarded. It hardens with abuse (Jn. 12:37-40; 1 Tim. 4:2).

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MELVIN HOWARD

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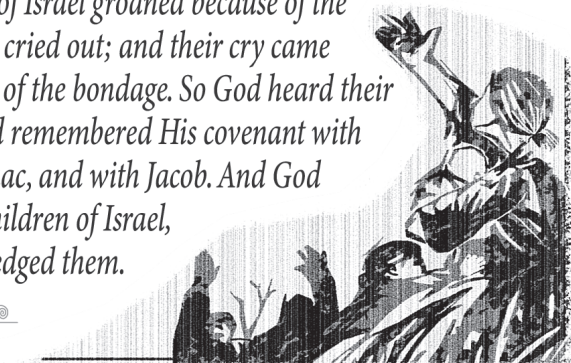
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THE ILLUSTRATED BIBLE

Now it happened in the process of time that the king of Egypt died. Then the children of Israel groaned because of the bondage, and they cried out; and their cry came up to God because of the bondage. So God heard their groaning, and God remembered His covenant with Abraham, with Isaac, and with Jacob. And God looked upon the children of Israel, and God acknowledged them.

EXODUS 2: 23-25



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Stay hydrated in the heat

Drink an hour or two before you begin your work. Do higher-intensity garden chores during cooler morning hours, and easier work (or rest) during the middle of the day. You should drink 8 ounces of fluid every 40 minutes or so. For working outside less than 40 minutes, water is sufficient. For anything over 40 minutes, you will need sugar and salt in your fluid, as is found in sports drinks.

Source: webmd.com

– Brenda Weaver

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David Zubler
Columnist

How to deal with the current IRS confusion

Taxpayers are receiving mixed messages from the IRS with erroneous notices and confusing letters.

Many people who are due refunds from the IRS are receiving a CP14 Notice which states that they have a tax liability.

Part of the confusion is being caused by tax changes that were made during tax season.

The American Rescue Plan Act was signed into law on March 11, 2021, and it excluded up to \$10,200 of unemployment per person of taxable income in 2020. Individuals and married couples whose modified gross income was less than \$150,000 were entitled to the exclusion.

The IRS told taxpayers that in most cases they should not amend their tax returns to correct the unemployment issue. However, an amended return would be needed if the taxpayer would qualify for the Earned Income Tax Credit or other key credits, based on a lower taxable income.

Some taxpayers didn't send money owed to the IRS by the May 17 deadline because they knew that they would be due a refund when their return was reprocessed.

Unfortunately, the IRS sent automated notices in early July to collect the amount that was shown on the original return, even though taxpayers would be due a refund when the IRS made the corrections.

Almost 4 million people were supposed to get unemployment related refunds in mid-July, according to the latest news from the IRS.

It's best not to ignore a letter stating that you owe the IRS

even though you know you are due a refund. It may require a call or letter to put a "hold" on further collection activity. You can try to call the IRS a few times until you are able to discuss the matter with an IRS employee. Write the employee's name and badge number that you talk with and the time and date of the call.

You can also send a letter to the IRS that explains that you are waiting for the IRS to reprocess your tax return and that you are due a refund. The letter should be sent by certified mail in case you need to prove that your letter had been mailed.

An additional problem that I have encountered with the IRS is that they are mailing letters to taxpayers requiring the payment of late penalties when the return was not filed late. Their extension had been filed on time by certified mail. After calling the IRS about this matter, I was told that the problem was caused due to the IRS being slow processing mail and the tax return was processed before the extension. The IRS had already corrected the late penalty when I called. However, I was told that the IRS should be called in similar circumstances.

If a tax professional prepared your return and you received an erroneous IRS letter, your tax professional can generally get through to the IRS quickly on the Tax Practitioner Hotline.

David Zubler is a tax accountant and Enrolled Agent in East Tennessee representing clients before the IRS and has over 25 years of tax experience. He is the author of four tax books and is the founder and president of Your Tax Care. The company provides business and tax education to the public at its website, YourTaxCare.com. David can be reached at (865) 363-3019 or contacted by email at zublerdavid@gmail.com.

SENIOR NEWS LINE

By Matilda Charles

Exercise Can Reduce Risk of Alzheimer's

Can we do this? Exercise twice a week for 10 minutes each time to prevent Alzheimer's disease? Of course we can.

Researchers examined the records and followed the progress of 250,000 patients who had mild cognitive impairment. They concluded that moderate physical activity more than once a week reduced the risk of Alzheimer's disease by 18%.

We need to do more for our brain health than work the daily crossword puzzle or brush up on our chess skills. Physical exercise protects the brain, too, per the study. The key is that it should be moderate to vigorous exercise. According to the Harvard School of Public Health, examples of moderate exercise include walking 3-4 mph (a brisk walk while

you're still able to hold a conversation), vacuuming and washing windows, mowing the lawn and doubles tennis. Other sources are more specific: water aerobics for 30 minutes and raking leaves for 30 minutes.

For comparison, examples of light exercise include washing dishes and using a computer. Vigorous exercises are things like shoveling, singles tennis and playing basketball or soccer.

Having said that, there are more parts of our bodies that need exercise than just our brains. That's where more time in an activity comes into play. Instead of a mere 10 minutes per day, we're told to shoot for 150 minutes of exercise per week, or 30 minutes on five days.

One place to start developing an exercise plan is Mayo Clinic.org. Type "moderate exercise" in the search box and scroll down the results until you find something interesting. Among the 600 choices are frequency of workout, using weighted hula hoops, Zumba, secrets to a healthy heart and so much more.

The earlier in life we start exercising for our brains and bodies, the longer we'll stay healthy as we age.

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FLASHBACK

By Mick Harper

1. Name the first artist to release "She's a Lady."
2. Which group released "Doesn't Somebody Want to Be Wanted"?
3. "Almost Paradise," "Holding Out for a Hero" and "Waiting for a Girl Like You" were all used in the soundtrack for what film?
4. Who released "Rock This Town"?
5. Name the song that contains this lyric: "Why should I keep loving you when I know that you're not true? And why should I call your name when you're to blame for making me blue?"

Answer

1. Paul Anka, the song's writer, in 1970. Tom Jones followed with a cover the following year, and the two released a duet in 2013 with rewritten lyrics.
2. The Partridge Family, in 1971. Lead singer David Cassidy was so embarrassed by the song that he begged the record company not to release it. The video was even more cringe-worthy.
3. "Footloose," in 1984.
4. The Stray Cats, in 1982.
5. "Wasted Days and Wasted Nights," by Freddy Fender. Fender originally wrote the song at the start of his career in 1959. He eventually released the song in 1975 when his career was rejuvenated. It was a major hit in New Zealand, spending a record 12 weeks at No. 1.

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Senator Ken Yager

Sen. Yager congratulates local officials in Senate District 12 for receiving \$271,000 in ThreeStar Grants

NASHVILLE - State Senator Ken Yager (R-Kingston) today congratulated county officials in Campbell, Morgan, Pickett, Rhea, Roane, Scott and Fentress Counties in Senate District 12 for receiving a combined \$271,000 in ThreeStar Grants from the Tennessee Department of Economic and Community Development (TNECD). Yager, who supported the grant applications, said the funds will boost economic development efforts in the district.

“A big congratu-

tulations to our local officials for their incredible work in securing these important grants to help our communities,” said Sen. Yager. “I was very pleased to support their successful efforts. I also appreciate TNECD for seeing the need for these grants in our district.”

According to TNECD, the funding will be used for a variety of local community development initiatives including education workforce development, health, tourism, small business, entrepreneurship, and economic development programs as prioritized through

a strategic planning process. Rhea, Roane, Scott and Morgan Counties will receive \$50,000 grants; Campbell and Pickett Counties will receive \$25,000 grants; and Fentress will receive a \$21,000 grant.

“I am very proud of how our local officials have worked with our chambers of commerce and other community leaders to bring new jobs to local citizens,” added Sen. Yager. “It is an honor to work with these incredibly professional leaders who are working hard every day to improve opportunities for our communities.”



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Journeyman Linemen / Lineman Apprentices

Plateau Electric Cooperative is accepting applications through Friday, September 3, 2021 from qualified candidates for the position of journeyman lineman or lineman apprentices. Position performs all types of skilled work relative to the construction and maintenance of Plateau Electric Cooperative's overhead and underground electric system. Climbs poles or steel structures and works from aerial lift devices to install conductor, transformers, crossarms, insulators and other related equipment. Must be willing to work in adverse weather conditions. Position requires a high-school diploma or GED. The successful candidate(s) must have a valid driver's license, and be able to obtain a Class "B" Commercial Driver's License (CDL). Journeyman linemen and/or Apprentices in advanced stages of their apprenticeship are preferred. Those interested may pick up an application at either of the Cooperative's offices in Oneida or Wartburg.

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BEGINNING SEPTEMBER 1st

Monday – Friday: 12pm – 8pm

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1st Prize: 4 Tickets to UT Football vs Bowling Green

2nd Prize: \$100 Amazon Gift Card

3rd Prize: \$50 Amazon Gift Card

Rules for Drawing:

- 1. HOW TO ENTER: "LIKE" AND "SHARE"** this *original post* from the Summit Wartburg page and you will be entered in the drawing. (Sharing from another person's shared post will not enter you into the drawing.)
2. Entry must be completed by 8/31/21.
3. Must be age 18 or older to win.
4. Drawing will take place on Facebook Live at NOON on September 1st!
5. Must claim prizes from the office within one week of drawing or you will forfeit your prize and another entry will be drawn.

